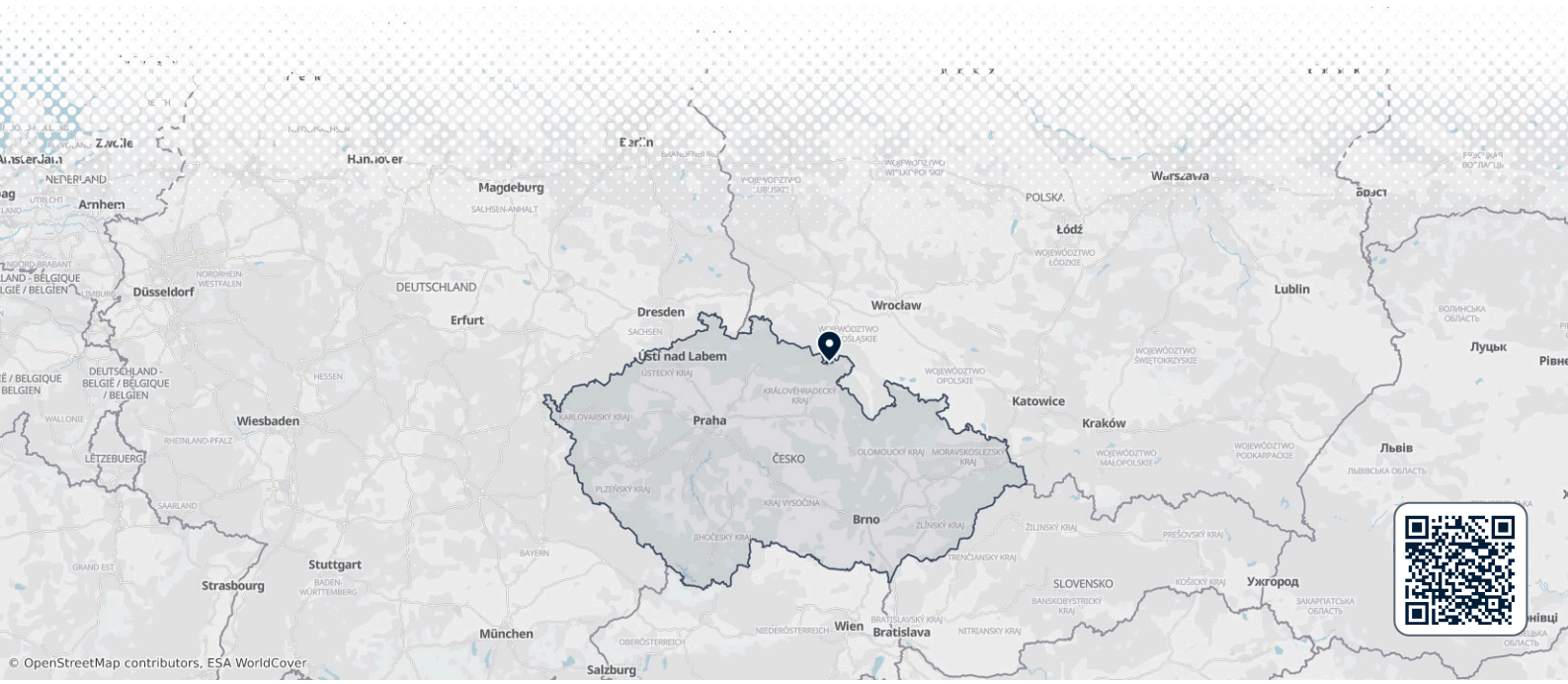


# Adrspach

Náchod District · Czech Republic

TRAVEL GUIDE

Tripomatic



## Overview

Adršpach is a small village in north-eastern Bohemia, close to the Polish border. It is famous for one thing: a huge maze of sandstone towers, gorges and narrow passages known as the Adršpach Rocks. Together with the neighbouring Teplice Rocks, they form a very large protected rock city. The rock towers reach up to about 80 m, and marked trails lead between them over bridges, ladders and many steps.

Most visitors come for a day of walking in the rocks, and the main circuit takes about two and a half hours. The area also suits a longer stay with hiking, cycling and rock climbing in the wider Broumovsko Protected Landscape Area. The village itself is quiet, with a chateau, castle ruins and a few guesthouses. In summer the rocks are very busy, so plan ahead.

## When to visit

Late spring to early autumn is the best time for hiking. Summer is warm but rarely hot, and afternoon showers are common. Winters are cold and snowy, and the trails can be icy.

