

Scuol

Canton of the Grisons · Switzerland

TRAVEL GUIDE

Tripomatic



Overview

Scuol is the main village of the Lower Engadin, in eastern Switzerland. It lies on the Inn river, with houses painted in the Engadin style. Mineral springs rise in the village, and there is a spa.

The valley is calm and has few crowds. It is a base for hiking, skiing and the Swiss National Park.

When to visit

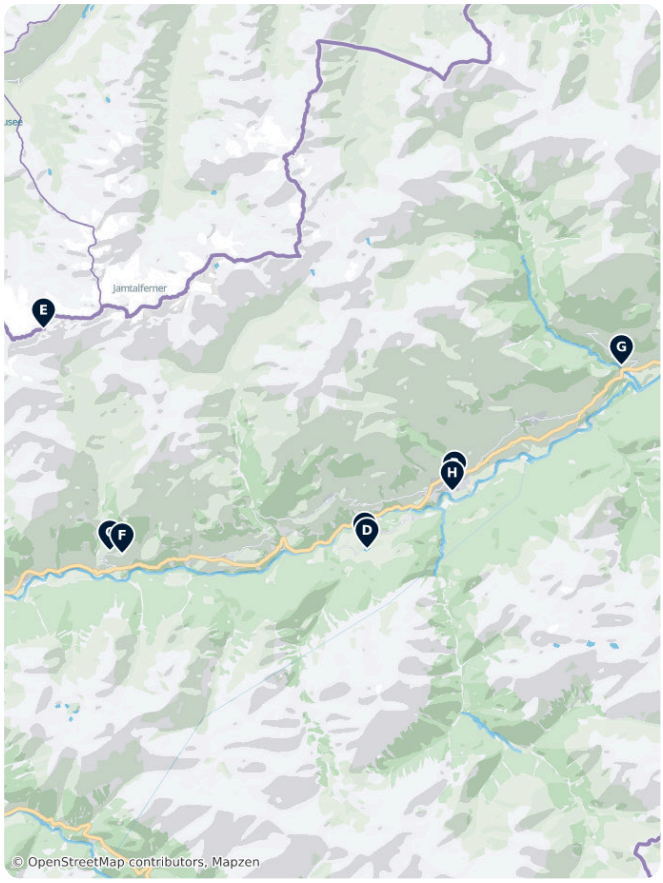
June to October is the best time for hiking and the national park. December to March is the ski season. The spa is open all year. Spring and November are quiet.

MONTH	CONDITIONS	DAY °C avg / max	NIGHT °C avg / min	
January	Great Great for skiing	1° / 6° Feels like -3°	-8° / -16°	14 rainy days · Dry air · Calm winds
February	Great Great for skiing	1° / 6° Feels like -3°	-8° / -17°	12 rainy days · Dry air · Calm winds
March	Good Good for skiing	4° / 9° Feels like 0°	-5° / -13°	15 rainy days · Dry air · Calm winds
April	Poor Poor for skiing	9° / 18°	0° / -8°	16 rainy days · Dry air · Calm winds
May	Fair Fair for hiking	15° / 22°	5° / 0°	21 rainy days · Dry air · Calm winds
June	Good Good for sightseeing	20° / 26°	9° / 4°	21 rainy days · Dry air · Calm winds
July	Good Good for sightseeing	21° / 27°	11° / 6°	21 rainy days · Dry air · Calm winds
August	Good Good for sightseeing	21° / 27°	11° / 6°	20 rainy days · Dry air · Calm winds
September	Good Good for hiking	17° / 24°	7° / 1°	16 rainy days · Dry air · Calm winds
October	Good Good for hiking	13° / 20°	4° / -3°	14 rainy days · Dry air · Calm winds
November	Fair Fair for skiing	6° / 14° Feels like 3°	-2° / -11°	15 rainy days · Dry air · Calm winds
December	Good Good for skiing	2° / 7° Feels like -2°	-6° / -16°	15 rainy days · Dry air · Calm winds

