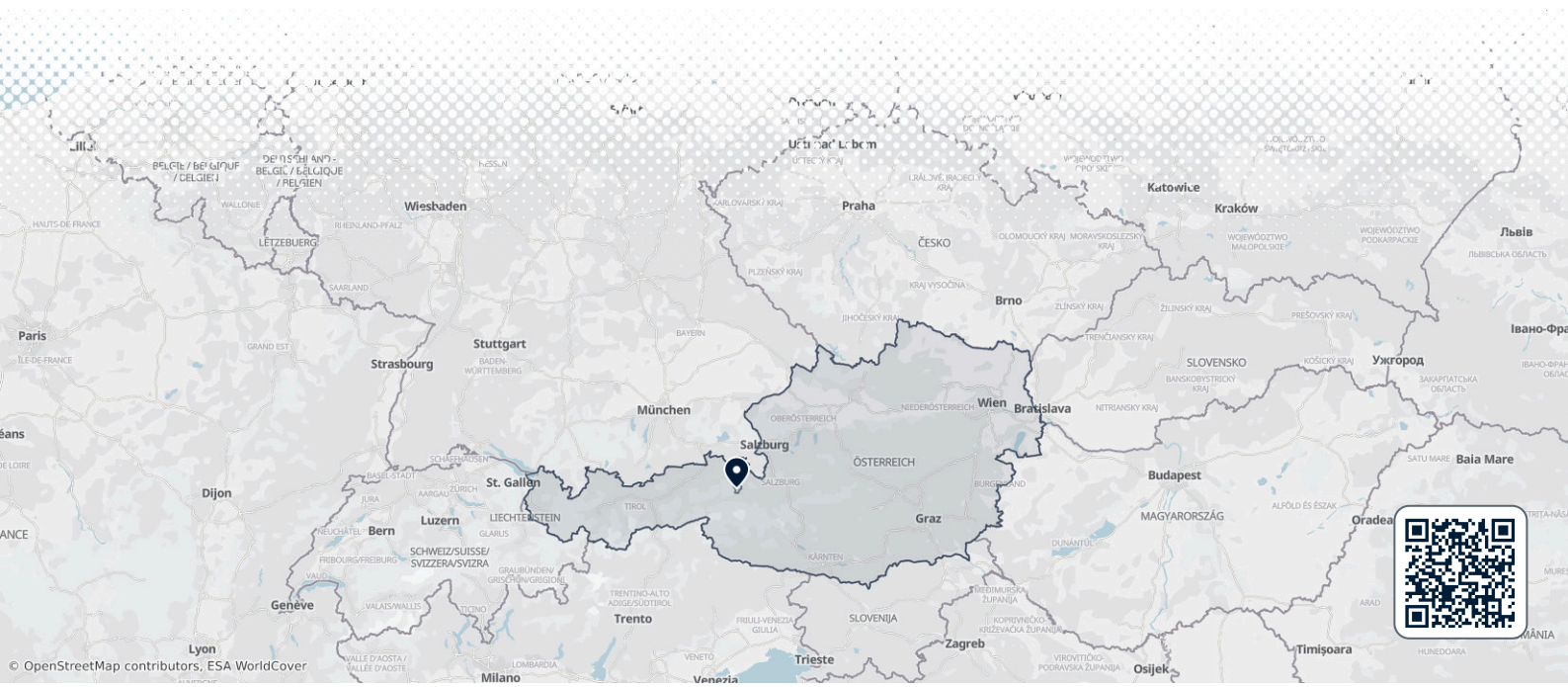


Saalbach

Zell am See · Austria

TRAVEL GUIDE

Tripomatic



Overview

Saalbach is a ski village in Salzburgerland, set in the Glemm valley. Together with Hinterglemm, Leogang and Fieberbrunn it forms the Skicircus, one of the largest linked ski areas in Austria. The area hosted the Alpine World Ski Championships in 2025.

The village is lively in winter, with après-ski bars and many hotels. In summer it turns to hiking and mountain biking.