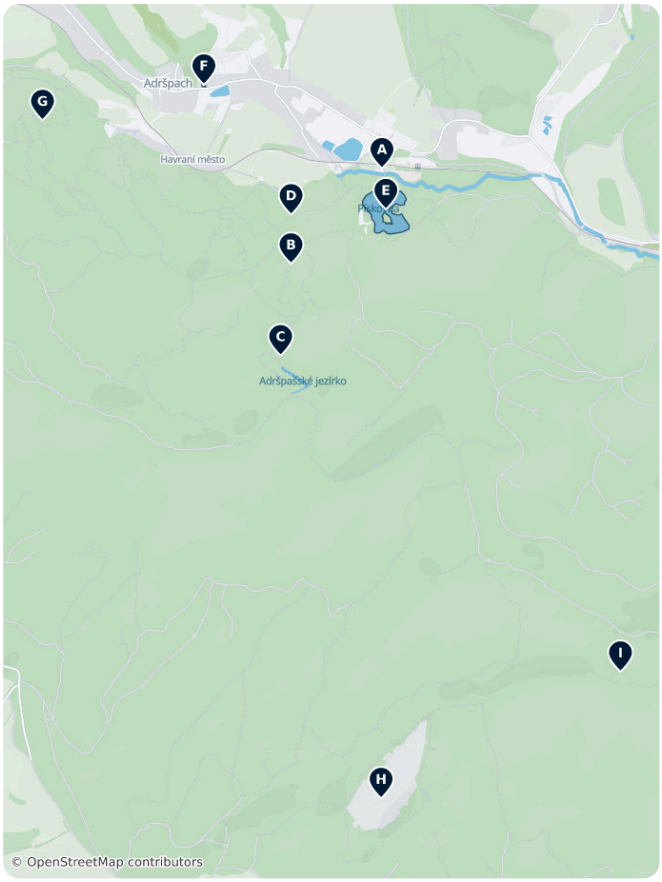
The rocks are busiest in July and August and on sunny weekends. In this season you must **book an entry time and parking online** in advance, and popular slots sell out. September is a good compromise, with fewer people and stable weather. In winter the Great Waterfall often freezes into an icefall, which makes a quiet and unusual visit.

| MONTH | CONDITIONS | DAY °C avg / max | NIGHT °C avg / min | |
|---|---|---|---|---|
| January | Poor<br>Poor for hiking | -1° / 6°<br>Feels like -7° | -7° / -17° | 13 rainy days · Dry air |
| February | Poor<br>Poor for hiking | 1° / 8°<br>Feels like -5° | -5° / -16° | 12 rainy days · Dry air |
| March | Poor<br>Poor for hiking | 6° / 14°<br>Feels like 1° | -3° / -10° | 12 rainy days · Dry air |
| April | Fair<br>Fair for hiking | 12° / 20°<br>Feels like 8° | 2° / -4° | Dry air |
| May | Good<br>Good for hiking | 17° / 23°<br>Feels like 13° | 7° / 1° | 15 rainy days · Dry air |
| June | Great<br>Great for sightseeing | 21° / 27° | 11° / 5° | 14 rainy days · Dry air |
| July | Good<br>Good for sightseeing | 23° / 30° | 12° / 8° | 16 rainy days · Dry air |
| August | Great<br>Great for sightseeing | 23° / 30° | 12° / 7° | 13 rainy days · Dry air · Calm winds |
| September | Good<br>Good for hiking | 18° / 26° | 8° / 3° | Dry air |
| October | Good<br>Good for hiking | 12° / 19°<br>Feels like 8° | 4° / -3° | Dry air |
| November | Poor<br>Poor for hiking | 5° / 12°<br>Feels like 0° | 0° / -7° | Dry air |
| December | Poor<br>Poor for hiking | 0° / 6°<br>Feels like -6° | -5° / -14° | 13 rainy days · Dry air |

Best months: June, August

Climate data: NASA POWER (MERRA-2) · 1996–2025

## Top sights




**A** Adršpach-Teplice Rocks is the main reason to come. The Adršpach part has a 3.5 km marked circuit with nearly 2,000 steps. Allow about two and a half hours, plus extra time for photos and the boat ride.

**B** Gothic Gate was built in 1839 and once marked the entrance to the rock park. It is one of the most photographed spots on the circuit, so expect a short queue in summer.

**C** Great Waterfall drops about 16 m into a narrow rock gorge. Steps next to it lead up to the small Rock Lake above, where boats take visitors on a short trip between the cliffs in summer.

**D** Sugar Loaf is a rock tower that seems to stand on its tip. It is near the entrance, so you see it at the start or end of the walk.

**E** Pískovna Lake is a small lake in a flooded former sand quarry right next to the rock-city entrance. Its clear turquoise water with rocks behind it is a favourite photo stop.

**F** Adršpach Chateau in the village was rebuilt in its present form in 1886 by the Nádherný family. The village restored it and opened it to the public in 2014, and it now hosts a café, exhibitions and events.

