

Benidorm

Valencian Community · Spain

TRAVEL GUIDE

Tripomatic



Overview

Benidorm is a resort city on the Costa Blanca, in eastern Spain. It has two long sandy beaches, a skyline of high-rise hotels and apartments, and one of the busiest nightlife scenes in the country.

It is popular for sun and beach holidays, theme parks and warm winters. It suits a family trip or a beach holiday of several days.

When to visit

Late spring and early autumn are the best seasons, with warm weather and fewer crowds. Summers are hot and busy, and the sea is warm from June to October. Winters are mild, and many visitors come for the sun.

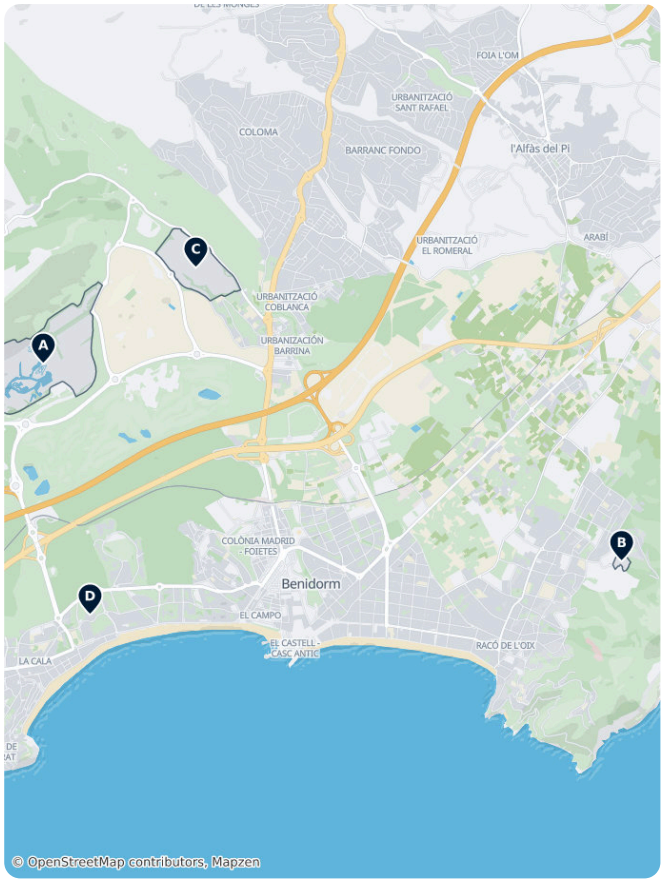
MONTH	CONDITIONS	DAY °C avg / max	NIGHT °C avg / min	
January	Good Good for sightseeing	16° / 20°	8° / 4°	Dry air · Calm winds
February	Good Good for sightseeing	16° / 21°	8° / 4°	Dry air · Calm winds
March	Great Great for sightseeing	18° / 24°	10° / 6°	Dry air · Calm winds
April	Great Great for sightseeing	21° / 25°	12° / 9°	Dry air · Calm winds
May	Great Great for sightseeing	24° / 29°	15° / 11°	Dry air · Calm winds
June	Great Great for the beach	29° / 33°	19° / 16°	☀ 22 sunny days · Calm winds · UV 8 (Very high)
July	Great Great for the beach	31° / 35°	22° / 19°	☀ 26 sunny days · Muggy, humid air · Calm winds · UV 9 (Very high)
August	Great Great for the beach	31° / 35°	23° / 20°	☀ 22 sunny days · Muggy, humid air · Calm winds
September	Great Great for the beach	28° / 32°	20° / 17°	Humid air · Calm winds
October	Great Great for sightseeing	24° / 29°	17° / 12°	Calm winds
November	Great Great for sightseeing	19° / 24°	12° / 7°	Dry air · Calm winds
December	Good Good for sightseeing	16° / 20°	9° / 5°	Dry air · Calm winds

Best months: March, April, May, June, July, October, November

Climate data: NASA POWER + Copernicus ERA5-Land and ERA5 · 1996–2025

Top sights

- Levante Beach is the main beach, with a wide sandy shore, a long promenade and many bars.
- Poniente Beach is a quieter beach on the west side of the old town.
- The old town sits on a small headland between the two beaches, with a viewing terrace called the Balcón del Mediterráneo.
- A Terra Mítica is a large theme park with roller coasters and shows.
- B Mundomar is a marine park with dolphin and sea lion shows.
- C Terra Natura is a zoo and animal park.
- Aqualandia is a water park that is popular in summer.
- D Intempo is a tall residential tower that is a symbol of the skyline.
- The Island of Benidorm is a rocky islet reached by boat from the harbor.