When to visit

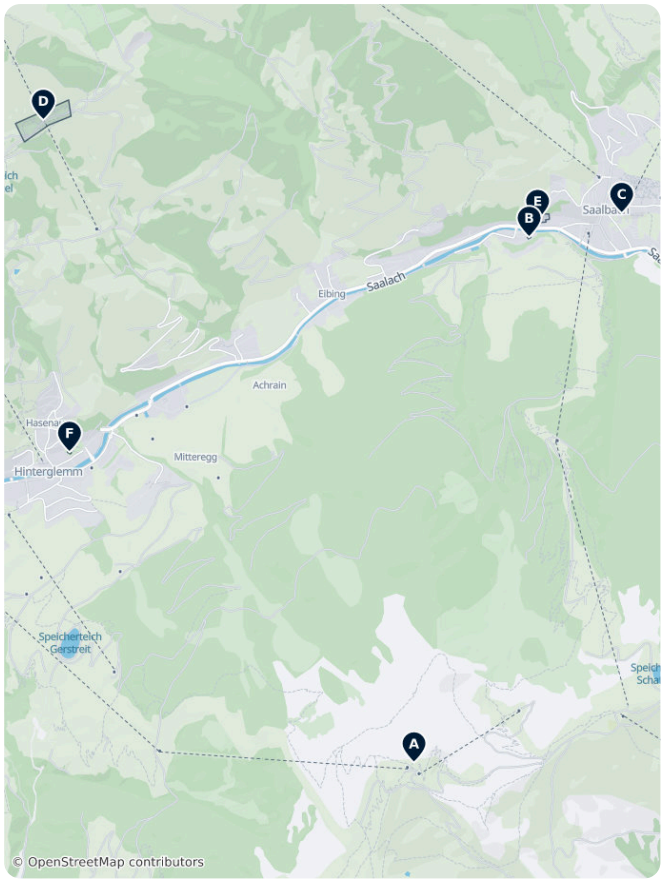
December to April is ski season, with a long snow period on the higher slopes. June to September is best for hiking and mountain biking, and the Joker Card gives lift access. Spring and late autumn are quiet, and most lifts are closed.

MONTH	CONDITIONS	DAY °C avg / max	NIGHT °C avg / min	
January	Great Great for skiing	1° / 7° Feels like -3°	-7° / -16°	14 rainy days · Dry air · Calm winds
February	Great Great for skiing	2° / 9° Feels like -1°	-6° / -16°	13 rainy days · Dry air · Calm winds
March	Fair Fair for skiing	6° / 15° Feels like 3°	-3° / -11°	16 rainy days · Dry air · Calm winds
April	Fair Fair for cycling	12° / 20°	1° / -5°	15 rainy days · Dry air · Calm winds
May	Fair Fair for cycling	16° / 24°	6° / 1°	21 rainy days · Dry air · Calm winds
June	Fair Fair for hiking	20° / 27°	10° / 5°	21 rainy days · Dry air · Calm winds
July	Fair Fair for hiking	22° / 28°	12° / 7°	22 rainy days · Dry air · Calm winds
August	Fair Fair for hiking	22° / 29°	12° / 7°	20 rainy days · Calm winds
September	Good Good for hiking	17° / 24°	8° / 2°	16 rainy days · Dry air · Calm winds
October	Good Good for cycling	13° / 21°	4° / -3°	14 rainy days · Dry air · Calm winds
November	Fair Fair for skiing	7° / 15° Feels like 4°	-1° / -9°	14 rainy days · Dry air · Calm winds
December	Great Great for skiing	2° / 8° Feels like -1°	-5° / -15°	14 rainy days · Dry air · Calm winds

Climate data: NASA POWER (MERRA-2) · 1996–2025

Top sights

- The Skicircus ski area links Saalbach, Hinterglemm, Leogang and Fieberbrunn with a single lift pass.
- A Schattberg West is a mountain on the Saalbach side, with ski slopes and summer hiking.
- B Heimathaus und Schimuseum covers local history and the story of skiing in the valley.
- C Pfarrkirche Saalbach is the parish church in the village centre.
- D Alpenkräutergarten is a small herb garden.
- E Erlebnisbad Käpt'n Hook is an indoor swimming pool for families.
- F Familienpark Hinterglemm is a family leisure area in Hinterglemm.



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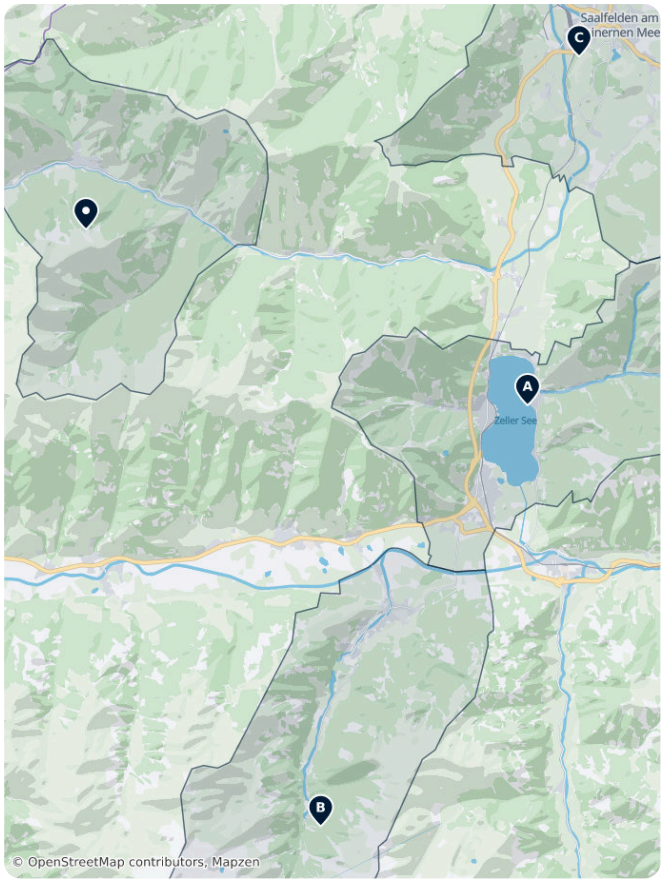
What to experience

