

Denia

Valencian Community · Spain

TRAVEL GUIDE

Tripomatic



Overview

Dénia is a port town on the northern Costa Blanca, in the province of Alicante, below a castle on a rock and at the foot of the Montgó massif. It is a ferry port for the Balearic Islands, and it is known for its seafood, particularly the red prawn (*gamba roja*), and for its beaches.

UNESCO named Dénia a Creative City of Gastronomy in 2015. It is a relaxed place to spend several days, with a long sandy beach to the north and rocky coves to the south.

When to visit

Late spring and early autumn are the best times, with warm weather and calm seas. July and August are hot and crowded, with Spanish families on holiday. Winters are mild and quiet, though some beach businesses close.

The Bous a la Mar festival in July brings bulls to the harbour, and there are fireworks and festivals in other months.

MONTH	CONDITIONS	DAY °C avg / max	NIGHT °C avg / min	
January	Great Great for hiking	15° / 20° Feels like 11°	10° / 6°	Dry air
February	Great Great for hiking	15° / 19° Feels like 12°	10° / 6°	Dry air
March	Great Great for hiking	17° / 22° Feels like 14°	11° / 8°	Dry air
April	Great Great for hiking	19° / 22°	13° / 10°	Dry air
May	Great Great for sightseeing	22° / 26°	16° / 13°	21 sunny days
June	Great Great for sightseeing	26° / 30°	20° / 17°	24 sunny days · Humid air · UV 8 (Very high)
July	Great Great for the beach	29° / 32°	23° / 20°	26 sunny days · Muggy, humid air · UV 9 (Very high)
August	Great Great for watersports	29° / 32°	23° / 21°	23 sunny days · Muggy, humid air
September	Great Great for watersports	26° / 30°	21° / 18°	Muggy, humid air
October	Great Great for sightseeing	23° / 27°	18° / 14°	
November	Great Great for sightseeing	18° / 23°	14° / 9°	Dry air
December	Good Good for hiking	16° / 19° Feels like 12°	11° / 7°	Dry air

Best months: April, May, June, July, August, September, October, November

Climate data: NASA POWER + Copernicus ERA5-Land and ERA5 · 1996–2025

Top sights

- The Castell de Dénia is a fortress on a hill above the town, of Moorish origin, with a small archaeological museum and views of the port and the sea.
- The Museu de la Mar (Maritime Museum) tells the story of the town's links with the sea.
- The old town and the Carrer Loreto, the main street, have cafés and shops.
- The Montgó Natural Park is a limestone mountain with marked walking paths, to the south of the town.
- Les Marines is a long sandy beach north of the harbour, and Les Rotes is a rocky coast with coves to the south, good for snorkelling.
- The port has ferries and boat trips to the Balearic Islands and along the coast.

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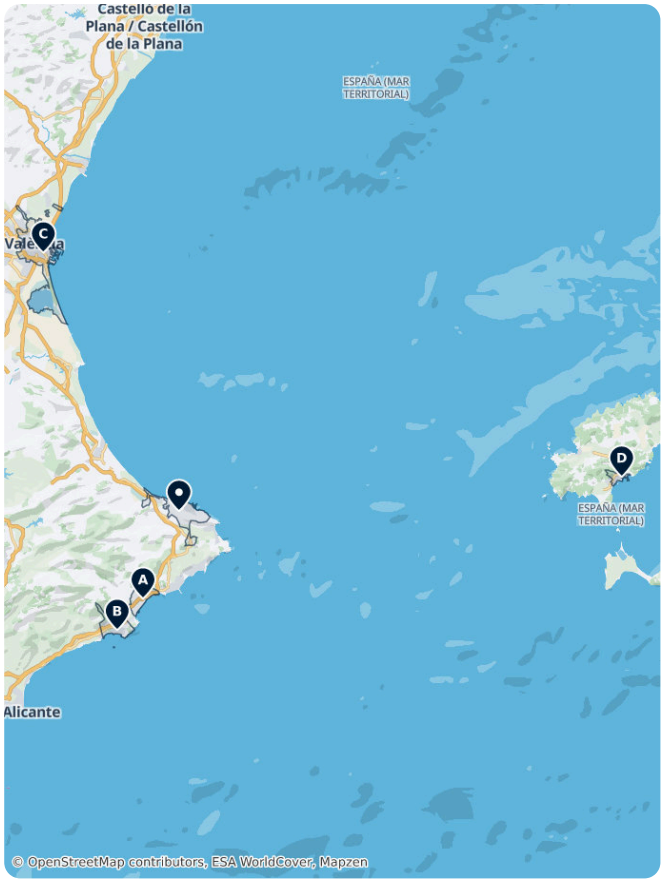
What to experience

