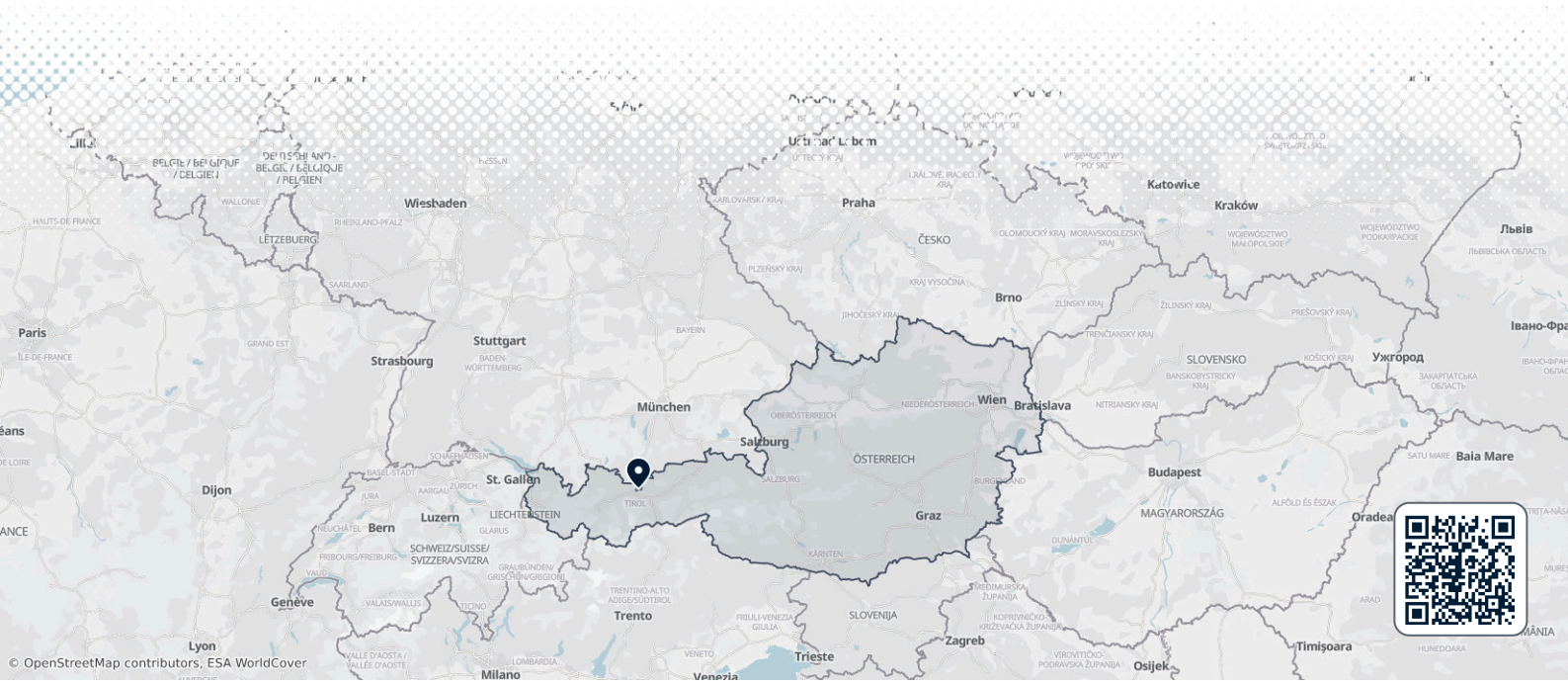


Seefeld in Tirol

Tyrol · Austria

TRAVEL GUIDE

Tripomatic



Overview

Seefeld is a resort village on a high plateau in Tyrol, north-west of Innsbruck. It is ringed by the Wetterstein and Karwendel mountains. It hosted the Nordic skiing events at the Winter Olympics of 1964 and 1976, and the Nordic World Ski Championships in 1985 and 2019.