Climate data: NASA POWER (MERRA-2) · 1996–2025

Top sights

- A Schloss Tarasp is a large castle on a hill above the valley.
- B Bogn Engiadina is the spa, with indoor and outdoor pools.
- C Guarda is a small village with painted houses.
- D Lai da Tarasp is a lake near the castle.
- E Piz Buin is a high peak in the Silvretta range.
- F Schellen-Ursli-Museum is a museum about a children's book.
- G Tschanüff is a ruined castle near Scuol.
- H Museum d'Engiadina Bassa is a local museum.



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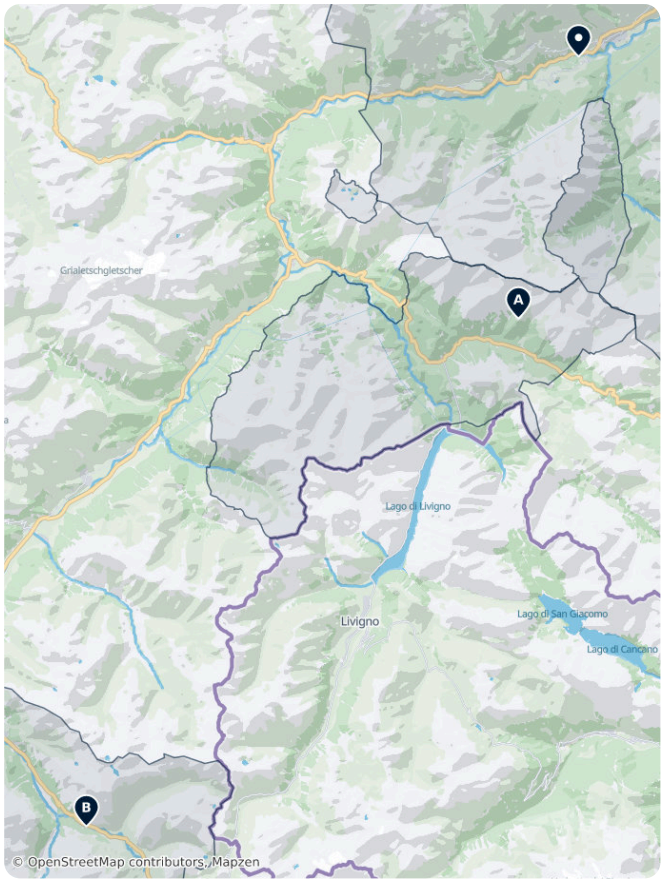
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What to experience

- Soak in the spa and the outdoor pools.
- Visit Tarasp castle.
- Walk to Guarda and see the painted houses.
- Hike in the Swiss National Park.
- Ski or cross-country ski in winter.
- Taste the local mineral water at the spring pavilion.

Day trips

- A Swiss National Park is the only national park in Switzerland.
- B Pontresina is about 1 hour 30 minutes away by train.
- Guarda is a nearby village with painted houses.
- Müstair has an old convent in the next valley.



Where to explore

- Swiss National Park is the nearest protected area.

Getting there

- By air: Zurich is the main airport, about 4 hours away.
- By train: Scuol-Tarasp is the end of the Rhaetian Railway from Landquart through the Vereina tunnel. Check times on SBB.
- The Vereina car train carries cars through the mountain.

Getting around

- The old centre is small and easy to walk.
- Local buses serve the villages and lifts.
- A cable car goes up to the ski area.

Getting around on foot & by bike

WALKABILITY

Moderate

The old centre is small, with some slopes.

CYCLING INFRASTRUCTURE

Moderate

Bike paths follow the Inn river. Side roads climb.

Driving

- A car is helpful for the side valleys.
- The Vereina car train links Scuol with Klosters.
- Parking in the village is easy.