**G** Adršpach Castle Ruins sits on Starozámecký vrch, a hill above the village. Only fragments of walls and rock-cut cellars remain. The climb has dozens of steps, and the top gives a view over the rock city.

**H** Teplice Rocks are the quieter southern half of the rock city, reached from Teplice nad Metují. The highlight is **I** Střmen Castle, the remains of a medieval rock castle at the top of more than 300 steep steps.

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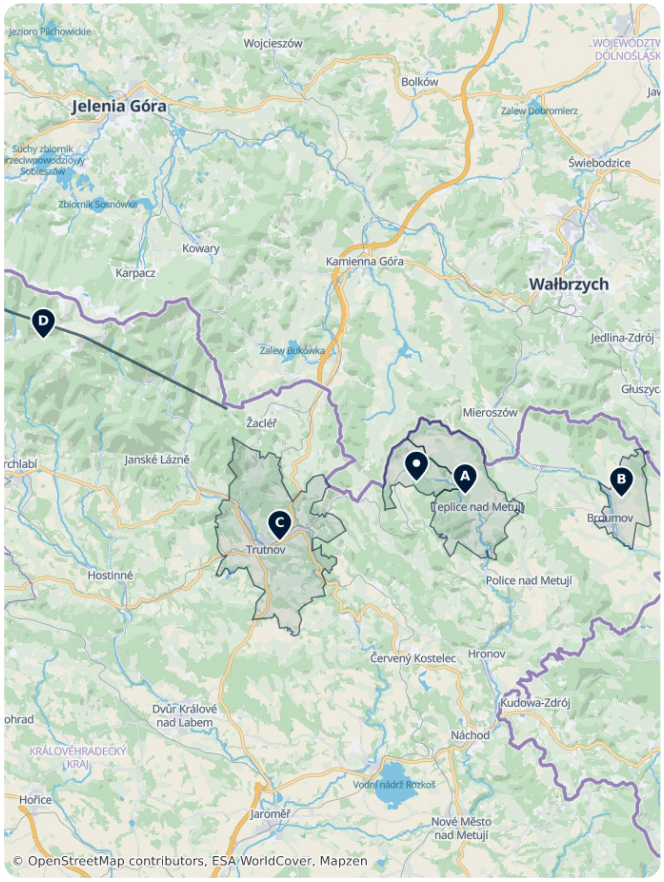
## What to experience

A visit here is about being outdoors among the rocks. These are the things that make it special.

- **Take the boat on the Rock Lake**: a short summer boat trip between steep sandstone walls above Great Waterfall. This tradition goes back more than 150 years. Tickets are sold only at the lake and **only for cash in Czech crowns**.
- **Walk from one rock city to the other**: follow the marked trail from Adršpach through the Wolf Gorge into the Teplice Rocks. The full loop is about 15 km and takes most of a day.
- **Squeeze through the Mouse Hole**: this passage on the Adršpach circuit is only about 50 cm wide.
- **See the frozen waterfall**: on cold winter days the rocks are quiet and the Great Waterfall turns into ice.
- **Watch the climbers**: Adršpach is a historic centre of sandstone climbing, and on dry days you can see climbers on the tall towers. Climbing here is only allowed under strict local rules.

## Day trips

Adršpach is a good base for exploring the wider border region. These trips are listed from closest to farthest.



- A Teplice nad Metují — about 10 min by train, gateway to the Teplice Rocks, which feel wilder
- B Broumov — about 30 min by car. The town h group of Baroque village churches nearby. The viewpoints.
- C Trutnov — about 40 min by train. A town wit mountains.
- Náchod — about 40 min by car. A large chateau
- Szczeliniec Wielki in Poland — about 1 hour by Table Mountains National Park has its own rock
- D Krkonoše — about 1 hour by car. The highes and many marked trails.

## Where to explore

Adršpach belongs to the Broumovsko area in the far north-east of Bohemia.

- **Next door**: Teplice nad Metují shares the rock city and has the second main entrance.
- **Towns in the area**: Broumov and Nové Město nad Metují are historic towns worth a stop.
- **Mountains and gateways**: Trutnov is the nearest larger town and the rail gateway to Krkonoše.

## Getting there

- **By air**: The nearest large airports are Prague Václav Havel Airport, about 190 km away by road, and Wrocław Airport in Poland, about 140 km away by road. From either, the drive takes roughly 2 to 2.5 hours. Public transport from Prague takes longer and needs several changes.
- **By train**: Adršpach station is right in front of the rock-city entrance. It is on the regional line between Trutnov and Teplice nad Metují. From Prague the trip takes about 3.5 to 4 hours, and some connections need a change. In summer, Polish regional trains run on weekends directly from Wrocław. Check times on České dráhy.
- **By bus**: Regional buses stop about 250 m from the entrance and link Adršpach with Broumov and Police nad Metují.
- **By car**: In the summer season, **parking must be booked online** in advance on the official Adršpach Rocks website.

