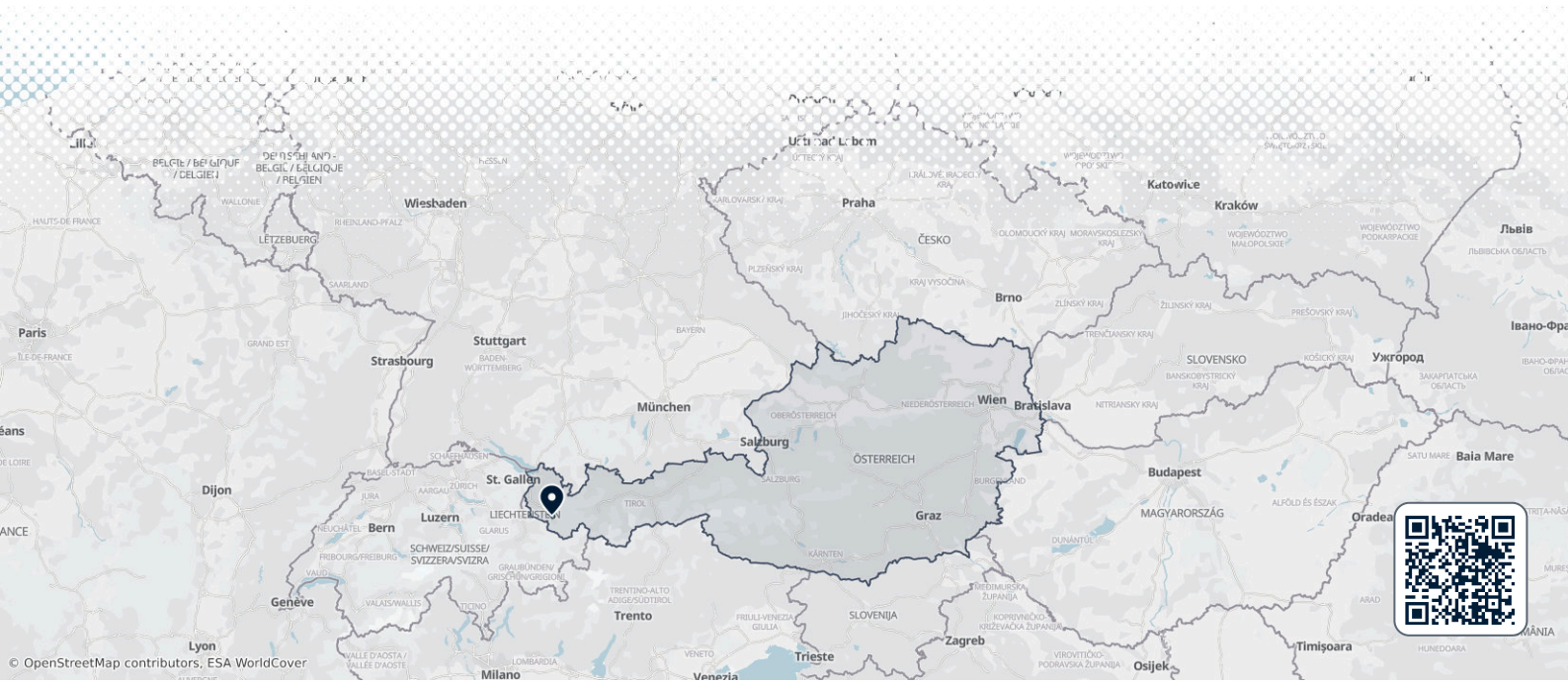


Schruns

Vorarlberg · Austria

TRAVEL GUIDE

Tripomatic



Overview

Schruns is the main village of the Montafon, a long Alpine valley in the south of Vorarlberg. It lies about 700 m above sea level on the river Ill, with the Rätikon range to the west and the Silvretta to the south.

In winter it is a ski base for Silvretta Montafon, the largest ski area in the valley. In summer it is a walking, cycling and mountain bike base. The writer Ernest Hemingway stayed here in the 1920s.