- Eat red prawns and rice dishes at the port.
- Climb to the castle for the sunset view.
- Hike a trail in the Montgó Natural Park.
- Snorkel or kayak in the coves at Les Rotes.
- Take a day trip by ferry to Ibiza or Formentera.

Day trips

- **Jávea** (about 25 km): a coastal town with a historic center, a port and coves.
- A Altea (about 55 km): a white hilltop town above the sea.
- B Benidorm (about 60 km): a large beach resort.
- C Valencia (about 100 km): the third-largest city of Spain.
- D Ibiza (by ferry): the island of Ibiza.



Where to explore

Other places nearby:

- **Costa Blanca**: Altea, Benidorm and Alicante.
- **Nearby cities**: Valencia.
- **Islands**: Ibiza and Mallorca.

Getting there

- **By air**: Alicante-Elche airport is about 90 km away, and Valencia airport about 110 km.
- **By train**: A narrow-gauge tram-train (line L9) runs from Dénia to Benidorm and Alicante, and is slow but scenic.
- **By bus**: Buses run to Valencia, Alicante and Madrid.
- **By ferry**: Ferries run to Ibiza, Formentera and Mallorca, mostly in summer.

Getting around

- **On foot**: The port, old town and the beach near the harbour are flat and easy to walk.
- **Bus**: Local buses reach Les Rotes and Les Marines.
- **Bike**: Flat in town, and with paths along the coast.

Getting around on foot & by bike

WALKABILITY

High

The port, old town and beach near the harbour are flat and easy to walk.

CYCLING INFRASTRUCTURE

Moderate

Flat in town, with some paths along the coast.

Driving

- **Is a car worth it?**: Useful for Jávea, the coves and the mountains. The town itself is easy on foot.
- **Parking**: Paid and free car parks are available around the port. It is crowded in summer.
- **Roads**: The AP-7 motorway and the N-332 run past.

Food & drink

Dénia is known for its *gamba roja* (red prawns), caught offshore and served simply boiled or grilled. Also look for rice dishes such as *arroz a banda* (rice cooked in fish stock), *arroz al horno* and *suquet de peix* (fish stew), and fresh fish at the port.

UNESCO named Dénia a Creative City of Gastronomy.

What to eat & drink

BREAKFAST

Churros · Churros con Chocolate
Fried dough sticks served with a thick, dark hot chocolate for dipping — a classic Spanish breakfast or late-night snack.

LUNCH

Paella Valenciana
A saffron-scented rice dish cooked in a wide, shallow pan. The traditional Valencian version uses chicken, rabbit, and green beans — best eaten at midday.

Gazpacho
A cold, blended soup of raw tomatoes, cucumber, pepper, garlic, olive oil, and vinegar, originally from Andalusia. Served as a drink or a starter, especially in summer.

DINNER

Pulpo a la Gallega
Boiled octopus sliced onto a wooden board and dressed with olive oil, coarse salt, and smoked paprika — a signature dish of Galicia.

SNACKS & STREET FOOD

Jamón Ibérico
Dry-cured ham from acorn-fed Iberian pigs, sliced paper-thin and eaten on its own or with bread. The finest grade, jamón ibérico de bellota, is one of Spain's most prized products.

Tortilla Española
A thick potato and egg omelette, served warm or at room temperature, found in virtually every bar in Spain. Often eaten as a tapa or a quick meal.

Patatas Bravas
Fried potato chunks served with a spicy tomato sauce or aioli — one of the most common tapas across the country.