## Getting around

- **On foot**: The rock-city entrance, train station, Pískovna Lake and several restaurants are all within a few minutes of each other. The chateau and the castle ruins are a 20–30 minute walk away.
- **Train**: Short regional trains link Adršpach with Teplice nad Metují, which is handy for a one-way hike through both rock cities. Buy tickets from the conductor on board or in advance in the ČD app. Regional fares are part of the IREDO network.
- **Cycling**: Several marked cycle routes cross the area, and there is a bike storage room near the rock-city entrance. The terrain is hilly.

## Getting around on foot & by bike

WALKABILITY

### Moderate

The rock-city entrance, station and restaurants are close together, but the village is spread out and trails have many steps.

CYCLING INFRASTRUCTURE

### Moderate

Marked cycle routes cross the hilly Broumovsko area, and there is bike storage at the rock-city entrance.

## Driving

- **Is a car worth it?**: Not for the rocks themselves, since the train stops at the entrance. A car helps if you want to explore the wider Broumovsko area in a short time.
- **Parking**: The large car parks near the entrance cost about 180–200 CZK per day in the main season. In summer, book a space online in advance, because capacity is limited and not guaranteed without a booking. The Teplice Rocks have their own car park in Teplice nad Metují.
- **Roads**: Local roads are narrow and busy on summer weekends. Arrive early in the morning to avoid queues.

# Food & drink

Food here is simple Czech country cooking. Expect dishes like roast pork with dumplings, goulash, fried cheese and trout, with local beer. Portions are large and prices are moderate.

The main cluster of restaurants, snack bars and ice-cream stands is around the rock-city entrance and the train station. They are convenient but crowded at lunchtime in summer. For more choice and a quieter meal, go to Teplice nad Metují or to Broumov.

## What to eat & drink

### LUNCH

**Fruit Dumplings · Ovocné knedlíky**
Sweet dumplings filled with seasonal fruit (like plums or apricots), topped with cottage cheese and sugar.

### DINNER

**Svíčková · Svíčková na smetaně**
Marinated beef sirloin in a creamy vegetable sauce, served with bread dumplings and cranberries.

**Goulash · Guláš**
A hearty stew, typically made with beef, onions, and paprika, often served with bread dumplings or potatoes.

**Roast Pork with Dumplings and Cabbage · Vepřo knedlo zelo**
A traditional Czech dish of roast pork, bread dumplings, and sauerkraut or stewed cabbage.

### SNACKS & STREET FOOD

**Fried Cheese · Smažený sýr**
A thick slice of cheese, breaded and deep-fried, usually served with fries and tartar sauce.

**Potato Pancakes · Bramboráky**
Crispy pancakes made from grated potatoes, flour, and spices, often served as a side dish or a snack.

**Chlebíčky**
Open-faced sandwiches on slices of white bread, elaborately decorated with various toppings.

**Fried Cauliflower · Smažený květák**
Breaded and deep-fried cauliflower florets, similar to fried cheese but made with cauliflower.

### SWEETS & DESSERTS

**Trdelník**
A sweet pastry made from rolled dough, wrapped around a stick, grilled, and topped with sugar and walnut mixture.

DRINKS

Pilsner Urquell · Plzeňský Prazdroj
The world's first pale lager, originating from the city of Pilsen, known for its crisp, refreshing taste.

Becherovka
A traditional Czech herbal liqueur with a distinctive bitter-sweet taste, often enjoyed as a digestif.

Kofola
A popular Czech herbal cola-like soft drink, often described as having a unique, slightly medicinal flavor.

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## Safety & health

Adršpach is very safe, and crime against visitors is rare. The main risks come from the terrain.

- **Stay on marked trails**: the rocks are a national nature reserve, and leaving the trails is forbidden. Steps and wooden walkways can be slippery when wet or icy.
- **Wear proper shoes**: the circuit has many steep steps and ladders. Prams can go only on the flat first part of the trail.
- **Ticks**: they are common in the forests from spring to autumn, so check yourself after a hike.
- **Crowds**: in peak season, narrow passages can get congested. Go early in the day for a calmer walk.

## History

People have lived near the rocks since the Middle Ages. Adršpach Castle Ruins is what remains of a Gothic castle built to guard the border and destroyed in the 15th century. Later the lords of the estate moved down to a manor house in the village, which became Adršpach Chateau.

