

Mürren

Lauterbrunnen · Switzerland

TRAVEL GUIDE

Tripomatic



Overview

Mürren is a small car-free village on a cliff terrace high above the Lauterbrunnen valley. From the edge you see the Eiger, Mönch and Jungfrau across the valley. It has only a few hundred residents.

The village is a calm base for hiking and skiing. Above it rises the Schilthorn, a mountain with a revolving restaurant that appeared in a 1969 James Bond film.

When to visit

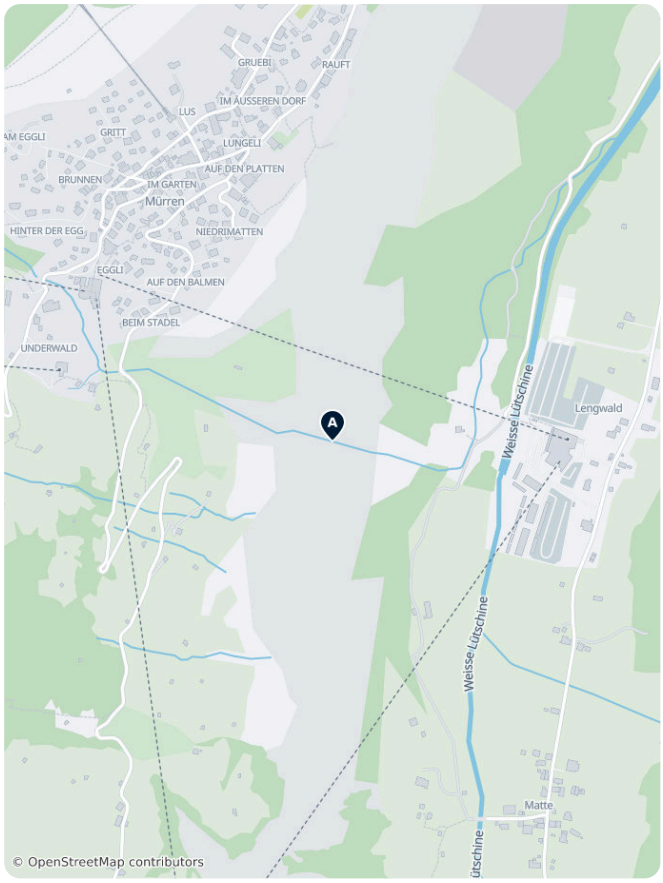
June to September is the best time for hiking and for the Schilthorn. July and August are busiest. Winter from December to March is the ski season. Spring and late autumn are quiet, and some lifts and hotels close for a few weeks. Mountain weather changes fast, and clouds can hide the views.

MONTH	CONDITIONS	DAY °C avg / max	NIGHT °C avg / min	
January	Great Great for skiing	-2° / 3° Feels like -7°	-10° / -17°	14 rainy days · Dry air · Calm winds
February	Great Great for skiing	-1° / 4° Feels like -6°	-10° / -18°	12 rainy days · Dry air · Calm winds
March	Good Good for skiing	1° / 7° Feels like -3°	-6° / -15°	15 rainy days · Dry air · Calm winds
April	Fair Fair for skiing	6° / 12° Feels like 2°	-2° / -10°	16 rainy days · Dry air · Calm winds
May	Poor Poor for hiking	11° / 18°	3° / -3°	21 rainy days · Dry air · Calm winds
June	Fair Fair for sightseeing	16° / 22°	7° / 2°	20 rainy days · Dry air · Calm winds
July	Good Good for sightseeing	18° / 23°	9° / 3°	19 rainy days · Dry air · Calm winds
August	Fair Fair for sightseeing	18° / 24°	9° / 3°	18 rainy days · Dry air · Calm winds
September	Good Good for hiking	14° / 20°	5° / -1°	15 rainy days · Dry air · Calm winds
October	Poor Poor for hiking	10° / 16° Feels like 7°	2° / -4°	15 rainy days · Dry air · Calm winds
November	Good Good for skiing	3° / 10° Feels like -1°	-4° / -14°	16 rainy days · Dry air · Calm winds
December	Great Great for skiing	-1° / 4° Feels like -6°	-9° / -17°	15 rainy days · Dry air · Calm winds

Climate data: NASA POWER (MERRA-2) · 1996–2025

Top sights

- The Schilthorn is reached by cable car and has views over the Bernese Alps. The summit restaurant is called Piz Gloria.
- A Mürrenbachfall is a waterfall near the village.
- The cliff-edge path in the village has the main views of the Eiger, Mönch and Jungfrau.
- Gimmelwald is a small village just below Mürren and can be reached on foot or by cable car.