- Ski the Skicircus.
- Hike a ridge trail from a lift.
- Mountain bike on marked trails.
- Enjoy après-ski at a village bar.
- Visit Zell am See for a lake day.

Day trips

- A Zell am See is a lake town, about 30 minutes away by car.
- B Kaprun is the gateway to the Kitzsteinhorn glacier, about 40 minutes away by car.
- C Saalfelden is about 25 minutes away by car.
- Kitzbühel is about 1 hour away by car.



Where to explore

- Hinterglemm is the next village up the valley and is linked by ski lifts.
- Zell am See, Kaprun and Saalfelden are close by.

Getting there

- By air: Salzburg Airport is about 1 hour 30 minutes away by car. Innsbruck and Munich are alternatives.
- By train: The nearest station is Zell am See, about 30 minutes away. A bus covers the rest. Check times on ÖBB.
- By bus: Ski shuttles run from Salzburg Airport in winter.
- By car: The valley road leaves the B311 at Maishofen.

Getting around

The village is compact, and free ski buses run along the valley in the season. Lifts link the villages directly on skis. A summer guest card gives free use of buses and lifts.

Getting around on foot & by bike

WALKABILITY

Moderate

The village is compact, but the valley is long and a bus or ski lift is needed to reach the far end.

CYCLING INFRASTRUCTURE

Moderate

Mountain bike routes are plentiful, and the valley floor has flat paths.

Driving

A car is not essential in the season, because buses and lifts cover most needs. Winter tyres or chains are required in snow. Motorways in Austria need a vignette. Parking in the village can be limited.

Food & drink

Salzburg-region food includes *Kasnocken*, cheese dumplings, and *Kaiserschmarrn*. Mountain huts are known for hearty lunches and schnapps. Local distilleries make fruit brandy.

What to eat & drink

DINNER

Wiener Schnitzel
A thin, breaded and pan-fried veal cutlet, traditionally served with potato salad or parsley potatoes and a wedge of lemon.

Tafelspitz
Boiled beef in broth, served with roast potatoes and a sauce of apples and horseradish — a favourite of Emperor Franz Joseph.

Viennese Goulash · Wiener Saftgulasch
A rich beef stew slow-cooked with onions and paprika, typically served with a bread dumpling or bread roll.

SNACKS & STREET FOOD

Käsekrainer
A grilled pork sausage studded with melty cheese, a classic order at Vienna's ubiquitous Würstelstand (sausage stands).

Sausage Stand Snack · Würstel vom Würstelstand
Grilled or boiled sausages (Bratwurst, Frankfurter, Bosna) served with mustard, bread and a pickle from street kiosks.

SWEETS & DESSERTS

Apfelstrudel
Thin pastry rolled around spiced apples, raisins and breadcrumbs, usually served warm with vanilla sauce or cream.

Sachertorte
A dense chocolate cake with a thin layer of apricot jam under a dark chocolate glaze, famously served with unsweetened whipped cream.

Kaiserschmarrn
A fluffy shredded pancake caramelised with sugar and dusted with icing sugar, served with plum or apple compote.

Marillenknödel
Apricot dumplings wrapped in potato or quark dough, rolled in buttery breadcrumbs — a Wachau and Viennese summer specialty.

DRINKS

Viennese Melange · Wiener Melange
The signature Viennese coffee: espresso topped with steamed milk and milk foam, the centrepiece of coffeehouse culture.

Grüner Veltliner
Austria's flagship crisp, peppery white wine, widely poured in Vienna's Heuriger (wine taverns).

Sturm
A cloudy, lightly alcoholic partially-fermented grape must, available only for a few weeks in autumn.

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Safety & health

Saalbach is very safe. Stay on marked runs, wear a helmet and follow avalanche warnings. In summer, check the weather before hiking. Tap water is clean and safe to drink. The emergency number is 112. The mountain rescue number is 140.