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What to experience

- Spend a day on Levante Beach and walk the promenade in the evening.
- Take a boat to the Island of Benidorm.
- Visit a theme park or a water park with children.

Day trips

- **Guadalest** (about 25 km, 40 minutes by car): a village on a rock, with a castle and a lake.
- A Altea (about 10 km): a whitewashed hill town with a church with blue domes.
- B Alicante (about 45 km, 1 hour): a port city with a hilltop castle.
- C Dénia (about 60 km): a coastal town with a castle and a ferry port for the Balearic Islands.
- **Sierra Helada** (nearby): a natural park with cliffs and walking trails.



Where to explore

Other places on the Costa Blanca:

- **Coast**: Altea, Dénia and Torrevieja.
- **Cities**: Alicante, Elche and Valencia.

Getting there

- **By air**: Alicante airport (ALC) is about 50 km away and has many flights from across Europe. Valencia airport is farther, about 140 km.
- **By tram**: A tram line runs along the coast between Alicante and Benidorm, and takes about an hour and a half.
- **By bus**: Coaches run from Alicante airport and many cities in Spain.

Getting around

- **On foot**: The beach area and the old town are compact and flat, and most things are within a 15 to 20 minute walk.
- **Public transport**: City buses and a tram line connect the main areas.
- **Cycling**: Bike lanes run along the promenade and some main streets.

Getting around on foot & by bike

WALKABILITY

High

The beach area and old town are compact and flat.

CYCLING INFRASTRUCTURE

Moderate

Bike lanes run along the promenade and some main streets.

Driving

- **Is a car worth it?**: Not for the beach area. A car helps for Guadalest and other inland villages.
- **Parking**: Parking in the center is limited, and underground car parks are the best option.
- **Restrictions**: Some streets in the old town are pedestrian only.

Food & drink

Benidorm has food from all over Europe, along with local Valencian cooking. Rice dishes such as paella and *arroz a banda* (rice cooked in fish stock) are common, and seafood is fresh.

Tapas bars in the old town are a good place to eat in the evening.

What to eat & drink

BREAKFAST

Churros · Churros con Chocolate
Fried dough sticks served with a thick, dark hot chocolate for dipping — a classic Spanish breakfast or late-night snack.

LUNCH

Paella Valenciana
A saffron-scented rice dish cooked in a wide, shallow pan. The traditional Valencian version uses chicken, rabbit, and green beans — best eaten at midday.

Gazpacho
A cold, blended soup of raw tomatoes, cucumber, pepper, garlic, olive oil, and vinegar, originally from Andalusia. Served as a drink or a starter, especially in summer.

DINNER

Pulpo a la Gallega
Boiled octopus sliced onto a wooden board and dressed with olive oil, coarse salt, and smoked paprika — a signature dish of Galicia.

SNACKS & STREET FOOD

Jamón Ibérico
Dry-cured ham from acorn-fed Iberian pigs, sliced paper-thin and eaten on its own or with bread. The finest grade, jamón ibérico de bellota, is one of Spain's most prized products.

Tortilla Española
A thick potato and egg omelette, served warm or at room temperature, found in virtually every bar in Spain. Often eaten as a tapa or a quick meal.

Patatas Bravas
Fried potato chunks served with a spicy tomato sauce or aioli — one of the most common tapas across the country.

Pintxos
Small snacks anchored to slices of bread with a toothpick, the Basque Country's answer to tapas. Found in bar counters across San Sebastián and Bilbao, often with elaborate toppings.

Croquetas
Crispy breaded cylinders with a creamy béchamel filling, typically made with jamón, bacalà (salt cod), or mushrooms.

DRINKS

Rioja Wine · Vino de Rioja

Spain's best-known wine region produces full-bodied reds from Tempranillo grapes, aged in oak. The crianza, reserva, and gran reserva labels indicate increasing age and complexity.

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Safety & health

Benidorm is generally safe. Pickpocketing can happen in crowded areas and on the beach, so keep valuables close. Summer heat is strong, so wear sun protection and drink water. Take care in the sea when red flags are shown.