For centuries the rocks were covered by dense forest. The German poet *Johann Wolfgang Goethe* visited in 1790, and a memorial plaque recalls his trip. In 1824 a large fire cleared much of the forest and made the rock towers visible. Soon after, in 1828, *Ludvík Karel Nádherný* bought the estate and began building paths, bridges and Gothic Gate for visitors.

Tourism grew quickly in the 19th century, and boat trips on the rock lake began in this period. The rocks became a protected nature reserve in 1933. Since 1991 they have been part of the Broumovsko Protected Landscape Area.

# Country facts

Quick practical facts for the Czech Republic at a glance:

**CURRENCY**

## CZK Kč

**EMERGENCY**

## 112

**ELECTRICITY**



Type C / Type E
230 V · 50 Hz

**LANGUAGES**

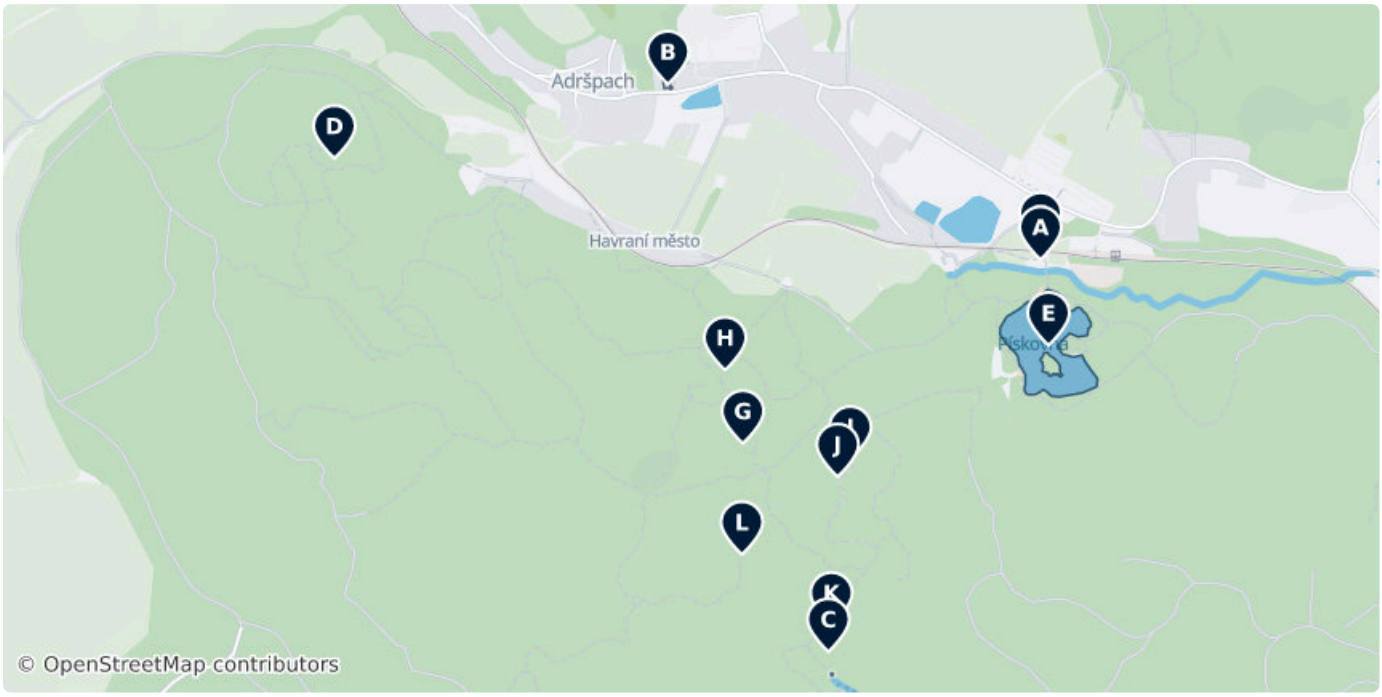
Czech

**TAP WATER**

## Safe to drink

# Adršpach Essentials

The Adršpach-Teplice Rocks are a sprawling complex of sandstone formations in Northern Bohemia. This geological site features a distinct labyrinth of narrow gorges, towering stone towers, and a turquoise lake formed in a former sand quarry. Key landmarks include the 1839 Gothic Gate, the ruins of a 14th-century rock castle, and the Great Waterfall. The area's unique topography creates a microclimate that supports rare flora and fauna within its deep, shaded canyons.






## A Adršpach-Teplice Rocks

The Adršpach-Teplice Rocks are a set of sandstone formations in Hradec Králové Region of the Czech Republic.

54957 Adršpach (50.61537, 16.12267)

adrspasskeskaly.cz



## B Adršpach Castle

Renaissance chateau housing a rock climbing museum, an exhibition on the history of the region, and a café.

