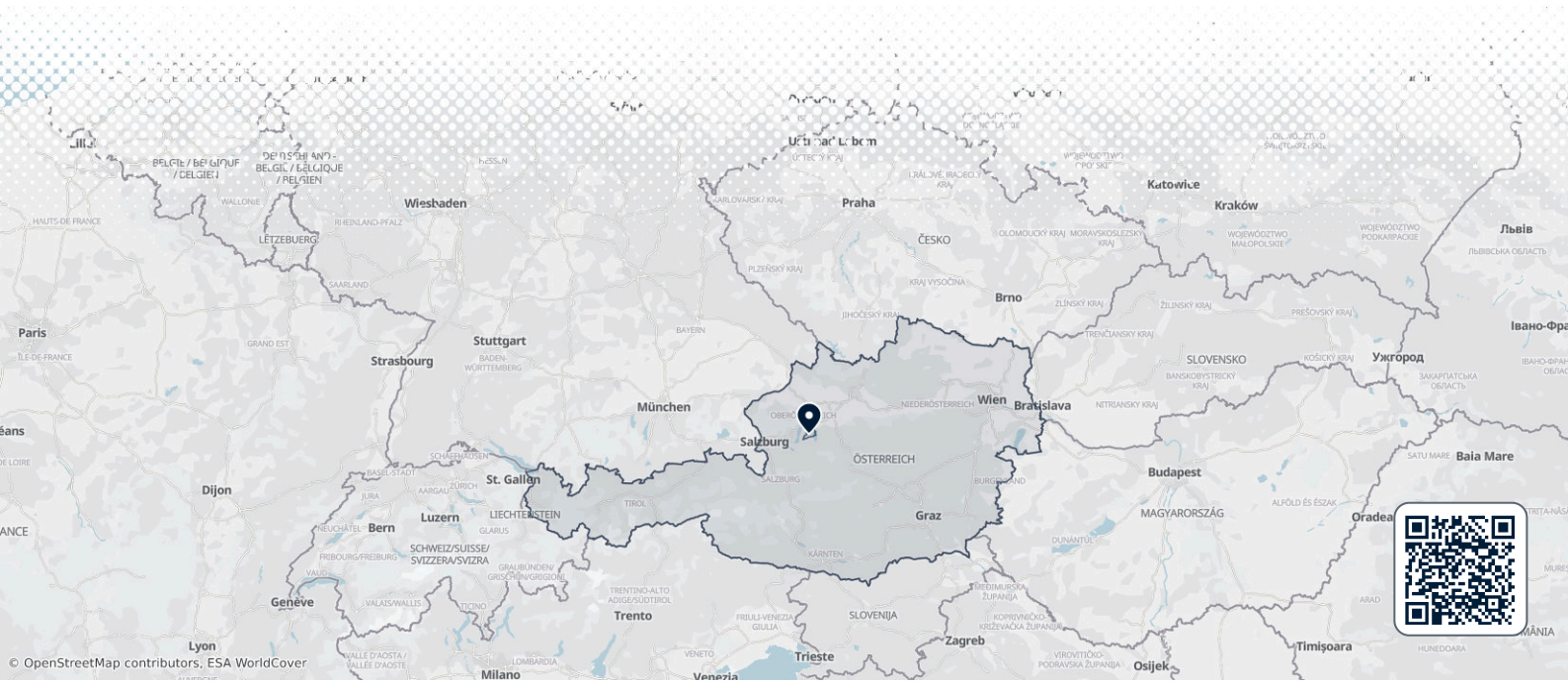


Altmünster

Salzkammergut · Austria

TRAVEL GUIDE

Tripomatic



Overview

Altmünster is a lakeside town on the western shore of the Traunsee, one of the deepest lakes in Austria. Mountains such as the Traunstein rise steeply from the water. The town sits next to Gmunden and shares its lake views.

It is a quiet base for swimming, sailing, cycling and hiking. The best-known sight is the island castle of Ort, which stands on the lake.