When to visit

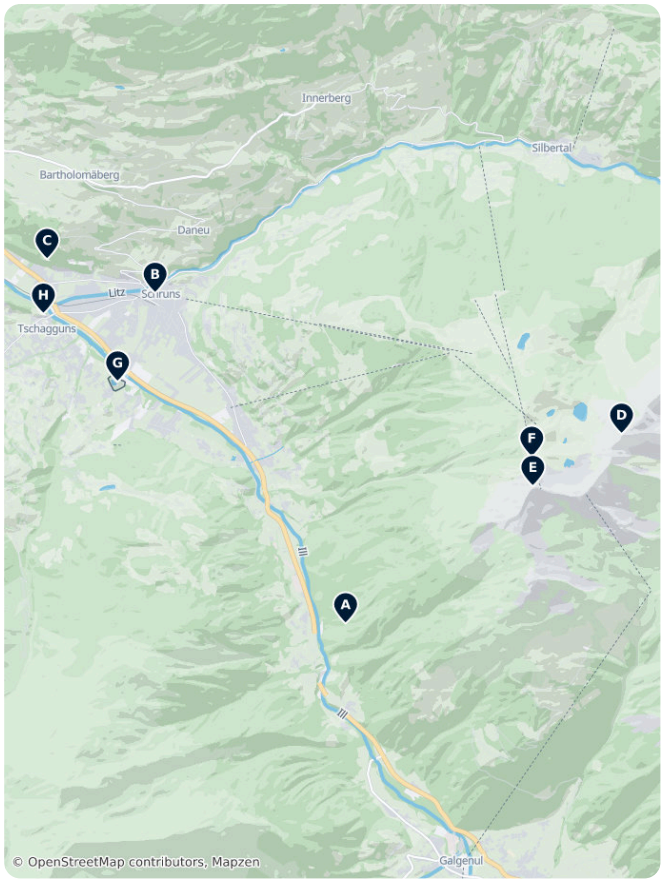
December to April is best for skiing. June to September is best for hiking and cycling. September and October are quiet and clear, with autumn colour in the valley.

MONTH	CONDITIONS	DAY °C avg / max	NIGHT °C avg / min	
January	Good Good for skiing	4° / 9° Feels like 1°	-5° / -12°	14 rainy days · Dry air · Calm winds
February	Good Good for skiing	5° / 10° Feels like 1°	-4° / -14°	12 rainy days · Dry air · Calm winds
March	Fair Fair for skiing	7° / 13°	-1° / -10°	15 rainy days · Dry air · Calm winds
April	Fair Fair for cycling	13° / 21°	4° / -5°	16 rainy days · Dry air · Calm winds
May	Good Good for sightseeing	19° / 26°	9° / 3°	21 rainy days · Dry air · Calm winds
June	Good Good for sightseeing	23° / 30°	13° / 8°	21 rainy days · Calm winds
July	Good Good for sightseeing	24° / 30°	15° / 9°	21 rainy days · Calm winds
August	Good Good for sightseeing	25° / 30°	15° / 10°	20 rainy days · Calm winds
September	Good Good for sightseeing	21° / 27°	11° / 5°	16 rainy days · Dry air · Calm winds
October	Good Good for cycling	17° / 24°	7° / 0°	14 rainy days · Dry air · Calm winds
November	Fair Fair for cycling	10° / 18°	2° / -8°	15 rainy days · Dry air · Calm winds
December	Fair Fair for skiing	5° / 11° Feels like 2°	-3° / -13°	15 rainy days · Dry air · Calm winds

Climate data: NASA POWER (MERRA-2) · 1996–2025

Top sights

- A Montafon is the valley itself, with villages, huts, lakes and the Silvretta reservoirs.
- B Montafoner Heimatmuseum shows the history and culture of the valley.
- C Kloster Gauenstein is a former monastery building at Tschagguns.
- D Hochjoch is a mountain with the main lift of the ski area.
- E Kreuzjoch is a peak above the village.
- F Wormser Hütte is a mountain hut on a walking route.
- G Alpenbad Montafon is a swimming and leisure pool.
- H Pfarrkirche Mariä Geburt is the parish church of the village.
- The St. Jodok church stands in the village centre.