30110, 549 52 Adršpach, Czechia (50.61889, 16.11090)

obecadrspach.cz/zamek-adrspach/-aktualne-v-regionu/

## C Great Waterfall

A 16-meter high waterfall situated in a narrow rocky gorge. The water flow is regulated by a reservoir located upstream.

54957, Czech Republic (50.60751, 16.11597)

adrspasskeskaly.cz/en/co-jinde-neuvidite

## D Hrad Adršpach

Ruins of a 14th-century Gothic fortress built on a sandstone cliff, offering panoramic views of the rock city and the Krkonoše Mountains.

(50.61740, 16.10035)

## E Sandpit Basin

A turquoise lake formed by the flooding of a former sand quarry. A 1.5-kilometer nature trail follows the perimeter of the basin.

54957, Czech Republic (50.61365, 16.12293)

adrspasskeskaly.cz

## F Adršpašské skály (vstup)

The primary entry point to the Adršpach Rock City, featuring a ticket office and information center located adjacent to the train station.

26, 54957, Czech Republic (50.61565, 16.12267)

## G Great Panorama Overlook

A designated viewpoint offering vistas of the central rock city, including prominent formations such as the Lovers and the Mayor and Mayoress.

(50.61168, 16.11327)

## H Mouse Hole

A narrow natural passage through the sandstone rocks, measuring only 50 centimeters at its tightest point.

(50.61315, 16.11270)

## I Gothic Gate

A stone gate built in 1839 in the Neo-Gothic style, serving as the historical entrance to the inner rock labyrinth.

Havraní město, 549 52 Adršpach, Czechia
(50.61137, 16.11666)

## J Elephant square

A small canyon clearing surrounded by sandstone blocks whose shapes resemble a herd of elephants.

(50.61102, 16.11626)

## K Malý vodopád

A small waterfall located along the tourist trail between the rock formations and the upper lake.

(50.60804, 16.11606)

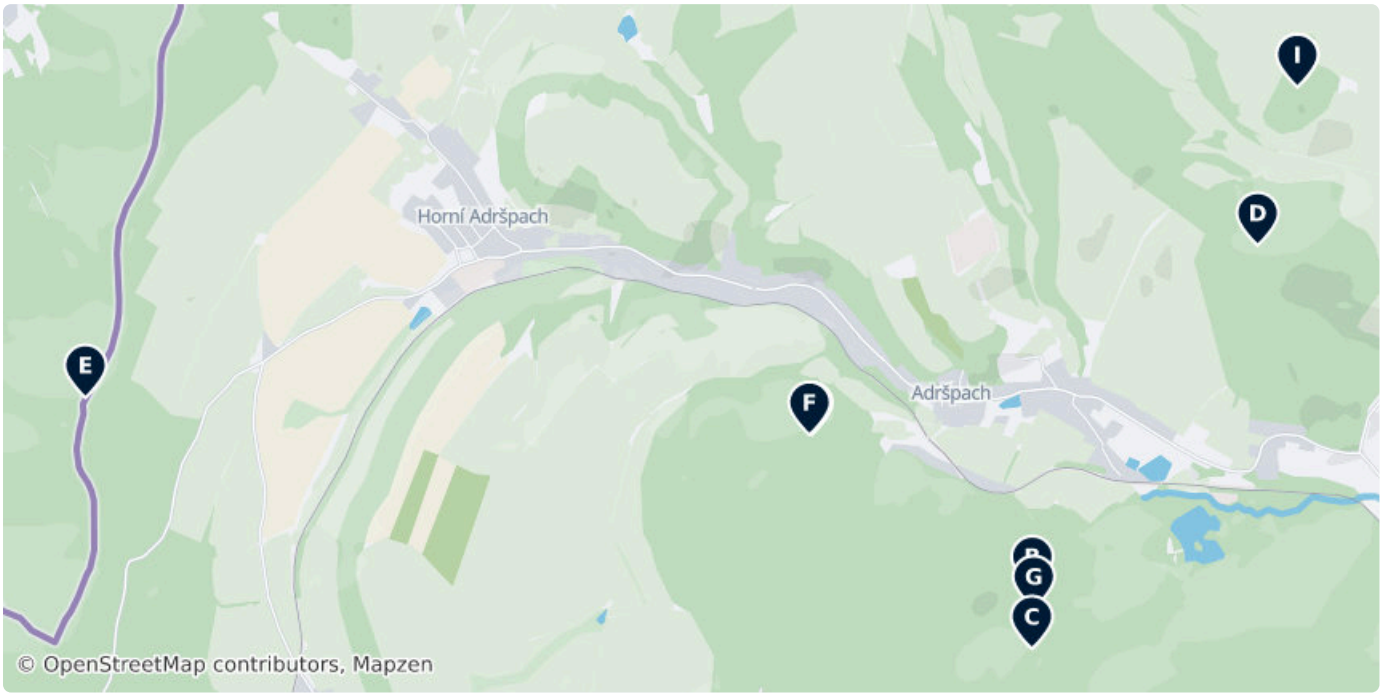
## L Baronova vyhlídka

An overlook providing views of the entrance area of the rock city, named after the former owners of the local estate.