Pintxos
Small snacks anchored to slices of bread with a toothpick, the Basque Country's answer to tapas. Found in bar counters across San Sebastián and Bilbao, often with elaborate toppings.

Croquetas
Crispy breaded cylinders with a creamy béchamel filling, typically made with jamón, bacalà (salt cod), or mushrooms.

DRINKS

Rioja Wine · Vino de Rioja

Spain's best-known wine region produces full-bodied reds from Tempranillo grapes, aged in oak. The crianza, reserva, and gran reserva labels indicate increasing age and complexity.

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Safety & health

Dénia is a safe town. In summer, use sun protection and drink water. Check the sea conditions before swimming, and take care on rocky coves. On Montgó, bring water and avoid walking in the midday heat.

History

Dénia was founded by the Greeks and became the Roman town of Dianium. It was an important Moorish city and the capital of a taifa kingdom in the 11th century, when its castle and port were developed.

It later became a fishing and raisin-trading port. Tourism developed in the 20th century, and in 2015 UNESCO recognised its food culture.

Country facts

Quick practical facts for Spain at a glance:

CURRENCY

EUR €

EMERGENCY

112

ELECTRICITY



Type C / Type F
230 V · 50 Hz

LANGUAGES

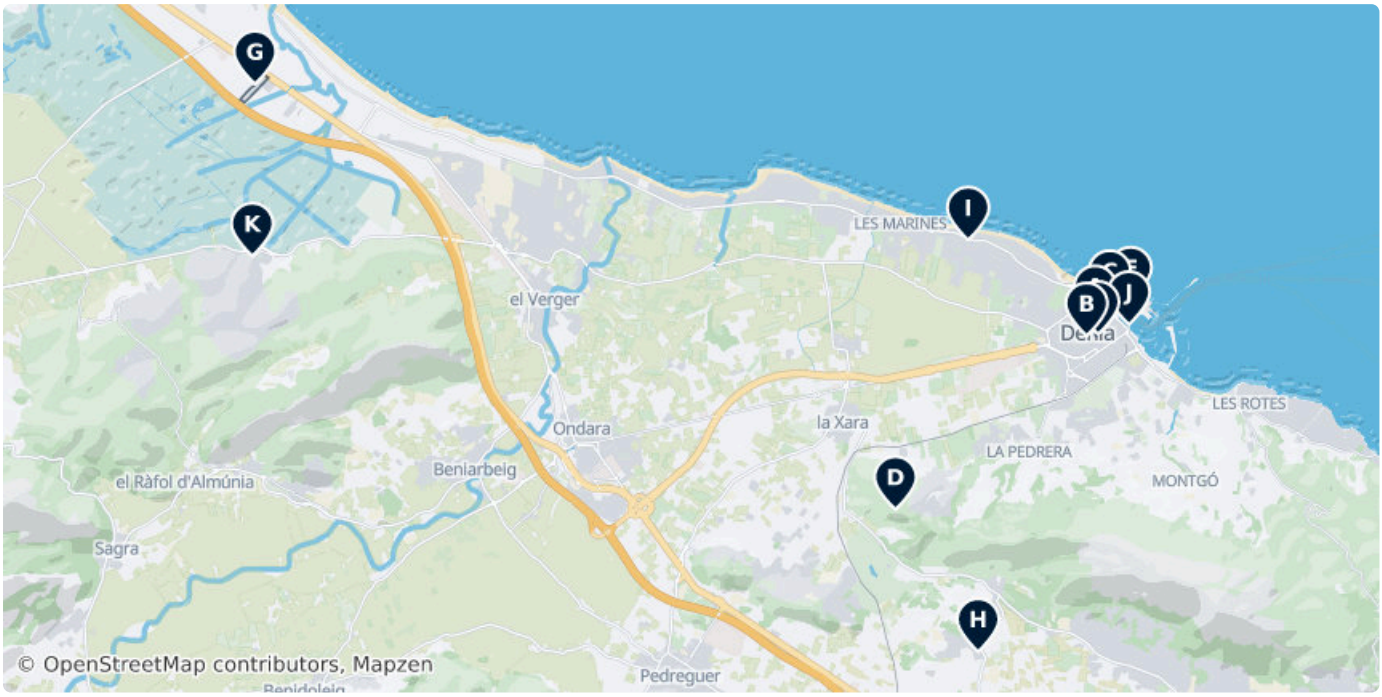
Spanish

TAP WATER

Safe to drink

Dénia's Absolute Essentials

Dénia blends its maritime heritage with deep historical roots. The city is anchored by its 11th-century castle and the ancient Iberian ruins of Alt de Benimaquia. Culinary highlights range from the traditional Mercat Municipal to the three-Michelin-starred innovation of Quique Dacosta. The port serves as a gateway to the Balearic Islands, while local museums and seasonal craft markets showcase the region's 19th-century raisin trade and contemporary craftsmanship.





A Castell de Dénia

Built between the 11th and 12th centuries during the Islamic period, this fortress sits on a hill overlooking the harbor. It contains Roman architectural remains and houses the Palau del Governador, which now serves as the Archaeological Museum.

Dénia 03700, Spain (38.84295, 0.10748)

denia.net/castell-de-denia-y-museu-arq... , +34 96 642 06 56

B Museu Etnològic de Dénia

Located in a 19th-century bourgeois house, this museum documents the city's economic peak during the raisin trade. Exhibits showcase traditional clothing, tools, and the daily life of Dénia's former merchant class.

Carrer dels Cavallers 1, 03700 Dénia (38.84061, 0.10598)