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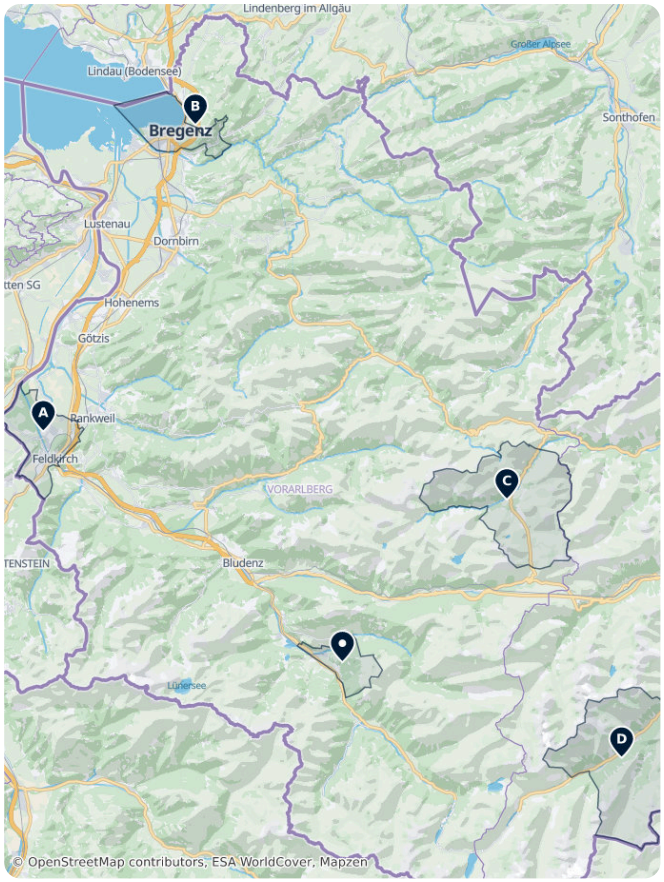
What to experience

- Ski in the Silvretta Montafon area.
- Hike to a mountain hut.
- Ride a mountain bike on the valley trails.
- Visit the valley museum.
- Swim in the pool.

Day trips

- A Feldkirch is about 40 minutes away by car.
- B Bregenz is about 1 hour away by car.
- C Lech is about 1 hour 20 minutes away by car.
- D Ischgl is about 1 hour 45 minutes away by car.
- Lake Constance is about 1 hour away by car.



Where to explore

- Feldkirch and Bregenz are the nearest preferred destinations.
- Lech is the nearest Arlberg resort.

Getting there

- By air: Friedrichshafen is about 1 hour 30 minutes away, and Zurich about 2 hours. Innsbruck is about 2 hours.
- By train: Take the main line to Bludenz, then the Montafonerbahn to Schruns in about 20 minutes. Check times on ÖBB.
- By car: Leave the A14 Rheintal motorway at Bludenz and follow the road into the Montafon.

Getting around

The centre is walkable. Local buses link Schruns with the Montafon villages. Lifts start near the village, and a car is not needed for most trips.

Getting around on foot & by bike

WALKABILITY

Moderate

The village centre is compact and flat, with lifts and trails a short walk or bus ride away.

CYCLING INFRASTRUCTURE

High

Valley paths along the Ill are flat, and mountain bike routes climb into the Silvretta.

Driving

A car helps for side valleys. The Silvretta road above Partenen is a toll road. Winter tyres or chains are required in snow. Motorways in Austria need a vignette.

Food & drink

Vorarlberg food includes *Käsknöpfle*, cheese noodles with onions, and *Riebel*, a Montafon corn dish. Local mountain cheese is common. Huts serve soups and dumplings.

What to eat & drink

DINNER

Wiener Schnitzel
A thin, breaded and pan-fried veal cutlet, traditionally served with potato salad or parsley potatoes and a wedge of lemon.

Tafelspitz
Boiled beef in broth, served with roast potatoes and a sauce of apples and horseradish — a favourite of Emperor Franz Joseph.

Viennese Goulash · Wiener Saftgulasch
A rich beef stew slow-cooked with onions and paprika, typically served with a bread dumpling or bread roll.

SNACKS & STREET FOOD

Käsekrainer
A grilled pork sausage studded with melty cheese, a classic order at Vienna's ubiquitous Würstelstand (sausage stands).

Sausage Stand Snack · Würstel vom Würstelstand
Grilled or boiled sausages (Bratwurst, Frankfurter, Bosna) served with mustard, bread and a pickle from street kiosks.

SWEETS & DESSERTS

Apfelstrudel
Thin pastry rolled around spiced apples, raisins and breadcrumbs, usually served warm with vanilla sauce or cream.

Sachertorte
A dense chocolate cake with a thin layer of apricot jam under a dark chocolate glaze, famously served with unsweetened whipped cream.

Kaiserschmarrn
A fluffy shredded pancake caramelised with sugar and dusted with icing sugar, served with plum or apple compote.

Marillenknödel
Apricot dumplings wrapped in potato or quark dough, rolled in buttery breadcrumbs — a Wachau and Viennese summer specialty.