History

Benidorm was a small fishing village until the late 1950s. The mayor then allowed high-rise buildings and relaxed rules for beachwear, and the village grew into one of Europe's best-known beach resorts.

Today it has the most high-rise buildings per person in Europe, and it attracts visitors all year.

Country facts

Quick practical facts for Spain at a glance:

CURRENCY

EUR €

EMERGENCY

112

ELECTRICITY



Type C / Type F
230 V · 50 Hz

LANGUAGES

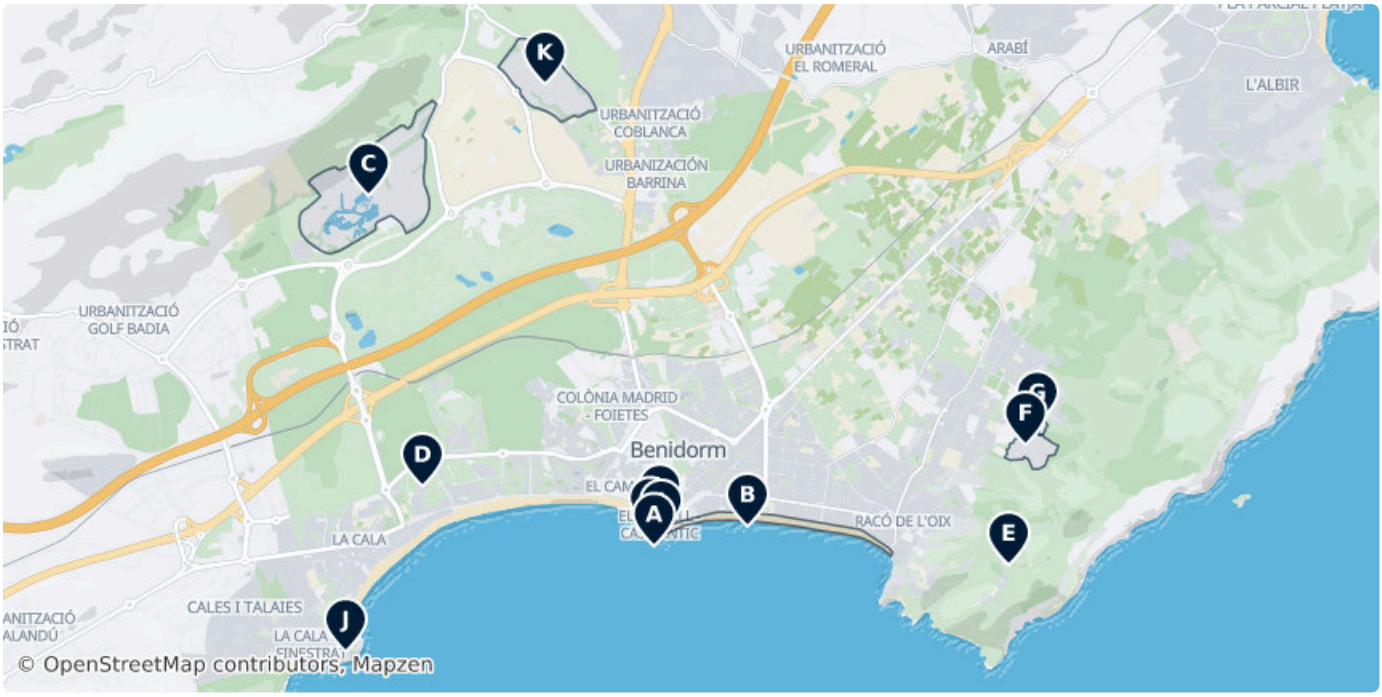
Spanish

TAP WATER

Safe to drink

Benidorm Essentials

Benidorm's landscape is defined by the 202-meter Intempo skyscraper and the sweeping Levante Beach. Beyond the modern high-rises, the city preserves its history at the Tossal de la Cala Roman fort and the narrow streets of the Old Town. Major attractions include the Terra Mítica theme park and Aqualandia water park. For views, the Mirador de la Cruz and Punta Canfali provide vantage points over the Mediterranean and the city's dense urban architecture.





A Punta Canfali

Rocky headland separating the Levante and Poniente beaches, home to the Balcón del Mediterráneo viewpoint and the remains of a 14th-century fortress.

2 Plaza del Castell, Benidorm 03501, Spain
(38.53318, -0.13146)

B Levante Beach

Two-kilometer stretch of golden sand featuring a wide promenade and a high concentration of seafront services.