History

Saalbach was a small farming village until the middle of the 20th century. Skiing arrived in the 1950s, and lifts linked the valley's slopes step by step. The Skicircus grew into a large resort, and the 2025 World Championships brought new investment.

Country facts

Quick practical facts for Austria at a glance:

CURRENCY
EUR €

EMERGENCY
112

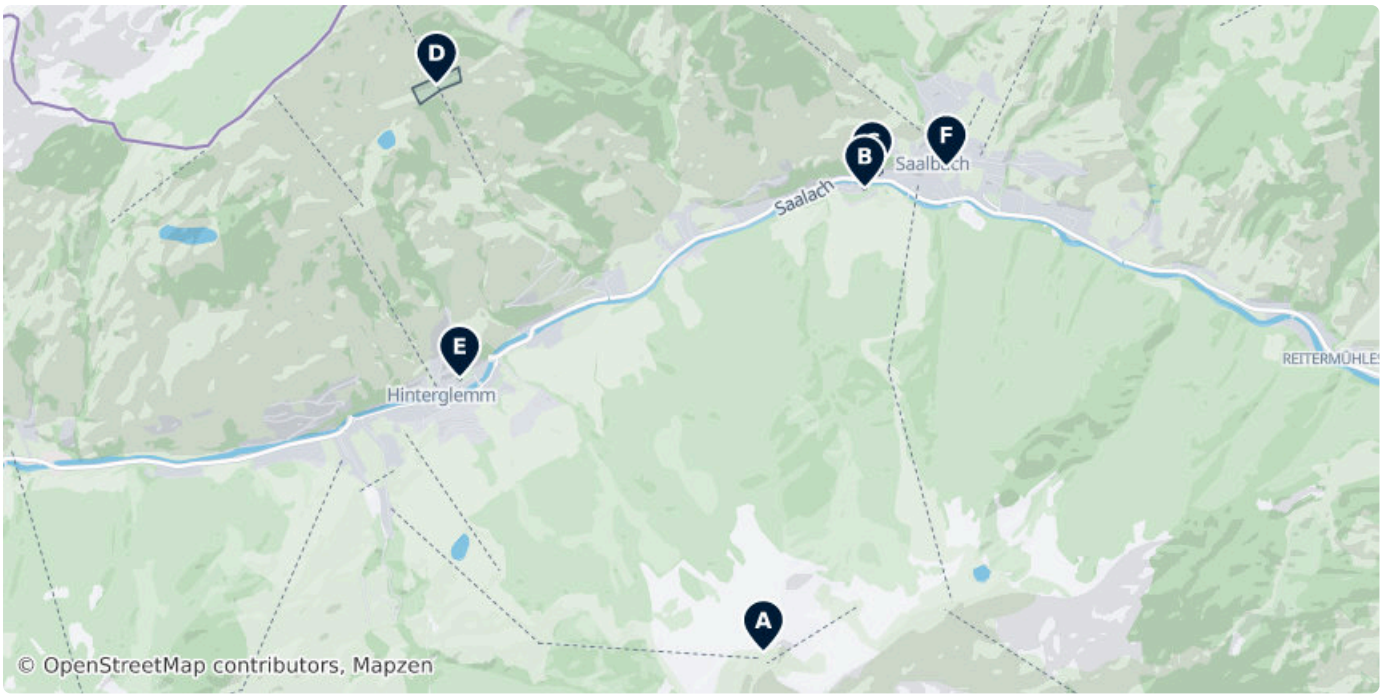
ELECTRICITY

Type C / Type F
230 V · 50 Hz

LANGUAGES
German

TAP WATER
Safe to drink

Top sights



A Schattberg West

The Schattberg is a 2,097 m high mountain in the Kitzbühel Alps in the Austrian state of Salzburg.

5753, Austria (47.36510, 12.62294)

B Heimathaus und Schimuseum

General-Weitlaner-Weg 58, 5753 Saalbach-Hinterglemm, AT (47.39018, 12.63104)

saalbach.or.at/Heimathaus_und_Skimu... , +43 664 4767807

C Erlebnisbad Käpt'n Hook

Glemmtaler Landesstraße 390, 5753 Saalbach-Hinterglemm, AT (47.39098, 12.63164)

saalbach.com/de/service/infrastruktur/erlebnisbad-kaept...

D Alpenkräutergarten

5753, Austria (47.39576, 12.59685)

E Familienpark Hinterglemm

268 Hasenbachweg, Hinterglemm 5754, Austria (47.37992, 12.59869)

F Hl. Nikolaus und Hl. Bartholomäus

35 Dorfplatz, Saalbach 5753, Austria (47.39132, 12.63755)

DATA SOURCES

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