When to visit

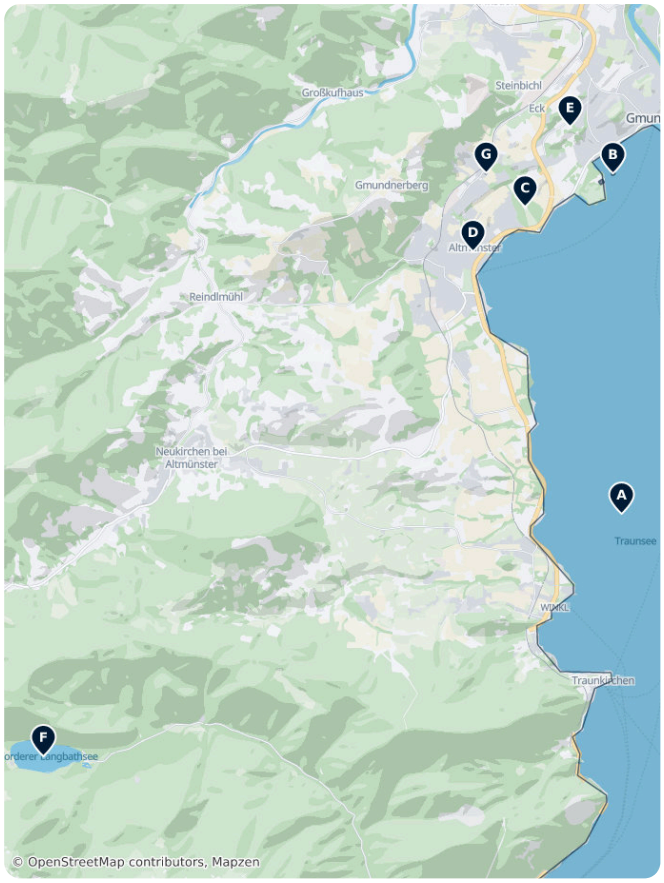
June to September is best for swimming and boats. May and October are quiet and good for walking. Winter is cold, with snow on the mountains and few visitors.

MONTH	CONDITIONS	DAY °C avg / max	NIGHT °C avg / min	
January	Poor Poor for watersports	3° / 10° Feels like -1°	-4° / -13°	14 rainy days · Dry air · Calm winds
February	Poor Poor for watersports	5° / 13° Feels like 1°	-3° / -12°	13 rainy days · Dry air · Calm winds
March	Poor Poor for cycling	9° / 17° Feels like 6°	0° / -7°	15 rainy days · Dry air · Calm winds
April	Good Good for cycling	15° / 23°	4° / -2°	13 rainy days · Dry air · Calm winds
May	Good Good for sightseeing	19° / 26°	9° / 4°	18 rainy days · Dry air · Calm winds
June	Good Good for sightseeing	23° / 30°	13° / 7°	19 rainy days · Calm winds
July	Good Good for sightseeing	24° / 32°	14° / 10°	20 rainy days · Calm winds
August	Good Good for sightseeing	24° / 32°	14° / 10°	17 rainy days · Calm winds
September	Good Good for sightseeing	20° / 27°	10° / 5°	14 rainy days · Dry air · Calm winds
October	Good Good for cycling	15° / 23°	6° / -1°	13 rainy days · Dry air · Calm winds
November	Fair Fair for cycling	9° / 17°	1° / -6°	13 rainy days · Dry air · Calm winds
December	Poor Poor for watersports	4° / 11° Feels like 0°	-2° / -11°	15 rainy days · Dry air · Calm winds

Climate data: NASA POWER (MERRA-2) · 1996–2025

Top sights

- A Traunsee is the lake, with a shore path, beaches and boat trips.
- B Seeschloss Ort is a castle on a small island in the lake, reached by a wooden bridge.
- C Schloss Traunsee is a lakeside manor house in Altmünster.
- D Pfarrkirche Altmünster is the town's parish church.
- E Pfarrkirche Ort is the church at Ort.
- F Vorderer Langbathsee is a small mountain lake in the woods for swimming and walks.
- G Eggerhaus is a local museum.
- The Traunstein is the rocky peak that rises above the lake, with demanding hikes.