DRINKS

Viennese Melange · Wiener Melange
The signature Viennese coffee: espresso topped with steamed milk and milk foam, the centrepiece of coffeehouse culture.

Grüner Veltliner
Austria's flagship crisp, peppery white wine, widely poured in Vienna's Heuriger (wine taverns).

Sturm
A cloudy, lightly alcoholic partially-fermented grape must, available only for a few weeks in autumn.

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Safety & health

Schruns is very safe. Check avalanche reports before you leave marked ski runs. Tap water is clean and safe to drink. The emergency number is 112. The mountain rescue number is 140.

History

The Montafon was a farming and mining valley with its own traditions. Skiing arrived early in the 20th century, and Schruns grew into the valley's centre. Ernest Hemingway stayed here in the winters of 1925 and 1926, writing part of his first novel. Today it is a four-season resort.

Country facts

Quick practical facts for Austria at a glance:

CURRENCY
EUR €

EMERGENCY
112

ELECTRICITY

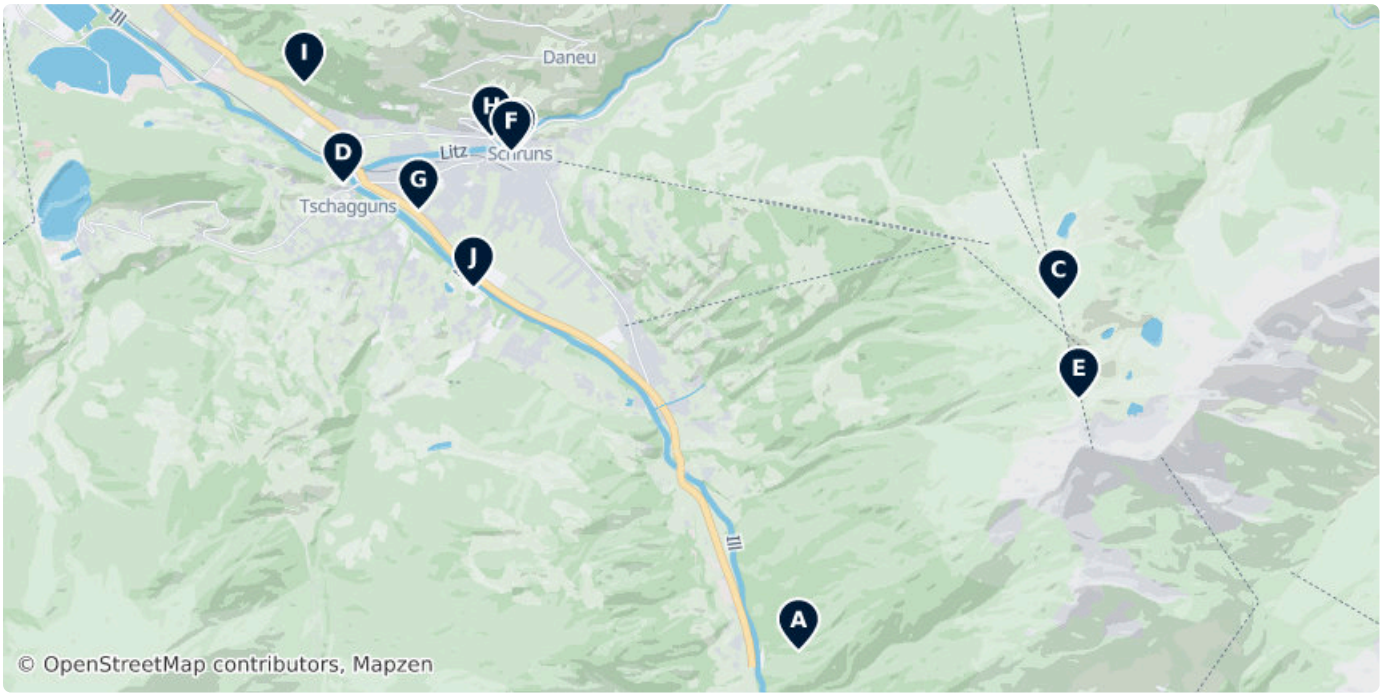
Type C / Type F
230 V · 50 Hz

LANGUAGES
German

TAP WATER
Safe to drink

Schruns Essentials

Schruns serves as the cultural and geographical center of the 39-kilometer-long Montafon valley. This selection highlights the town's architectural landmarks, including the St. Jodok parish church and the historic Litzkapelle. High-altitude experiences are accessible via the Panorama Bahn gondola, leading to the 2,307-meter Wormser Hütte. Local heritage is preserved at the Montafoner Heimatmuseum, while the region's culinary traditions are showcased at the Käsehaus. Recreational facilities like the Aktivpark and scenic overlooks like Landschrofen-Känzili complete the essential local landscape.