Paseo Marítimo de Levante, 03506 Benidorm, Spain
(38.53473, -0.12210)



C Terra Mítica Theme Park

Terra Mítica is a theme park located in Benidorm, Comunitat Valenciana, Spain.

Partida Foia del Verdader, 03502 Benidorm, Spain
(38.56063, -0.16007)

terramiticapark.com, +34 902020220



D Intempo

Intempo is a 47-floor, 202-metre-high skyscraper building in Benidorm, Spain.

10A Avenida de México, Benidorm 03502, Spain
(38.53787, -0.15465)

E Mirador de la Cruz

Situated at the summit of the Sierra Helada, this viewpoint features a large cross erected in 1961 and offers panoramic views of the Benidorm skyline.

(38.53169, -0.09594)

F Aqualandia

Aqualandia is a water park, located in Benidorm, Costa Blanca, Spain. It is the sister park to the animal theme park Mundomar immediately...

Sierra Helada s/n - Rincon de Loix, 03503 Benidorm, Spain
(38.54111, -0.09426)

aqualandia.net



G Mundomar Animal Park

Mundomar is an animal theme park located in Benidorm, Costa Blanca, Spain.

Sierra Helada s/n, Rincon de Loix, 03503 Benidorm, Spain
(38.54272, -0.09307)

mundomar.es, +34 965 86 91 01



H Mal Pas Beach

A 120-meter sandy cove tucked between the harbor and the cliffs of Punta Canfali.

2 Plaza de la Senyoria, Benidorm 03501, Spain
(38.53442, -0.13184)

I Plaça de Sant Jaume

Historic square in the Old Town adjacent to the 18th-century Church of San Jaime and Santa Ana.

7 Calle del Metge Don Cosme Bayona, Benidorm 03501, Spain (38.53423, -0.13073)



J Castellum Romano

Ruins of a 1st-century BC Roman fort located on the Tossal de la Cala hill, featuring excavated defensive walls and room foundations.

1 Calle de Laredo, Benidorm 03502, Spain (38.52492, -0.16235)



K Terra Natura

Terra Natura are two zoo theme parks and aqua parks located near Benidorm and Murcia, in the Costa Blanca, Spain.

Partida Foia del Verdader 1, 03502 Benidorm (38.56934, -0.14239)

benidorm.terranatura.com, +34 966 07 27 70

L La Cava Aragonesa

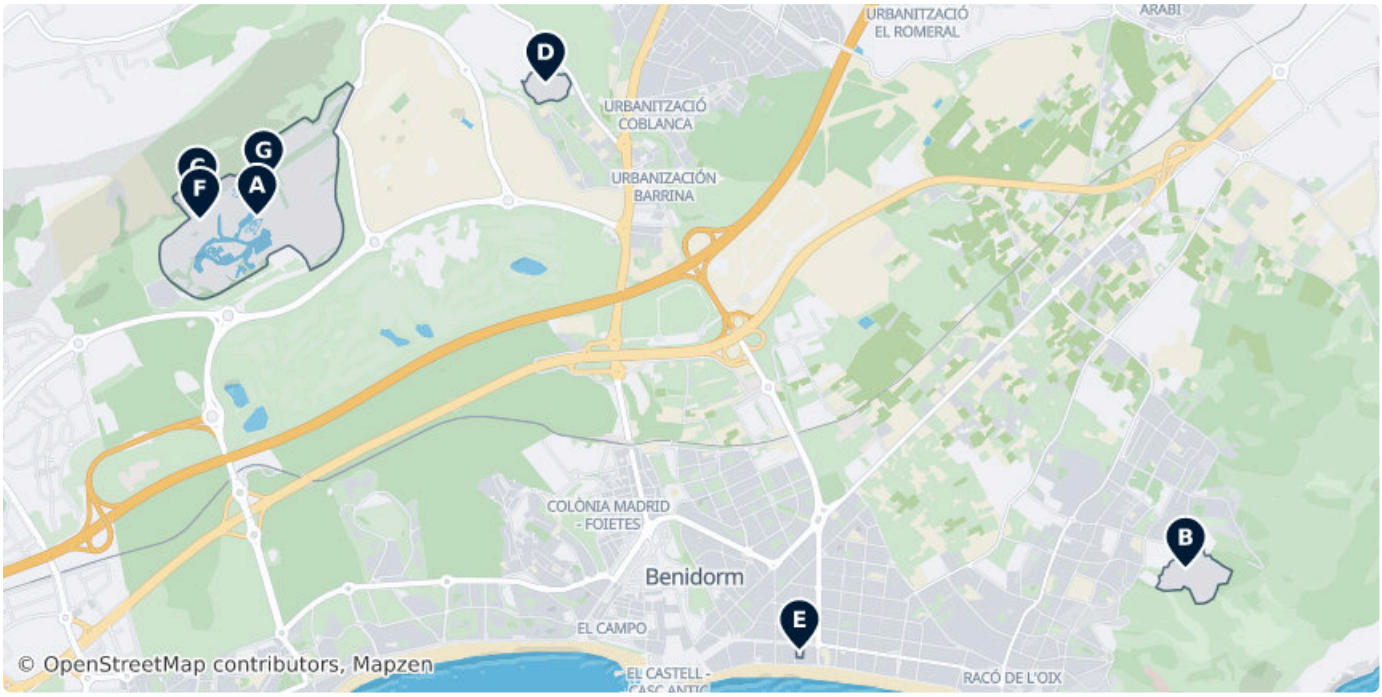
Traditional restaurant in the Old Town specializing in regional tapas and pinchos, featuring an extensive wine cellar.