Tu–Sa	10:30–13:00, 16:00–19:00
Su	16:00–19:00

+34 966 42 06 56

C Hippies

A seasonal open-air market located near the waterfront. It features stalls selling handmade jewelry, leather goods, textiles, and local crafts, typically operating during evening hours in the summer months.

(38.84505, 0.11005)



D Jaciment Arqueològic de l'Alt de Benimaquia

An Iberian archaeological site dating back to the 7th century BC. It is recognized as one of the earliest locations for wine production in the western Mediterranean, featuring ancient fortifications and stone structures.

03700, Spain (38.81678, 0.07229)



E Baleària Port

A modern maritime station providing ferry connections to Ibiza, Mallorca, and Formentera. The complex includes a shopping area, restaurants, and views of the marina and Dénia Castle.

(Unnamed Road), 03700, Spain (38.84551, 0.11376)

balearíaport.com

F Mercat Municipal de Dénia

An indoor municipal market offering fresh seafood from the local fish market, seasonal fruits, vegetables, and regional meats. It is a central hub for Dénia's UNESCO Gastronomic City status.

Carrer Magallanes, 03700 Dénia (38.84083, 0.10801)

Mo–Sa 07:00–14:00

G Vives Park

A family-oriented garden center and park featuring life-sized dinosaur replicas and a children's play area.

Carretera de Cartagena a Valencia, Oliva
(38.87513, -0.04056)

Mo–Su 10:30–21:00

vivespark.es, +34 686 18 31 58



H La Tasca de Jesús Pobre

Traditional restaurant located in the nearby village of Jesús Pobre, specializing in authentic regional Spanish tapas and local dishes.

2 Calle de las Partelles, Jesús Pobre 03749, Spain
(38.79726, 0.08686)

I Quique Dacosta Restaurant

A three-Michelin-starred establishment led by chef Quique Dacosta. The restaurant focuses on avant-garde Mediterranean cuisine, highlighting local ingredients like the Dénia red prawn and innovative rice dishes.

Carrer de la Rascassa, 03700 Dénia, Spain
(38.85374, 0.08510)

quiquedacosta.es, +34 965 78 41 79



J Mundo Marino Dénia

Maritime operator providing catamaran tours, sunset cruises, and coastal excursions along the Costa Blanca departing from Dénia's harbor.

03700 Dénia (38.84217, 0.11345)

mundomarino.es, +34966423066

K Restaurante Monte Pego (closed)

Regional restaurant situated in the Monte Pego area, formerly known for its Mediterranean menu and panoramic views. Currently closed.

Avenida del Pego, Les Deveses 03789, Spain
(38.85155, -0.04106)

DATA SOURCES

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