(50.60946, 16.11323)

# Adršpach's Hidden Gems

Beyond the crowded main loop of the Adršpach-Teplice Rocks, this selection features the 13th-century ruins of Adršpach Castle and the Baroque remains of the Church of the Visitation of the Virgin Mary. Key highlights include Křížový Vrch, known for its 17th-century cast-iron Way of the Cross, and the Rock Chapel dedicated to fallen climbers. These sites offer elevated perspectives from Velká Panoráma and Baronova vyhlídka, showcasing the sandstone formations and the Broumov Highlands away from the primary tourist trails.




## A Hrad Adršpach

Summit viewpoint located at the ruins of a 13th-century Gothic castle, offering views of the sandstone rock city and the surrounding Broumov Highlands.

(50.61740, 16.10035)

## B Great Panorama Overlook

High-altitude observation point providing a wide-angle view of the central Adršpach-Teplice rock formations and the Krkonoše mountain range.

(50.61168, 16.11327)

## C Baronova vyhlídka

Viewpoint named after the Nádherný family, former owners of the local estate, overlooking the northern section of the rock labyrinth.

(50.60946, 16.11323)

## D Křížový Vrch

Sandstone hill featuring a 17th-century Way of the Cross with cast-iron reliefs set into the rocks, leading to a summit cross with panoramic views.

54957, Czech Republic (50.62442, 16.12645)

## E Graniczny Grzbiet

A ridge along the Czech-Polish border offering views of the Sudetes and the rural landscape of the Broumov region.

(50.61878, 16.05787)



## F Adršpach Castle Ruins

Ruins of a 14th-century rock castle destroyed during the Hussite Wars. Remnants include foundations, a moat, and cisterns carved into the sandstone.

54957, Czech Republic (50.61740, 16.10022)

## G Rock chapel

A symbolic memorial chapel dedicated to climbers who lost their lives in the Adršpach-Teplice Rocks, located within a natural rock alcove.

54957, Czech Republic (50.61095, 16.11335)

## H Ruins of the church of the Virgin Mary

Remnants of a Baroque pilgrimage church from the 17th century, situated on a hill overlooking the village of Adršpach.

(50.63030, 16.12878)