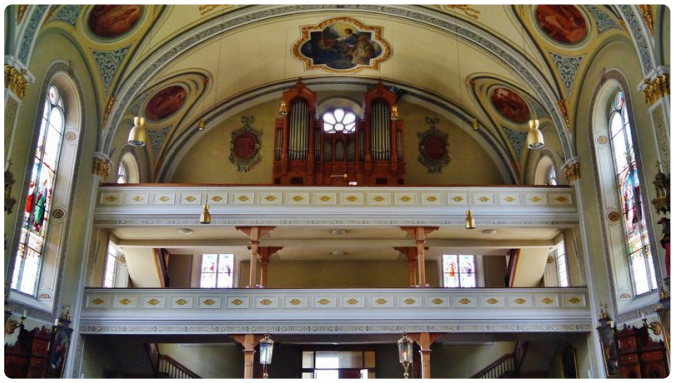


A Montafon

Montafon is a 39 km long valley in the westernmost Austrian federal state of Vorarlberg.It is traversed by the river Ill and extends from...

6791, Austria (47.04693, 9.94712)

montafon.at, +43 5556 722530



B Pfarrkirche St. Jodok

Also known as the Schrunser Münster, this centrally located parish church is a major landmark in the Bludenz district of Vorarlberg.

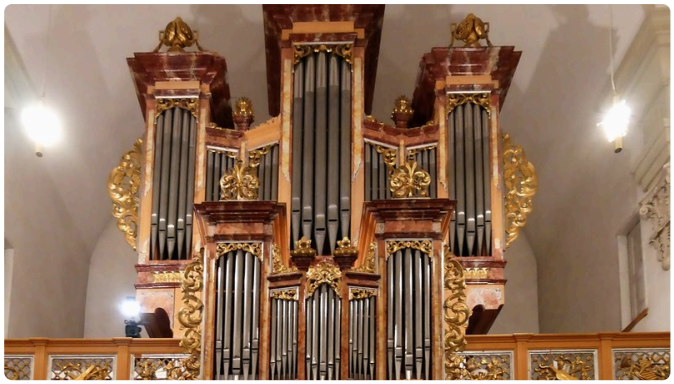
(47.08043, 9.91930)



C Panorama Bahn

An eight-person monocable gondola lift located within the Silvretta Montafon winter sports area.

6780, Austria (47.07039, 9.97269)



D Pfarrkirche Mariä Geburt

A Roman Catholic parish and pilgrimage church located in the neighboring village of Tschagguns.

8 Kreuzgasse, Tschagguns 6774, Austria (47.07823, 9.90231)

de.wikipedia.org/wiki/Pfarrkirche_Mari%C3%A4_Geburt_...

E Wormser Hütte

A Category I alpine hut situated at 2,307 meters. Managed by the Worms section of the German Alpine Club, it offers regional cuisine and mountain views.

(47.06378, 9.97469)

Dec 22-Mar 31 Mo–Su	Open 24/7
Jun 22-Oct 06 Mo–Su	Open 24/7

wormser-huette.at, +43 664 1320325

F Montafoner Heimatmuseum

A local history museum dedicated to the cultural heritage, traditional crafts, and Alpine lifestyle of the Montafon valley.

Kirchplatz 15, 6780 Schruns, AT (47.08034, 9.91887)

Tu–Fr	15:00–18:00

stand-montafon.at/kultur-wissenschaft/... , +43 5556 74723

G Käsehaus Montafon

A specialized restaurant and shop showcasing regional Vorarlberg cheeses and traditional Montafon culinary products.

(47.07641, 9.90973)

kaesehaus-montafon.at



H Litzkapelle

An elevated chapel situated at the junction leading to Montjola and Bartholomäberg, overlooking the Litz river.

10 Außerlitzstraße, Schruns 6780, Austria (47.08133, 9.91691)

I Landschrofen-Känzili

A scenic viewpoint offering panoramic vistas over the Schruns and Tschagguns landscape.

(47.08493, 9.89848)

J Aktivpark Montafon

A regional sports complex featuring facilities for ice skating, hockey, and ice stock.

