

Cambrils

Catalonia · Spain

TRAVEL GUIDE

Tripomatic



Overview

Cambrils is a coastal town in the province of Tarragona, on the Costa Dorada, about 15 km west of Tarragona. It has a long sandy coast, a working fishing harbour and an old town with a medieval gate. It is known as one of Catalonia's culinary destinations, with a high number of seafood restaurants.

It is a quieter and more local alternative to nearby Salou, with a marina, a promenade and the vineyards and hills of Camp de Tarragona behind.

When to visit

The beach season runs from June to September. July and August are the busiest and hottest. Spring and autumn are mild. The Festa Major de Sant Pere (late June) and the Cambrils Gastronomic Festival are the best-known events.

MONTH	CONDITIONS	DAY °C avg / max	NIGHT °C avg / min	
January	Fair Fair for sightseeing	13° / 18° Feels like 10°	5° / 1°	Dry air
February	Good Good for sightseeing	14° / 19° Feels like 11°	6° / 1°	Dry air
March	Good Good for sightseeing	17° / 22° Feels like 14°	8° / 4°	Dry air
April	Great Great for sightseeing	19° / 24°	10° / 7°	Dry air · Calm winds
May	Great Great for sightseeing	23° / 28°	14° / 10°	Dry air · Calm winds
June	Great Great for the beach	27° / 32°	18° / 14°	20 sunny days · Calm winds
July	Great Great for the beach	30° / 33°	21° / 17°	24 sunny days · Muggy, humid air · Calm winds
August	Great Great for the beach	30° / 34°	21° / 18°	21 sunny days · Muggy, humid air · Calm winds
September	Great Great for sightseeing	26° / 30°	18° / 14°	Humid air · Calm winds
October	Great Great for sightseeing	22° / 27°	15° / 10°	Calm winds
November	Good Good for sightseeing	17° / 22°	10° / 4°	Dry air
December	Good Good for sightseeing	14° / 18° Feels like 10°	6° / 2°	Dry air

Best months: April, May, June, July, September, October

Climate data: NASA POWER + Copernicus ERA5-Land and ERA5 · 1996–2025

Top sights

- The Portal del Carrer Major is a medieval gate in the old town.
- The Museu de la Torre is a museum in the old tower, with local history.
- The Molí de les Tres Eres is a historic mill and museum.
- The Parc Samà is a 19th-century garden in the hills, with ponds, caves and a labyrinth, a short drive from the town.
- The Vil·la romana de la Llosa is a Roman site near the beach.
- Beaches such as Regueral, Vilafortuny and La Llosa have fine sand and a promenade.
- The Port and the fishermen's quarter have restaurants by the harbour.
- The Castell Vilafortuny is a castle on the east side of the town.

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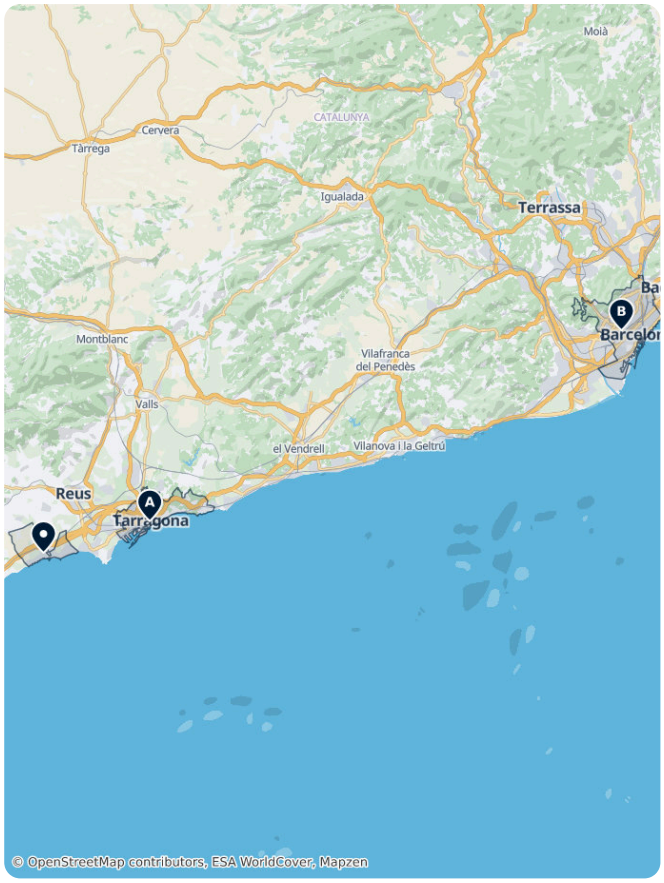
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What to experience