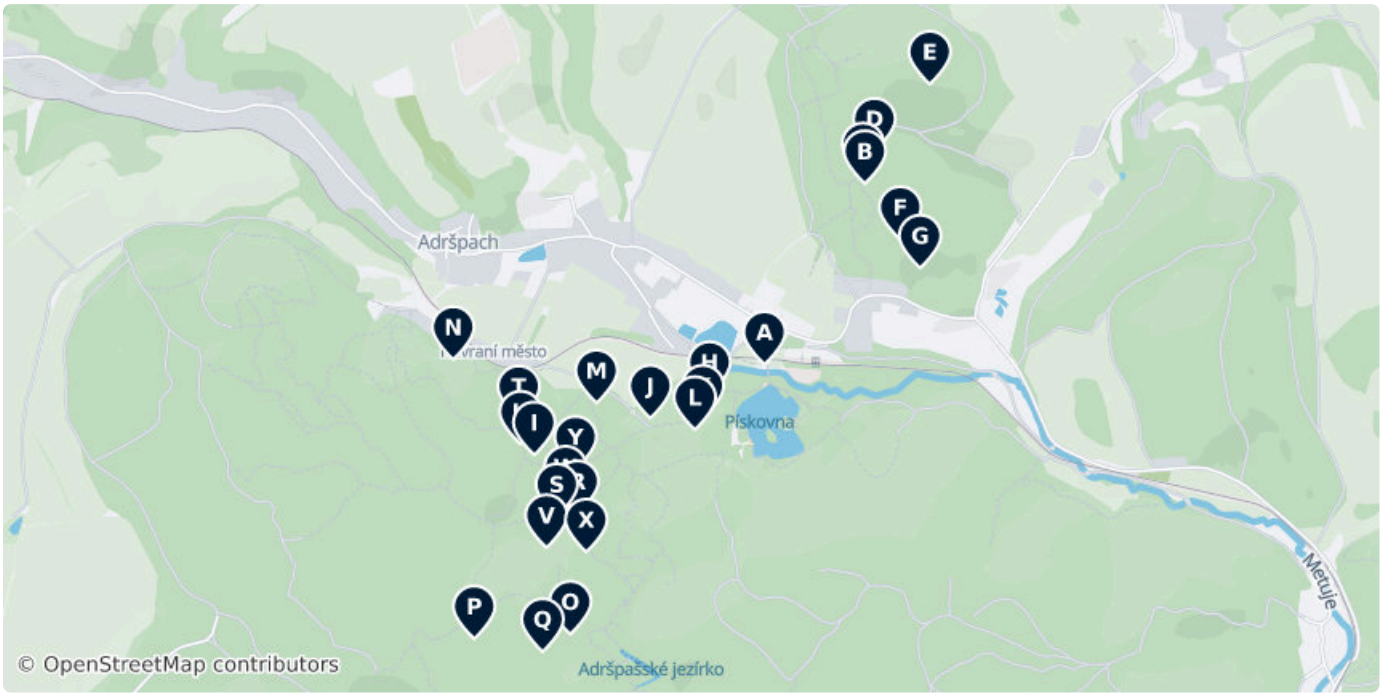
## I Zřícenina kostela Kopeček

Stone ruins of the Baroque Church of the Visitation of the Virgin Mary, originally built in 1667 and later abandoned.

(50.63029, 16.12877)

# Adršpach-Teplice Rocks

The Adršpach-Teplice Rocks are a sprawling national nature reserve in the Broumov Highlands, characterized by massive Cretaceous sandstone formations. This landscape features narrow gorges, rock towers reaching heights of 60 meters, and a turquoise lake in a former sand quarry. The area is a historic center for traditional sand climbing and offers a dedicated circuit trail passing landmarks such as the Great Waterfall and the Metuje River canyon.






## A Adršpach-Teplice Rocks

The Adršpach-Teplice Rocks are a set of sandstone formations in Hradec Králové Region of the Czech Republic.

54957 Adršpach (50.61537, 16.12267)

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## B Temeno černoblonďatého přátelství

Sandstone climbing cliff located within the Adršpach rock city.

(50.62067, 16.12731)

## C Tuctová stěna

Sandstone cliff used for traditional rock climbing.

(50.62089, 16.12722)

## D Dům smíchu

Vertical sandstone wall in the Adršpach-Teplice complex.

(50.62161, 16.12775)

### E Andromeda

Prominent sandstone cliff face.

(50.62358, 16.13031)

### F Babinec

Sandstone cliff formation.

(50.61903, 16.12894)

### G Křižácká stěna

Large sandstone wall used for rock climbing.

(50.61820, 16.12986)

### H Stráže

Sandstone rock formation located near the main hiking trails.

Havraní město, 549 52 Adršpach, Czechia
(50.61449, 16.12014)

### I Štěpánská koruna

Distinctive sandstone tower in the Teplice rock city.

(50.61272, 16.11204)

### J Babiččina lenoška

Sandstone formation shaped like a large armchair.

(50.61380, 16.11740)

### K Orlí hnízdo

Elevated sandstone rock formation.

(50.61380, 16.11982)

### L Džbán

Massive sandstone formation near the park entrance, featuring a six-meter-wide rock window.

(50.61346, 16.11946)

### M Kamarádská

Sandstone rock pillar.

(50.61424, 16.11492)

### N Saská hlava

Rock formation named for its resemblance to a head.

54957, Czech Republic (50.61552, 16.10830)

db-sandsteinklettern.gipfelbuch.de/weg.php

### O Achilles

Slender sandstone pillar.

(50.60747, 16.11370)

### P Kočičí hrádek

A small labyrinth of sandstone rocks located on the outskirts of the main rock city.

(50.60734, 16.10927)

### Q Ploutev

Thin, vertical sandstone formation resembling a fin.

(50.60696, 16.11242)

### R Uhlířská

Sandstone rock formation in the central part of the reserve.

(50.61100, 16.11405)

### S Řeřicha

Sandstone rock formation.

(50.61091, 16.11309)

### T Bílá paní

Tall, slender sandstone tower.

(50.61378, 16.11132)

### U Napoleon

Rock formation shaped like the profile of a seated figure or a bicorne hat.

(50.61304, 16.11141)

### V Přilba

Sandstone formation with a rounded top resembling a helmet.

(50.61000, 16.11260)

### W Basa

Sandstone rock named for its resemblance to a double bass.

(50.61143, 16.11348)

### X Hrad

Large, blocky sandstone formation.

(50.60988, 16.11444)

### Y Želva

Rock formation featuring a distinct shell-like shape resembling a turtle.

(50.61230, 16.11395)

## DATA SOURCES

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