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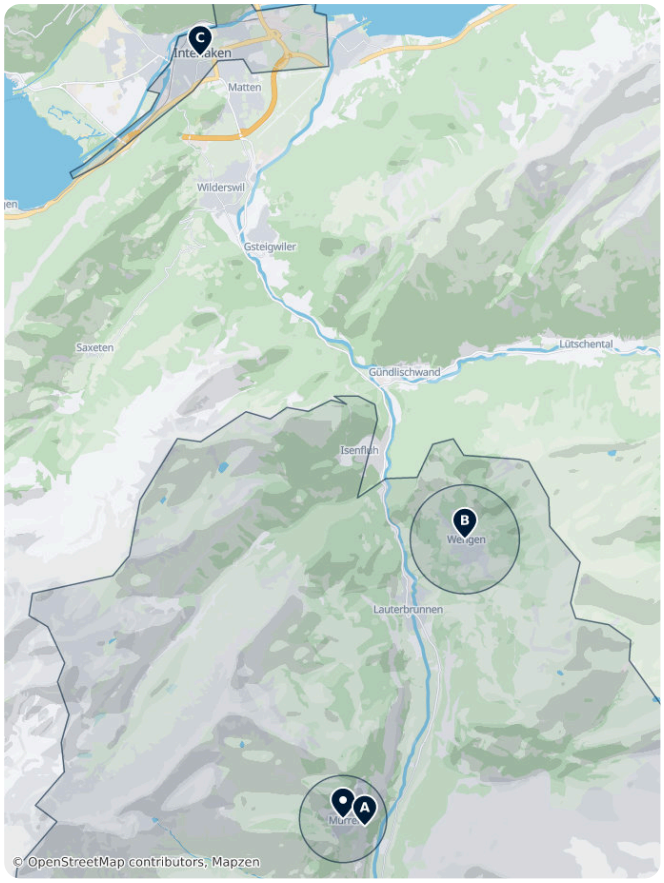
What to experience

- Ride the cable car up the Schilthorn for views.
- Walk the cliff-edge path to Gimmelwald and the valley.
- Ski or snowboard in winter on the Mürren slopes.
- Watch the sunset on the Jungfrau from the village terraces.
- The Inferno race is a mass ski race held every January.

Day trips

- A Lauterbrunnen lies in the valley below, with waterfalls and the cable car station.
- B Wengen is a car-free village on the other side of the valley.
- C Interlaken is the main town of the region, about 45 minutes away.



Where to explore

- Lauterbrunnen is the valley below and the gateway to Mürren.
- Wengen is the neighbouring resort village.

Getting there

- By train: go to Lauterbrunnen. Trains from Interlaken take about 20 minutes. Check times on SBB.
- From Lauterbrunnen, take the cable car to Grütschalp and then a small train to Mürren.
- You can also reach Mürren by the Schilthorn cable car from Stechelberg, with a stop at Gimmelwald.
- Zurich and Geneva are the main airports.

Getting around

- Mürren has no cars, and the village is small enough to cross on foot in about 15 minutes.
- The Schilthorn cable car leaves from the village.
- Paths lead along the cliff edge to nearby villages.
- Luggage can be sent ahead by the hotel from Lauterbrunnen.

Getting around on foot & by bike

WALKABILITY

High

The village is small and car-free. Paths are mostly flat along the cliff edge, with steep sections to the valley.

CYCLING INFRASTRUCTURE

Low

Cars are banned and the paths are narrow and steep. Cycling is not practical.

Driving

- Cars cannot enter Mürren.
- Park at the cable car base station in Stechelberg or at Lauterbrunnen.
- Check the car park cost and the cable car times before you go.

Food & drink

Try rösti, cheese fondue and raclette in the mountain restaurants. Hotels and restaurants are small and prices are high. Many places close in the quiet seasons.

The local dialect is Swiss German. English is widely understood.