- Have a seafood meal by the harbour, where boats land the catch.
- Walk or cycle the coastal promenade.
- Visit the Parc Samà gardens.
- Take a trip to Tarragona or PortAventura.

Day trips

- Ⓐ Tarragona (about 15 km): a Roman city and UNESCO site.
- **Reus** (about 12 km): a town with Modernist buildings and a Gaudí centre.
- **PortAventura** (about 12 km): a theme park near Salou.
- **Priorat wine region** (about 40 km): vineyards and villages.
- Ⓑ Barcelona (about 110 km): the capital of Catalonia.



Where to explore

Other places nearby:

- **Catalonia**: Tarragona, Barcelona and Girona.

Getting there

- **By air**: Reus airport is about 10 km away. Barcelona airport is about 110 km.
- **By train**: Cambrils station is on the coastal line, with regional trains to Barcelona and Tarragona. Book on Renfe.
- **By bus**: Buses run from Tarragona, Reus and Barcelona.
- **By car**: The AP-7 and N-340.

Getting around

- **On foot**: The old town, the harbour and the promenade are all close together.
- **Cycling**: A cycling path runs along the coast.
- **Bus and taxi**: To reach outer beaches and Parc Samà.

Getting around on foot & by bike

WALKABILITY

High

The old town, harbour and promenade are close together and flat.

CYCLING INFRASTRUCTURE

High

A coastal path and flat terrain.

Driving

- **Is a car worth it?**: Optional. Helpful for the hills and the wine region.
- **Parking**: Paid parking in the center. Free parking is limited in summer.
- **Roads**: The AP-7 is a toll road.

Food & drink

Cambrils is famous for seafood. Try *arròs negre*, *suquet de peix* (fish stew), *cargols*, grilled prawns, *calçots* in season, and *romesco* sauce from Tarragona. The nearby Priorat and Montsant make strong red wines. Local olive oil is also well known.

What to eat & drink

BREAKFAST

Churros · Churros con Chocolate
Fried dough sticks served with a thick, dark hot chocolate for dipping — a classic Spanish breakfast or late-night snack.

LUNCH

Paella Valenciana
A saffron-scented rice dish cooked in a wide, shallow pan. The traditional Valencian version uses chicken, rabbit, and green beans — best eaten at midday.

Gazpacho
A cold, blended soup of raw tomatoes, cucumber, pepper, garlic, olive oil, and vinegar, originally from Andalusia. Served as a drink or a starter, especially in summer.

DINNER

Pulpo a la Gallega
Boiled octopus sliced onto a wooden board and dressed with olive oil, coarse salt, and smoked paprika — a signature dish of Galicia.

SNACKS & STREET FOOD

Jamón Ibérico
Dry-cured ham from acorn-fed Iberian pigs, sliced paper-thin and eaten on its own or with bread. The finest grade, jamón ibérico de bellota, is one of Spain's most prized products.

Tortilla Española
A thick potato and egg omelette, served warm or at room temperature, found in virtually every bar in Spain. Often eaten as a tapa or a quick meal.

Patatas Bravas
Fried potato chunks served with a spicy tomato sauce or aioli — one of the most common tapas across the country.

