

Espinho

Aveiro District · Portugal

TRAVEL GUIDE

Tripomatic



Overview

Espinho is a seaside town south of Porto. It has a long sandy beach, a grid of straight streets and a casino. Surf, cold Atlantic water and a lively seafront walk are the main draws.

It is an easy beach day from Porto, and it has a local feel with fewer tourists than the coast further south.

When to visit

June to September is the best time for the beach, but the Atlantic water is cold all year. Wind and fog are common. Spring and autumn are good for walks along the seafront.

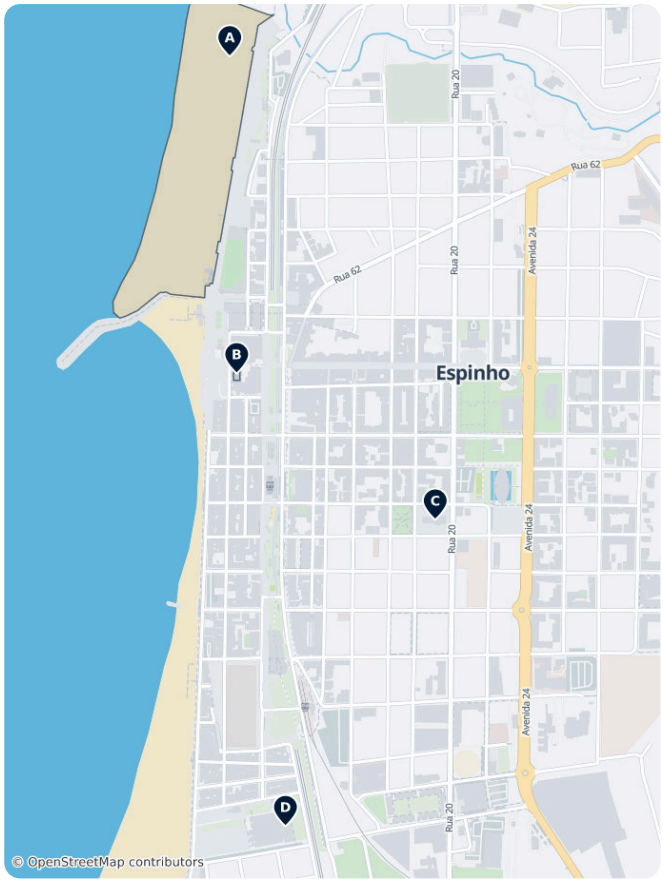
MONTH	CONDITIONS	DAY °C avg / max	NIGHT °C avg / min	
January	Poor Poor for watersports	14° / 17° Feels like 10°	7° / 1°	13 rainy days · Dry air
February	Poor Poor for watersports	15° / 19° Feels like 12°	7° / 2°	Dry air
March	Poor Poor for watersports	17° / 23°	8° / 4°	Dry air
April	Poor Poor for watersports	18° / 25°	10° / 6°	Dry air
May	Fair Fair for watersports	21° / 29°	13° / 9°	Dry air
June	Good Good for watersports	24° / 32°	15° / 12°	
July	Great Great for watersports	26° / 34°	17° / 14°	22 sunny days · Humid air
August	Great Great for watersports	27° / 34°	17° / 14°	23 sunny days · Humid air · Calm winds
September	Great Great for watersports	25° / 32°	16° / 13°	Calm winds
October	Poor Poor for watersports	21° / 28°	14° / 9°	14 rainy days · Calm winds
November	Poor Poor for watersports	16° / 21°	10° / 5°	13 rainy days · Dry air
December	Poor Poor for watersports	14° / 17° Feels like 11°	8° / 2°	13 rainy days · Dry air

Best months: May, June, July, August, September

Climate data: NASA POWER + Copernicus ERA5-Land · 1996–2025

Top sights

- A Praia de Espinho is the main beach, a wide stretch of sand beside the town centre.
- B Bingo - Casino Espinho is the town casino, on the seafront.
- C Igreja de Nossa Senhora da Ajuda is the main church in the town centre.
- D Museu Municipal de Espinho is the local museum.



Espinho – Plan Your Trip

Turn the places from this guide into a real itinerary, with smart routing, time estimates, and everything you need for a perfect trip.

3M+ downloads · 4.6 stars · 15 years of trip planning

App Store · Google Play

Scan to download the app

Getting there

- **From Porto**: Metro do Porto line E and regional trains reach Espinho in about 30 to 45 minutes. By car it is about 20 to 25 minutes.
- **On foot**: The centre and the seafront are flat and easy to walk.
- **Nearby**: Porto is the nearest large city.

Country facts

Quick practical facts for Portugal at a glance:

CURRENCY

EUR €

EMERGENCY

112

ELECTRICITY



Type C / Type F
230 V · 50 Hz

LANGUAGES

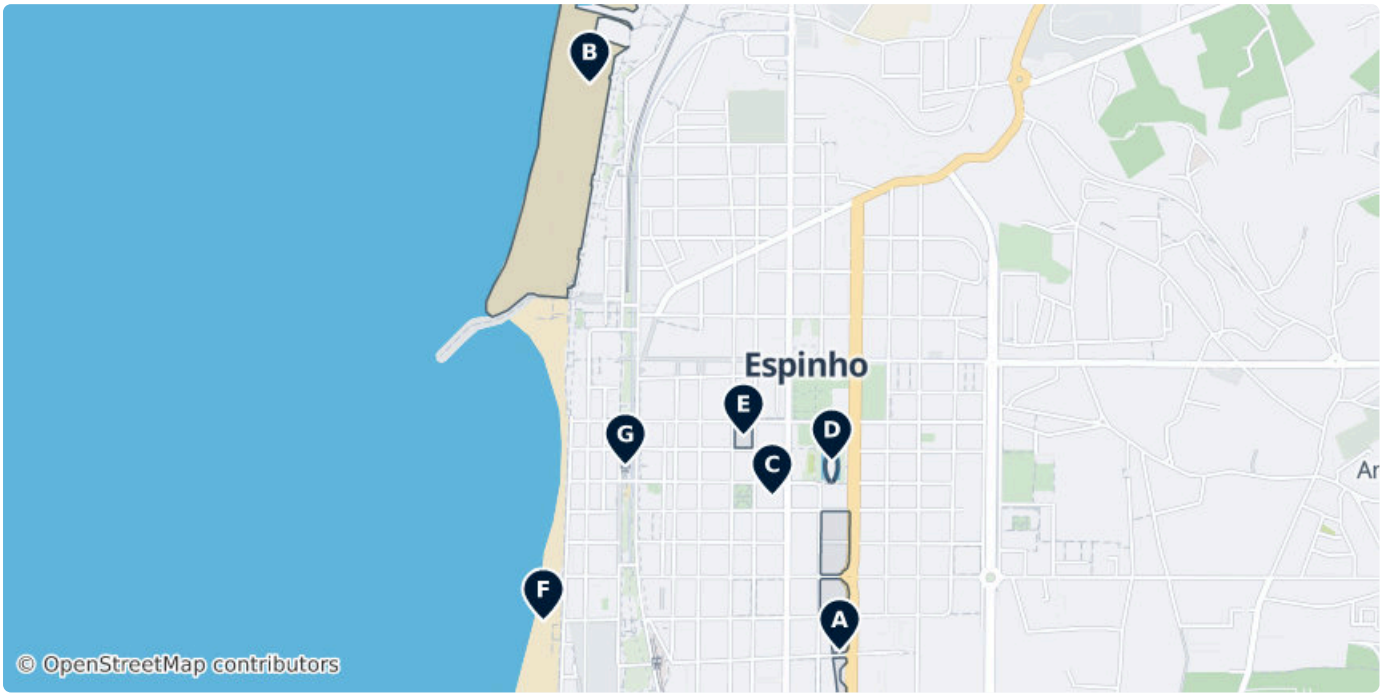
Portuguese

TAP WATER

Safe to drink

Espinho Essentials

Espinho is defined by its extensive coastline and deep-rooted traditions. The town hosts one of Portugal's largest weekly markets every Monday, selling everything from local produce to textiles. Its architectural landscape includes the early 20th-century Igreja de Nossa Senhora da Ajuda and the modern Centro Multimeios, which features a planetarium. The central railway station provides direct links to Porto, while the beaches, such as Praia 37 and the main town beach, are known for their Atlantic surf and golden sands.



A Feira Semanal de Espinho

One of the largest traditional markets in Portugal, held every Monday. It spans several streets, offering local agricultural products, clothing, crafts, and traditional snacks.

(41.00241, -8.63846)

Mo 07:00–19:00

portal.cm-espinho.pt/pt/viver/municipes/feiras-e-mercad...

B Praia de Espinho

A wide, sandy beach central to the town, characterized by its Atlantic surf and proximity to the seaside promenade and local restaurants.

(41.01427, -8.64538)



C Igreja de Nossa Senhora da Ajuda

The primary Catholic church in Espinho, built in a Neo-Romanesque style during the early 20th century to replace a chapel lost to sea erosion.

466 Rua 29, Espinho 4500098, Portugal
(41.00565, -8.64033)

D Centro Multimeios de Espinho

A cultural venue designed by architect Nuno Lacerda Lopes, housing a planetarium, a cinema, and various exhibition spaces.

Avenida 24 800, 4500-202 Espinho (41.00638, -8.63867)

Tu–We	10:00–18:00
Th–Fr	10:00–18:00, 21:00–22:00
Sa–Su	15:00–19:00, 21:00–22:00

multimeios.pt, +351 227 331 190

E Mercado Municipal de Espinho

An indoor market specializing in fresh fish caught by local fleets, alongside regional vegetables, fruits, and meats.

(41.00691, -8.64112)

Mo–Fr	08:00–19:00
Sa	07:00–13:00

portal.cm-espinho.pt/pt/viver/municipes/feiras-e-mercad...

F Praia 37

A popular surfing beach located at the southern end of the town's main coastal stretch, known for its consistent waves and wooden walkways.

(41.00304, -8.64667)



G Espinho

A major stop on the Linha do Norte railway, featuring a modern underground station that connects the town directly to Porto and Aveiro.

806 Avenida 8, Espinho 4500207, Portugal
(41.00629, -8.64439)

DATA SOURCES

Map data	© OpenStreetMap contributors, ESA WorldCover, Mapzen
Data	© OpenStreetMap contributors, Wikipedia, Tripomatic, Official websites

IMAGE CREDITS

- Igreja de Nossa Senhora da Ajuda — "Igreja Matriz de Espinho" by Igreja_Matriz_de_Espinho.JPG, CC BY 3.0
- Espinho — "Seen passing through Espinho on the main Lisboa to Porto line is 2556 on a..." by Phil Richards, CC BY-SA 2.0

A free travel guide — not for sale. Travel guide generated with AI on November 28, 2026. Text and layout by Tripomatic, licensed under CC BY-SA 4.0. Map data © OpenStreetMap contributors, available under the ODbL. Photos are under their own licences, as credited on this page.