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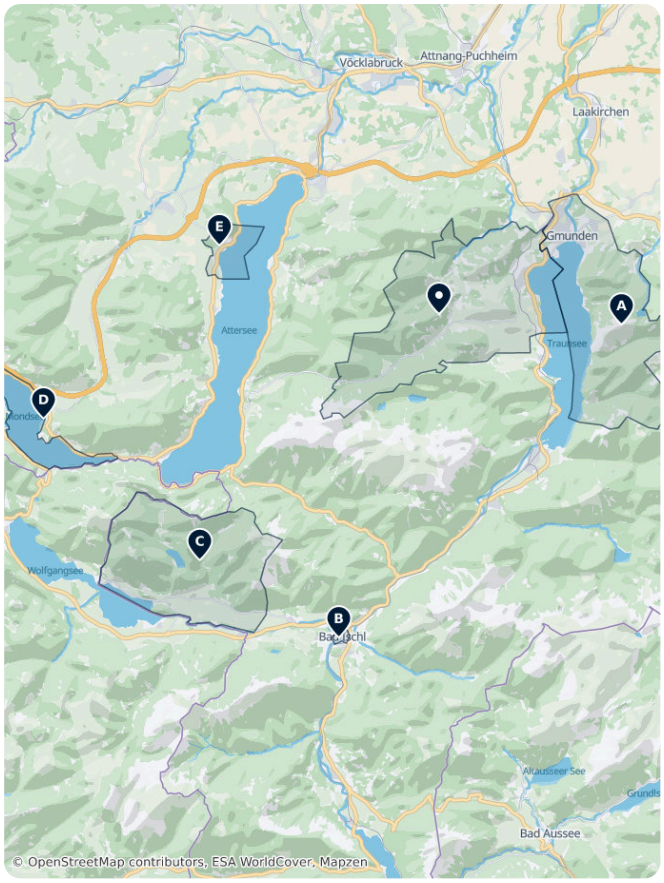
What to experience

- Swim and sail on the Traunsee.
- Walk the lake shore to the island castle.
- Take a boat trip.
- Hike on the Traunstein with care.
- Cycle the lake road.

Day trips

- A Gmunden is about 10 minutes away by car or boat.
- B Bad Ischl is about 40 minutes away by car.
- C St. Wolfgang is about 45 minutes away by car.
- D Mondsee is about 40 minutes away by car.
- E Attersee is about 30 minutes away by car.



Where to explore

- Gmunden, Attersee and Mondsee are the nearest preferred destinations.

Getting there

- By air: Salzburg Airport is about 1 hour 15 minutes away by car. Linz is about 1 hour.
- By train: Trains run to Gmunden from Attnang-Puchheim, with buses on to Altmünster. Check times on ÖBB.
- By car: The A1 motorway, then the B145 road, reach the lake.

Getting around

Local buses run along the lake. Cycling is a good way to move between villages. Boats on the Traunsee serve several lakeside stops in season.

Getting around on foot & by bike

WALKABILITY

Moderate

The lakefront is flat, but the villages around the Traunsee are spread out.

CYCLING INFRASTRUCTURE

High

Cycle paths follow the lake shore, and mountain bike routes climb above it.

Driving

A car helps for reaching mountain trailheads and other lakes. Lakeside parking fills up in summer. Motorways in Austria need a vignette.

Food & drink

Lake fish, especially char, is the local speciality. *Gmundner Keramik* pottery, with its green-and-white pattern, is common at the table. *Kaiserschmarrn* and strudel appear in cafes.

What to eat & drink

DINNER

Wiener Schnitzel
A thin, breaded and pan-fried veal cutlet, traditionally served with potato salad or parsley potatoes and a wedge of lemon.

Tafelspitz
Boiled beef in broth, served with roast potatoes and a sauce of apples and horseradish — a favourite of Emperor Franz Joseph.

Viennese Goulash · Wiener Saftgulasch
A rich beef stew slow-cooked with onions and paprika, typically served with a bread dumpling or bread roll.