Plaça de la Constitució, 03501 Benidorm, Spain (38.53545, -0.13087)

lacavaaragonesa.es, +34 96 680 12 06

Theme Parks & Attractions

Benidorm's entertainment landscape features a high concentration of large-scale theme parks and water attractions. Terra Mítica explores ancient Mediterranean civilizations through five themed zones: Egypt, Greece, Rome, Iberia, and the Islands. Nearby, Aqualandia hosts some of Europe's tallest water slides, including the Verti-Go. For families, Aqua Natura offers 40,000 square meters of aquatic facilities alongside sea lion encounters, while Festilandia provides central, urban-based rides for younger children. Thrill-seekers can find specialized rollercoasters like the wooden Magnus Colosus and the 360-degree spinning Inferno.





Ⓐ Terra Mítica Theme Park

Terra Mítica is a theme park located in Benidorm, Comunitat Valenciana, Spain.

Partida Foia del Verdader, 03502 Benidorm, Spain (38.56063, -0.16007)

terramiticapark.com, +34 902020220

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Sierra Helada s/n - Rincon de Loix, 03503 Benidorm, Spain (38.54111, -0.09426)

aqualandia.net



C Magnus Colosus

A double-track wooden rollercoaster located in the Rome area of Terra Mítica. Built by the Roller Coaster Corporation of America, it features a 36-meter drop and reaches speeds up to 92 kilometers per hour.

03502, Spain (38.56163, -0.16431)

D Aqua Natura

A 40,000-square-meter water park featuring wave pools, high-speed slides, and dedicated children's areas. It offers educational sea lion demonstrations and is situated adjacent to the Terra Natura animal park.

03502, Spain (38.56798, -0.13961)

E Festilandia

An urban amusement park located in central Benidorm, featuring classic fairground rides, arcade games, and attractions specifically designed for young children.

22 Avenida Periodista y Escritor Emilio Romero, Benidorm 03503, Spain (38.53655, -0.12163)

souldpark.com/nueva-apertura-en-benidorm-2021/

F Inferno

A ZacSpin fourth-dimension rollercoaster located in the Rome zone of Terra Mítica. The ride features 360-degree rotating seats that spin vertically as the car traverses a 142-meter zigzag track.

(Unnamed Road), 03502, Spain (38.56045, -0.16413)