Pintxos
Small snacks anchored to slices of bread with a toothpick, the Basque Country's answer to tapas. Found in bar counters across San Sebastián and Bilbao, often with elaborate toppings.

Croquetas
Crispy breaded cylinders with a creamy béchamel filling, typically made with jamón, bacalà (salt cod), or mushrooms.

DRINKS

Rioja Wine · Vino de Rioja

Spain's best-known wine region produces full-bodied reds from Tempranillo grapes, aged in oak. The crianza, reserva, and gran reserva labels indicate increasing age and complexity.

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Safety & health

Cambrils is a safe town. Use sun protection in summer and check beach flags.

History

Cambrils grew around a medieval tower and walls, and was a fishing town for centuries. The Roman villa of La Llosa shows early settlement. In the 20th century, it developed as a beach resort, and today combines tourism with a working fishing fleet.

Country facts

Quick practical facts for Spain at a glance:

CURRENCY

EUR €

EMERGENCY

112

ELECTRICITY



Type C / Type F
230 V · 50 Hz

LANGUAGES

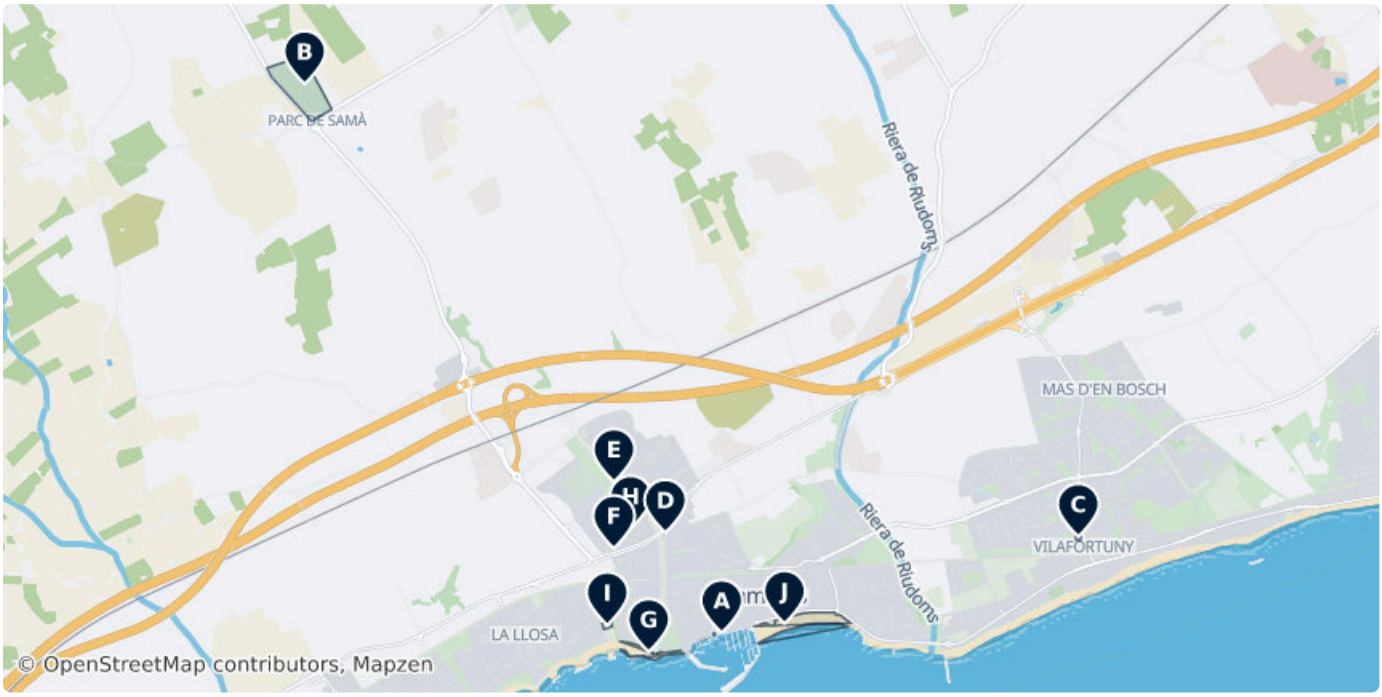
Spanish

TAP WATER

Safe to drink

Cambrils Essentials

Cambrils offers a blend of maritime tradition and historical landmarks along the Costa Daurada. This selection features the 14-hectare Parc Samà botanical gardens, the Roman ruins of Vil·la de la Llosa, and the defensive 12th-century Castell Vilafortuny. Visitors can explore the town's agricultural roots at the modernist Museu Agrícola or visit the Molí de les Tres Eres museum. The coastal experience is defined by the sandy stretches of Platja del Regueral and the symbolic "En la Pla de les Serenes" sculpture honoring the local fishing community.





Ⓐ En la Pla de les Serenes

A bronze sculpture group by David Callau Gené. It commemorates the "Year of the Fine" (1911), a tragic storm that claimed the lives of many local fishermen.

50 Carrer del Consolat de Mar, Cambrils 43850, Spain (41.06532, 1.06163)



Ⓑ Parc Samà

A 14-hectare Romantic-style historical garden and botanical park featuring a centralized lake with a canal, a waterfall, and a variety of Mediterranean and tropical plant species.

43850 (41.10546, 1.02114)

parcsama.es, +34 977 82 65 14

C Castell Vilafortuny

A 12th-century fortified structure originally built for coastal defense. The site includes a central tower and has been restored to serve as a venue for ceremonies.