What to eat & drink

BREAKFAST

Birchermüesli
A raw-oat, fruit, and yogurt breakfast invented by a Zurich doctor around 1900, now standard on breakfast buffets.

LUNCH

Rösti
A fried, shredded-potato cake, originally a Bernese farmer's breakfast, now a national side dish.

DINNER

Cheese Fondue · Fondue
Melted Gruyère and Vacherin cheese in a shared pot, eaten by dipping bread cubes on long forks.

Raclette
Cheese melted tableside or under a grill and scraped over boiled potatoes, pickles, and onions.

Zürcher Geschnetzeltes
Sliced veal and mushrooms in a creamy white-wine sauce, traditionally served with rösti.

Älplermagronen
Alpine herder's macaroni gratin with potatoes, cheese, and cream, often topped with fried onions and served with apple sauce.

SNACKS & STREET FOOD

Cervelat
Switzerland's best-known sausage, usually grilled and often called the country's unofficial national dish.

SWEETS & DESSERTS

Swiss Chocolate · Schweizer Schokolade
Switzerland pioneered milk chocolate in the 19th century; look for small-batch chocolatiers alongside the big national brands.

Basler Läckerli
A dense, spiced honey-and-candied-fruit biscuit from Basel, traditional around Christmas.

DRINKS

Swiss Wine · Vin Suisse
Mostly consumed domestically rather than exported; Valais and Vaud, along Lake Geneva, produce the best-known Chasselas whites.

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Safety & health

- Mürren is very safe.
- Mountain weather changes fast. Check the forecast before a hike.
- The cliff-edge paths have steep drops. Keep children close.
- Altitude at the Schilthorn is about 2,970 metres. Some people feel dizzy or tired.

History

Mürren began as a farming village. In the 19th century visitors came for the views, and a mountain railway arrived in 1891. The village became a winter sports resort in the early 20th century.

The Inferno race began here in 1928. In 1969 the Schilthorn summit restaurant was used in a James Bond film.

Country facts

Quick practical facts for Switzerland at a glance:

CURRENCY
CHF CHF

EMERGENCY
112

ELECTRICITY



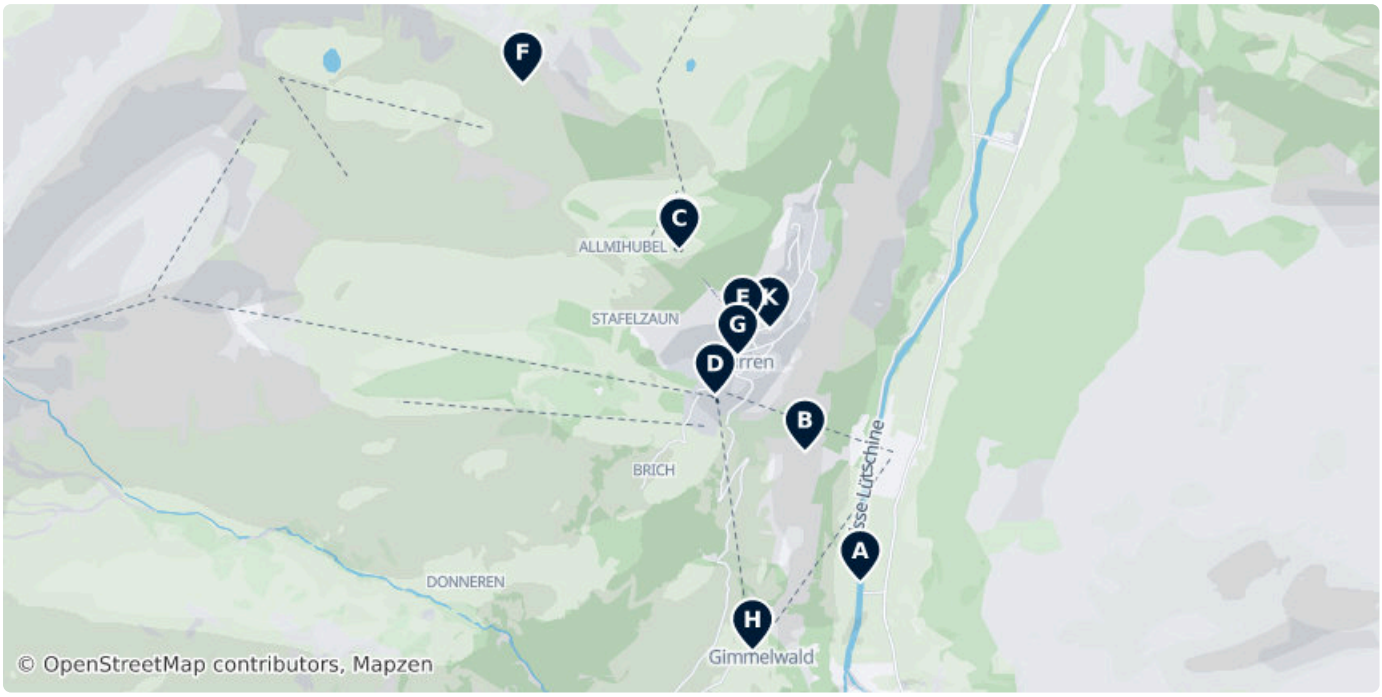
Type C / Type J
230 V · 50 Hz

LANGUAGES
German, French, Italian, Romansh

TAP WATER
Safe to drink

Mürren's Unmissable Alpine Wonders

Mürren is a car-free village in the Bernese Oberland, situated 1,650 meters above the Lauterbrunnen Valley. This selection covers essential landmarks, including the 417-meter Mürrenbachfall and the Allmendhubel funicular. Explore the Eiger Trail's proximity to the Eiger North Face or the Mürren-Schilthorn ski region's 54 kilometers of slopes. From the traditional timber architecture of Gimmelwald to the high-altitude Flower Trail, these locations showcase the region's alpine heritage and its direct views of the Eiger, Mönch, and Jungfrau massifs.





A Stechelberg

Stechelberg is a small village in Switzerland located at the base of the Schwarzmönch mountain in the Bernese Alps, part of the district of...

317G Matte, 3824, Switzerland (46.55000, 7.90000)

stechelberg.ch, +41 33 855 10 32



B Mürrenbachfall

One of Switzerland's highest waterfalls, cascading 417 meters down the rock faces of the Lauterbrunnen Valley in five distinct stages.

3825, Switzerland (46.55542, 7.89666)



C The Eiger Trail

A beautiful walking trail from which you can see the challenging North Face of Eiger Mountain. Enjoy the beautiful pastures and meadows, too.

3825, Switzerland (46.56383, 7.88905)



D Mürren

Central transport hub for the car-free village, providing cable car connections to the Lauterbrunnen Valley floor and the Schilthorn summit.

954D Eggli, Mürren 3825, Switzerland (46.55778, 7.89122)



E Allmendhubel Funicular Railway

Seilbahn Mürren-Allmendhubel, also Allmendhubelbahn, is a funicular in Bernese Oberland in Switzerland.

1050C Lus, Mürren 3825, Switzerland (46.56053, 7.89290)

F Mürren/Schilthorn

High-altitude winter sports area featuring 54 kilometers of slopes, including the steep Inferno run and panoramic views of the Bernese Alps.

3825, Switzerland (46.57072, 7.87958)

schilthorn.ch

G Mürren-Schilthorn Resort

A popular ski region with perfect snow conditions and more than 54 km of well-prepared pistes. Enjoy the romantic views of the area, too.

1009 Auf dem Bühl, Mürren 3825, Switzerland (46.55941, 7.89259)

H Gimmelwald

A traditional, car-free farming village located on a cliff edge, characterized by its preserved timber chalets and mountain views.

756A Chilchstatt, Gimmelwald 3826, Switzerland (46.54713, 7.89348)

I Allmendhubel

A mountain peak at 1,907 meters reachable via funicular, home to the Flower Trail which features over 150 species of alpine plants.

(46.56391, 7.88903)

J Panorama Restaurant Allmendhubel

Alpine restaurant at 1,907 meters offering Swiss cuisine and a sun terrace with direct views of the Eiger, Mönch, and Jungfrau.

(46.56391, 7.88903)

schilthorn.ch/de/Info/Allmendhubel_19... , +41 33 855 25 12

K Marienkapelle

A small Catholic chapel in the village of Mürren, featuring traditional mountain architecture and serving the local community.

(46.56055, 7.89452)

DATA SOURCES

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