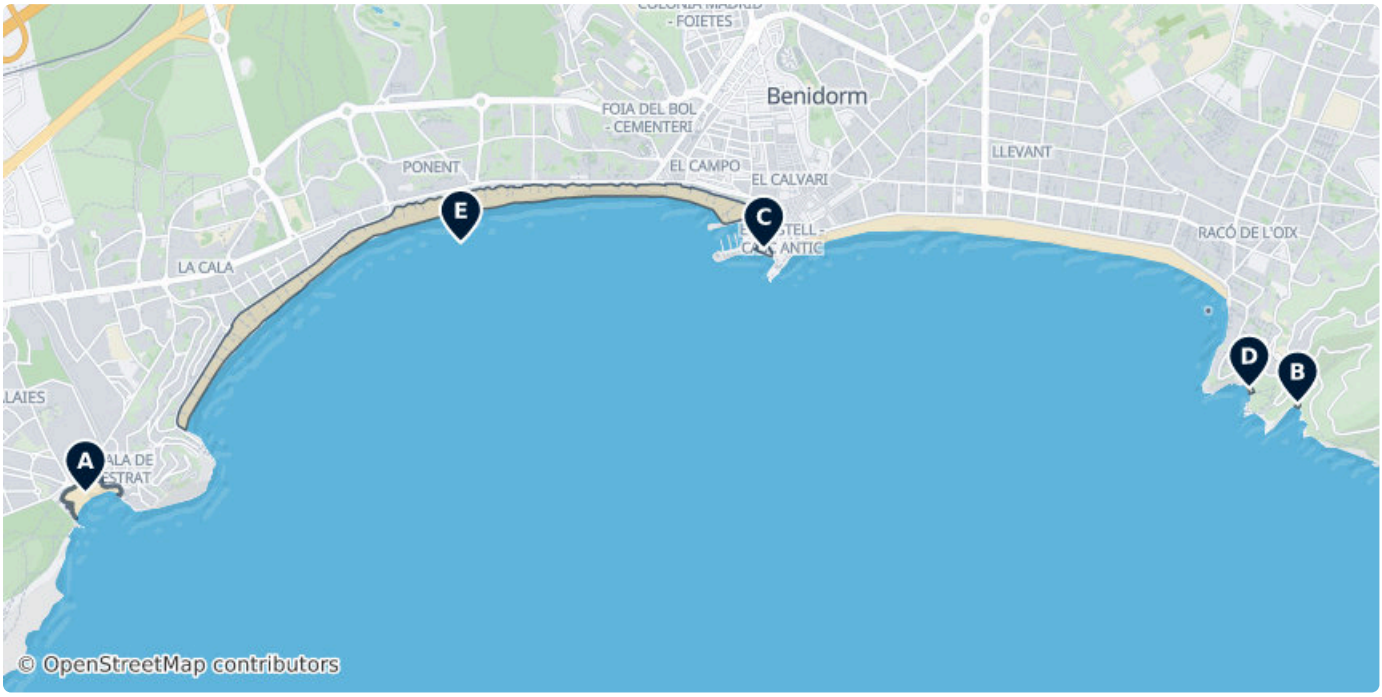
G Titanide

An inverted steel rollercoaster in the Greece area of Terra Mítica. The ride reaches speeds of 80 kilometers per hour and features five inversions, including two heartline rolls and a vertical loop.

(Unnamed Road), 03502, Spain (38.56254, -0.15960)

Best Beaches and Coves

Benidorm's coastline offers a contrast between expansive urban beaches and rugged natural coves. The three-kilometer Poniente Beach provides a wide sandy shore with a modern promenade, while the smaller Mal Pas Beach sits tucked beneath the Old Town's cliffs. To the east, the Sierra Helada Natural Park shelters Tio Ximo and Almadrava, two secluded coves characterized by rocky terrain and clear waters. Nearby, Cala de Finestrat serves as a distinct sandy bay separated from the main resort area by a rocky headland.





A Cala de Finestrat

A sandy bay located three kilometers from Benidorm's center. It is the only beach within the Finestrat municipality, bordered by a promenade and rocky headlands.

Calle Tramuntana, 03570, Spain (38.52445, -0.16729)

B Tio Ximo's Cove

A small, 60-meter-long cove at the base of the Sierra Helada cliffs. The shore consists of sand and rock, frequently used for snorkeling due to its clear waters and marine life.

Calle de las Dos Calas, Benidorm 03503, Spain (38.52810, -0.10396)



C Mal Pas Beach

A 120-meter sandy beach located between the port and the cliffs of the Canfali viewpoint. It separates the two main bays of Benidorm and is accessible via stairs from the Old Town.

2 Plaza de la Senyoria, Benidorm 03501, Spain (38.53442, -0.13184)



E Poniente Beach

Benidorm's longest beach, stretching over three kilometers from the Old Town to La Cala. This wide, sandy shore features a colorful, award-winning promenade designed by architect Carlos Ferrater.

Spain (38.53468, -0.14768)

D Almadrava Cove

A secluded 100-meter cove at the foot of the Sierra Helada. Featuring a mix of sand and rock, it is known for its calm waters and natural surroundings away from the urban center.

03503, Spain (38.52874, -0.10648)

DATA SOURCES

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