Food & drink

Try Engadin nut tart, barley soup and local cheese. Mineral water from the springs is drunk at a pump room. Farm shops sell local meat and dairy.

People speak Romansh and German. English is widely understood.

What to eat & drink

BREAKFAST

Birchermüesli
A raw-oat, fruit, and yogurt breakfast invented by a Zurich doctor around 1900, now standard on breakfast buffets.

LUNCH

Rösti
A fried, shredded-potato cake, originally a Bernese farmer's breakfast, now a national side dish.

DINNER

Cheese Fondue · Fondue
Melted Gruyère and Vacherin cheese in a shared pot, eaten by dipping bread cubes on long forks.

Raclette
Cheese melted tableside or under a grill and scraped over boiled potatoes, pickles, and onions.

Zürcher Geschnetzeltes
Sliced veal and mushrooms in a creamy white-wine sauce, traditionally served with rösti.

Älplermagronen
Alpine herder's macaroni gratin with potatoes, cheese, and cream, often topped with fried onions and served with apple sauce.

SNACKS & STREET FOOD

Cervelat
Switzerland's best-known sausage, usually grilled and often called the country's unofficial national dish.

SWEETS & DESSERTS

Swiss Chocolate · Schweizer Schokolade
Switzerland pioneered milk chocolate in the 19th century; look for small-batch chocolatiers alongside the big national brands.

Basler Läckerli
A dense, spiced honey-and-candied-fruit biscuit from Basel, traditional around Christmas.

DRINKS

Swiss Wine · Vin Suisse
Mostly consumed domestically rather than exported; Valais and Vaud, along Lake Geneva, produce the best-known Chasselas whites.

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Safety & health

- Scuol is very safe.
- Mountain weather changes fast.
- Spa water is warm. Follow the time limits.
- In the national park, stay on marked paths.

History

Scuol has been a market and mineral spring village for centuries. A large fire in 1811 destroyed the old town, and it was rebuilt in the Engadin style. The spa grew in the 19th century.

The Rhaetian Railway reached the valley in 1913.

Country facts

Quick practical facts for Switzerland at a glance:

CURRENCY
CHF CHF

EMERGENCY
112

ELECTRICITY



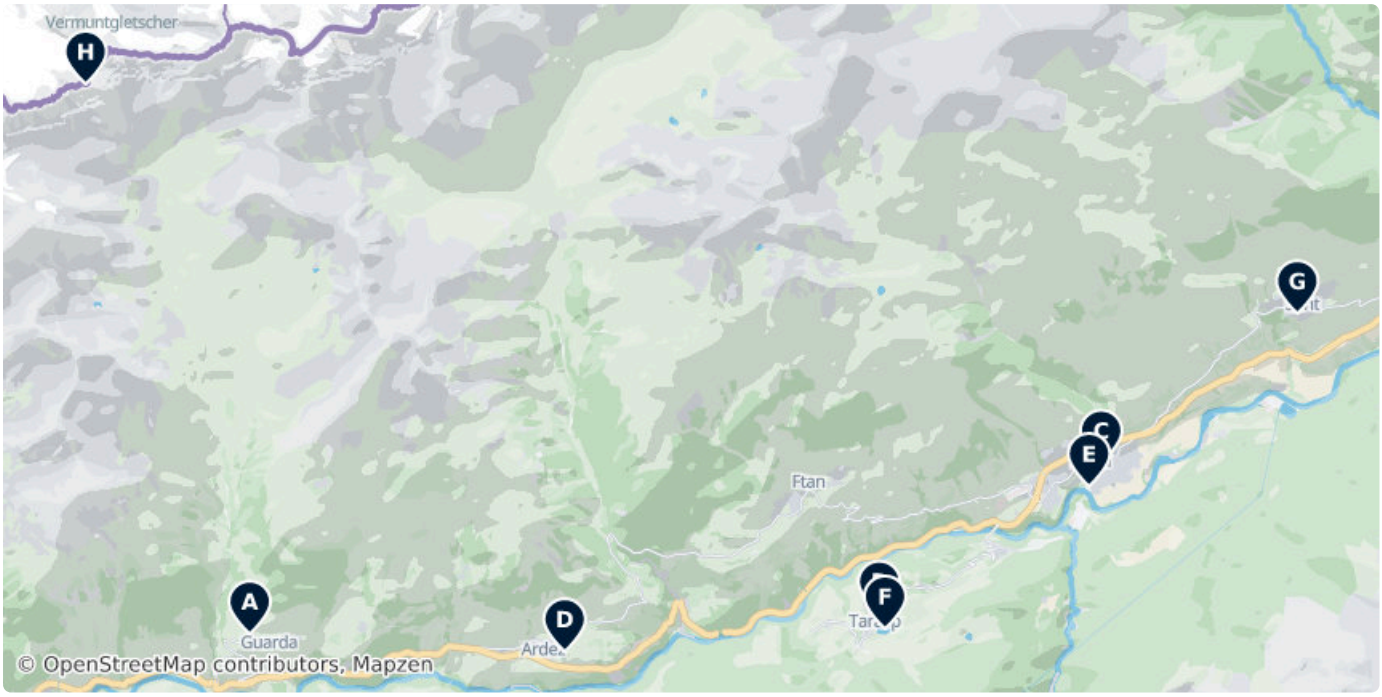
Type C / Type J
230 V · 50 Hz

LANGUAGES
German, French, Italian, Romansh

TAP WATER
Safe to drink

Scuol Essentials

Scuol serves as the cultural heart of the Lower Engadin, defined by its well-preserved Romanesque heritage and mineral-rich springs. This collection features the 11th-century Tarasp Castle overlooking its eponymous lake and the thermal waters of Bogn Engiadina. The list includes the sgraffito-adorned village of Guarda, inspiration for the Schellenursli story, and the ruins of Steinsberg Castle in Ardez. From the Gothic architecture of Baselgia refurmada to the prominent peak of Piz Buin, these sites showcase the region's unique blend of alpine nature and historic architecture.





A Guarda

Well-preserved traditional village with unique painted houses served as a model for house of the legendary Schellenursli.

109 Chant Val, Guarda 7545, Switzerland
(46.77650, 10.14840)

scuol.ch/guarda, +41 81 862 23 42



B Tarasp Castle

Tarasp Castle is a castle in Switzerland, near the former municipality of Tarasp, in Lower Engadin, Graubünden.

Sparsels 145, 7553 Tarasp, Switzerland
(46.77897, 10.26161)

notvital.ch/en/fundaziun/schloss-tarasp, +41 81 557 17 66



C Bogn Engiadina

A mineral and health spa featuring a large sauna landscape, a Roman-Irish bath, and various therapy facilities utilizing the region's natural mineral springs.

179 Bagnera, Scuol 7550, Switzerland (46.79753, 10.30150)

bognengiadina.ch



D Steinsberg Castle

Steinsberg Castle is a ruined castle in the former municipality of Ardez of the Canton of Graubünden in Switzerland.

7546, Switzerland (46.77434, 10.20503)



E Baselgia refurmada

Placed on the rocky slope, this evangelical church was dedicated to St. George.

(46.79467, 10.29933)



F Lai da Tarasp

Lai da Tarasp is a lake at Tarasp in the Grisons, Switzerland. Its surface area is 2 ha.

(Unnamed Road), 7553, Switzerland (46.77713, 10.26266)



G Baselgia San Lurench

A heritage-protected evangelical-reformed church in the village of Sent, notable for its late Gothic architecture and prominent position within the Lower Engadin landscape.

78 Avant Baselgia, Sent 7554, Switzerland
(46.81591, 10.33678)



H Piz Buin

Piz Buin is a mountain in the Silvretta range of the Alps on the border between Austria and Switzerland.

6794, Austria (46.84412, 10.11889)

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