SNACKS & STREET FOOD

Käsekrainer
A grilled pork sausage studded with melty cheese, a classic order at Vienna's ubiquitous Würstelstand (sausage stands).

Sausage Stand Snack · Würstel vom Würstelstand
Grilled or boiled sausages (Bratwurst, Frankfurter, Bosna) served with mustard, bread and a pickle from street kiosks.

SWEETS & DESSERTS

Apfelstrudel
Thin pastry rolled around spiced apples, raisins and breadcrumbs, usually served warm with vanilla sauce or cream.

Sachertorte
A dense chocolate cake with a thin layer of apricot jam under a dark chocolate glaze, famously served with unsweetened whipped cream.

Kaiserschmarrn
A fluffy shredded pancake caramelised with sugar and dusted with icing sugar, served with plum or apple compote.

Marillenknödel
Apricot dumplings wrapped in potato or quark dough, rolled in buttery breadcrumbs — a Wachau and Viennese summer specialty.

DRINKS

Viennese Melange · Wiener Melange
The signature Viennese coffee: espresso topped with steamed milk and milk foam, the centrepiece of coffeehouse culture.

Grüner Veltliner
Austria's flagship crisp, peppery white wine, widely poured in Vienna's Heuriger (wine taverns).

Sturm
A cloudy, lightly alcoholic partially-fermented grape must, available only for a few weeks in autumn.

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Safety & health

Altmünster is very safe. Storms can come quickly on the lake. The Traunstein is a serious mountain and needs experience. Tap water is clean and safe to drink. The emergency number is 112.

History

A monastery was founded here in the 8th century, which gave the town its name, meaning old minster. The area developed as part of the Salzkammergut salt trade. Tourism followed in the 19th century, when the lake became a summer retreat.

Country facts

Quick practical facts for Austria at a glance:

CURRENCY
EUR €

EMERGENCY
112

ELECTRICITY

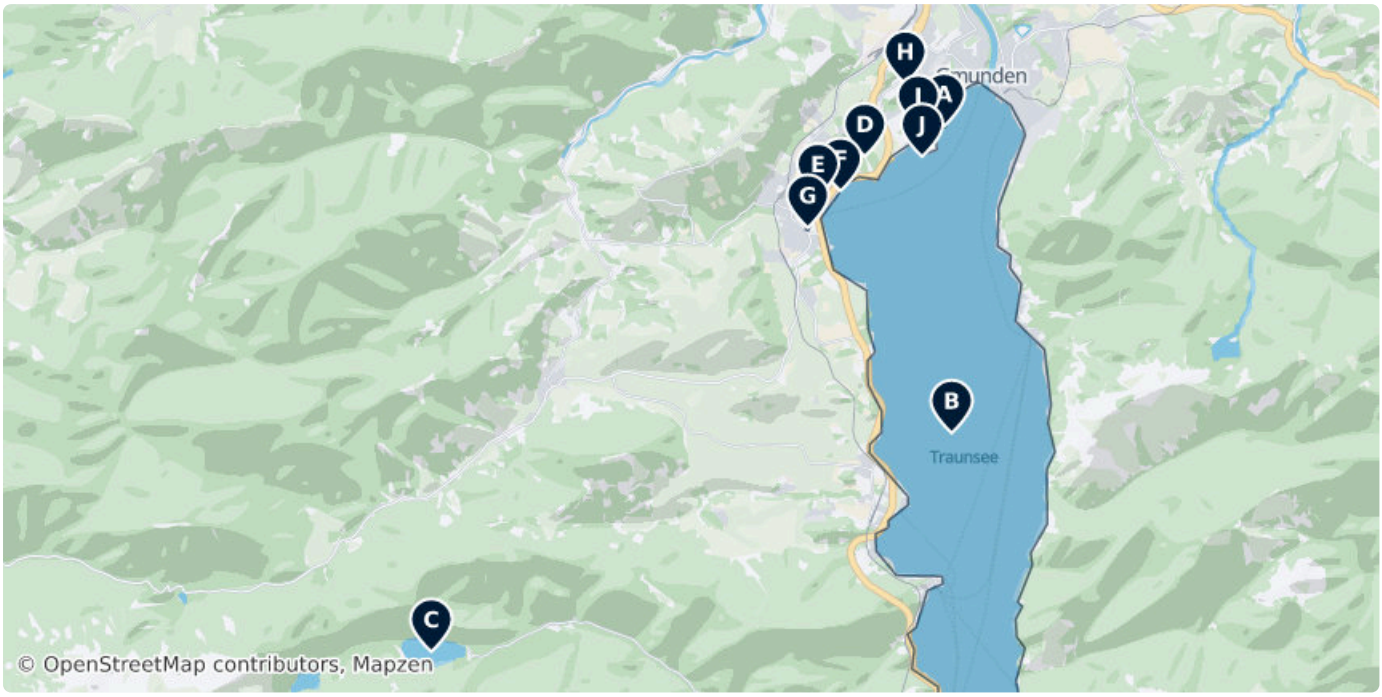
Type C / Type F
230 V · 50 Hz

LANGUAGES
German

TAP WATER
Safe to drink

Altmünster Essentials

Altmünster serves as a central hub for exploring the Traunsee region, characterized by its collection of 19th-century castles and deep Alpine waters. The area features the island fortress of Seeschloss Ort and the historic Schloss Traunsee, alongside the Benedictine parish church. Natural highlights include the Traunsee esplanade, the expansive Toscanapark, and the nearby Langbathseen mountain lakes, all set against the dramatic backdrop of the Salzkammergut mountains.





A Ort Castle

Schloss Ort is an Austrian castle situated in the Traunsee lake, in Gmunden, 19 kilometres from Vöcklabruck, the gate to Salzkammergut.

Ort 1, 4810 Gmunden, Austria (47.91141, 13.79223)

gmunden.ooe.gv.at/system/web/defa... , +43 676 88794280



B Traunsee

Traunsee is a lake in the Salzkammergut, Upper Austria, Austria. Its surface is approximately 24.5 km2 and its maximum depth of 191 metres...

4801, Austria (47.86677, 13.79391)

C Langbathseen

The Langbathseen are two mountain lakes in Upper Austria's part of the Salzkammergut, 8 kilometers from Ebensee.

4802, Austria (47.83494, 13.68093)



D Schloss Traunsee

A 19th-century historicist castle built for Duke Philipp of Württemberg. It currently serves as a federal boarding school and is located near the shores of Traunsee.

Pensionatstraße, 4813 Eck, Austria (47.90704, 13.77505)

burgenkunde.at/oberoesterreich/traunsee/traunsee.htm



E Pfarrkirche Altmünster

A Gothic parish church dedicated to St. Benedict, featuring a Baroque interior and a prominent high altar. It is one of the oldest religious sites in the Salzkammergut region.

Marktstraße, 4813 Ebenzweier, Austria (47.90119, 13.76488)

F Esplanade Altmünster

A lakeside promenade along the Traunsee offering walking paths, public bathing areas, and direct views of the Traunstein mountain.

15 Hauptstraße, Altmünster 4813, Austria (47.90199, 13.76977)

traunsee.salzkammergut.at

G Schloss Ebenzweier

A 19th-century castle and former manor house that now functions as a vocational boarding school. The building is surrounded by a small park.

Ebenzweierstraße, 4813 Ebenzweier, Austria
(47.89666, 13.76266)



H Pfarrkirche Ort

A Roman Catholic branch church situated near the entrance of Toscanapark, serving the local community of Gmunden-Ort.

(47.91755, 13.78383)

dioezese-linz.at/pfarren/gmunden-ort/

I Toscanapark

A large public park on a peninsula, formerly part of the Grand Ducal estate of Tuscany. It features walking trails, mature trees, and direct access to the lake.

12 Doktor-Franz-Thomas-Straße, Gmunden 4810, Austria
(47.91113, 13.78663)

J Traunseeblick

A scenic viewpoint equipped with benches, providing an elevated panorama of the Traunsee lake and the surrounding Alpine peaks.

(47.90699, 13.78748)

DATA SOURCES

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