(47.07124, 9.91515)

aktivpark-montafon.at/home.php

Hochjoch Peaks & Via Ferratas

The Hochjoch massif in the Verwall Alps offers high-altitude terrain accessible via the Sennigrat, Panorama, and Hochalpila cable cars from Schruns. This selection features prominent summits like the 2,395-meter Kreuzjoch and the central Hochjoch peak. Climbing enthusiasts can utilize two distinct via ferrata routes—one rated moderate and one difficult—that traverse the alpine ridges. These points are interconnected by mountain stations, providing efficient access to steep viewpoints like Sauerbleis and the surrounding Montafon valley landscapes.



A Kreuzjoch

A 2,395-meter summit in the Verwall Alps located within the Schruns municipality of Vorarlberg.

6791, Austria (47.06080, 9.97488)

B Hochjoch

The central 2,520-meter peak of the Hochjoch massif, serving as a primary landmark in the local mountain range.

6782, Austria (47.06609, 9.98803)

C Klettersteig Hochjoch

A moderate, grade B via ferrata route requiring an alpine hiking approach.

(47.06539, 9.98717)

silvretta-montafon.at/de/sommer/sommeraktivitaeten/kl...

D Klettersteig Hochjoch

A difficult, grade C via ferrata route involving steep sections and an alpine approach.

(47.06758, 9.98512)

silvretta-montafon.at/de/sommer/sommeraktivitaeten/kl...

E Sauerbleis

Alpine peak and viewpoint situated at approximately 2,100 meters above the Montafon valley.

6780, Austria (47.07718, 9.97713)

F Sennigrat Bahn Bergstation

Upper terminal of the Sennigrat cable car, serving as a starting point for trails toward the Kreuzjoch.

6780, Austria (47.06715, 9.97526)

G Panorama Bahn Bergstation

Mountain station for the Panorama cable car, located near the Kreuzjoch summit.

6791, Austria (47.06060, 9.97605)

H Hochalpila Bahn Bergstation

Wheelchair-accessible mountain station providing a transport link to the high-altitude climbing routes.

6791, Austria (47.06009, 9.98268)

Hochjoch Mountain Adventures

This high-alpine collection centers on the Hochjoch massif in Austria's Verwall Alps. The journey begins with the two-stage Hochjoch Bahn cable car system from Schruns, providing efficient access to the Kapell area. Key highlights include the 2,307-meter Wormser Hütte, a historic German Alpine Club refuge serving regional cuisine, and prominent summits like the 2,395-meter Kreuzjoch and the 2,520-meter Hochjoch peak, offering expansive views across the Montafon valley and Rätikon range.



A Wormser Hütte

A Category I alpine refuge at 2,307 meters above sea level, managed by the Worms section of the German Alpine Club. It provides regional cuisine and overnight accommodation for hikers in the Verwall Alps.

(47.06378, 9.97469)

Dec 22-Mar 31 Mo–Su	Open 24/7
Jun 22-Oct 06 Mo–Su	Open 24/7

wormser-huette.at, +43 664 1320325

B Kreuzjoch

A 2,395-meter peak in the Verwall mountain range. Located in the Schruns municipality, it serves as a central vantage point for the Hochjoch hiking area and the surrounding Vorarlberg landscape.

6791, Austria (47.06080, 9.97488)

C Sauerbleis

A mountain peak and viewpoint situated at approximately 2,100 meters. It offers a clear perspective of the surrounding Silvretta and Rätikon ranges and serves as a waypoint on the ascent toward the higher Hochjoch summits.

6780, Austria (47.07718, 9.97713)

D Hochjoch Bahn I

The primary cable car departing from the valley station in Schruns. This first stage transports passengers to the middle station, serving as the main entry point to the Silvretta Montafon mountain park.

Latangerweg, 6780, Austria (47.07847, 9.93304)

E Hochjoch Bahn II

The second stage of the cable car system, connecting the middle station to the Kapell mountain station at 1,855 meters. It provides direct access to the Wormser Hütte and high-altitude trailheads.

(Unnamed Road), 6780, Austria (47.07586, 9.95252)

F Hochjoch

The namesake 2,520-meter summit of the region. This Verwall Alps peak is accessible via alpine hiking trails and offers panoramic views of the surrounding Montafon valley and neighboring mountain groups.

6782, Austria (47.06609, 9.98803)

DATA SOURCES

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