11 Avinguda de Vilafortuny, Vilafortuny 43850, Spain (41.07236, 1.09625)



D Molí de les Tres Eres

A former hydraulic flour mill that now serves as the headquarters for the Cambrils History Museum, housing archaeological finds from the local Roman villa.

2 Avinguda del Baix Camp, Cambrils 43850, Spain (41.07265, 1.05617)

E Mercat a l'aire lliure

A weekly open-air market held on Wednesdays. It features stalls selling clothing, footwear, household goods, and local artisanal products throughout the streets of the old town.

Avinguda del Mil·lenari, 43850 Cambrils (41.07637, 1.05116)

We 08:30–14:00

F Mare de Déu del Camí

A sanctuary featuring Renaissance and Baroque styles. The complex includes an adjacent 14th-century watchtower that once protected the town from pirate attacks.

30 Carrer de la Verge del Camí, Cambrils 43850, Spain (41.07151, 1.05115)

G Platja de L'Horta de Santa María

A 360-meter stretch of golden sand located near the Roman ruins of La Llosa. It offers calm waters and includes a designated area for pets.

7 Passeig Marítim, Cambrils 43850, Spain (41.06394, 1.05454)

H Museu Agrícola de Cambrils

Housed in a modernist cooperative winery designed by Bernardí Martorell, this museum showcases traditional production processes of olive oil and wine.

Carrer del Sindicat 2, 43850 Cambrils (41.07295, 1.05278)

Mo–Sa 08:00–14:00, 17:00–19:00

coopcambrols.com, +34 977 369 511

I Vil·la romana de la Llosa

An archaeological site preserving the remains of a Roman villa inhabited between the 1st century BC and the 6th century AD, including residential rooms and a cemetery.

32 Carrer de Josep Iglésies, Cambrils 43850, Spain (41.06589, 1.05052)

visitmuseum.gencat.cat/fr/museu-d-historia-de-cambrils/...

J Platja del Regueral

The primary beach of Cambrils, spanning 1,200 meters. It is known for its fine golden sand, shallow waters, and central location near the port.

43850, Spain (41.06600, 1.06773)

DATA SOURCES

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IMAGE CREDITS

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- Parc Samà — "Parc Samà (Cambrils)" by MARIA ROSA FERRE, CC BY-SA 2.0
- Molí de les Tres Eres — "Detall de la bassa que fa funcionar el molí de les tres eres, seu principal del..." by Patian, CC BY-SA 4.0

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