It is a cross-country skiing centre in winter and a gentle walking and cycling base in summer. The village is quiet, with hotels, spas and a pedestrian centre.

When to visit

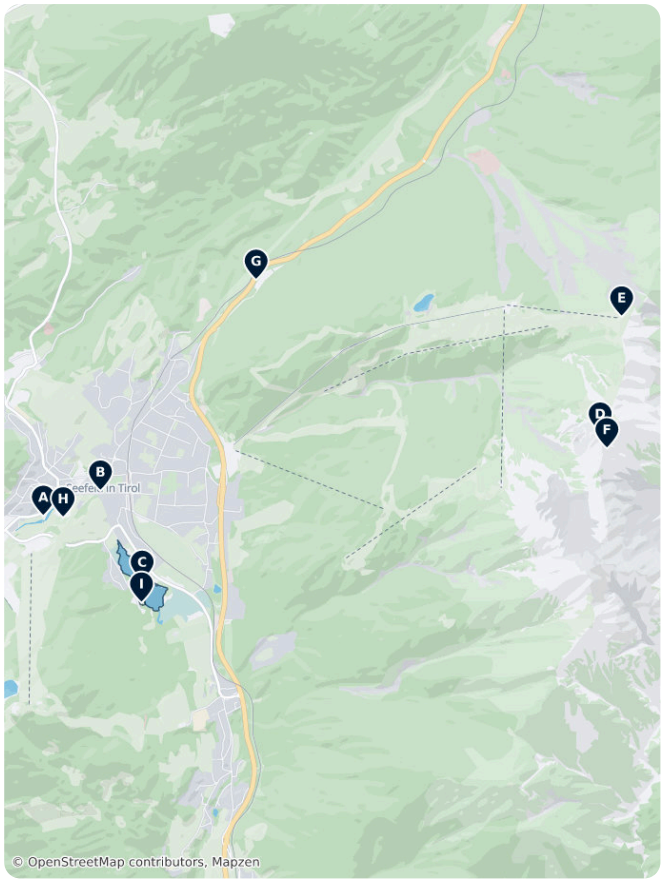
December to March is ski season, and cross-country trails are the main draw. June to September is best for walking, cycling and swimming in the lake. Spring and late autumn are quiet, and some businesses close.

MONTH	CONDITIONS	DAY °C avg / max	NIGHT °C avg / min	
January	Great Great for skiing	0° / 6° Feels like -4°	-8° / -17°	13 rainy days · Dry air · Calm winds
February	Great Great for skiing	2° / 10° Feels like -2°	-7° / -17°	12 rainy days · Dry air · Calm winds
March	Fair Fair for skiing	6° / 14° Feels like 2°	-4° / -13°	15 rainy days · Dry air · Calm winds
April	Fair Fair for cycling	11° / 19°	0° / -6°	14 rainy days · Dry air · Calm winds
May	Fair Fair for cycling	15° / 23°	5° / -1°	20 rainy days · Dry air · Calm winds
June	Good Good for sightseeing	19° / 27°	9° / 3°	21 rainy days · Dry air · Calm winds
July	Good Good for sightseeing	20° / 27°	10° / 5°	21 rainy days · Dry air · Calm winds
August	Good Good for sightseeing	20° / 27°	10° / 6°	19 rainy days · Dry air · Calm winds
September	Good Good for cycling	16° / 24°	7° / 1°	15 rainy days · Dry air · Calm winds
October	Good Good for cycling	13° / 20°	3° / -4°	13 rainy days · Dry air · Calm winds
November	Good Good for skiing	6° / 14° Feels like 3°	-2° / -11°	13 rainy days · Dry air · Calm winds
December	Great Great for skiing	1° / 7° Feels like -3°	-6° / -17°	13 rainy days · Dry air · Calm winds

Climate data: NASA POWER (MERRA-2) · 1996–2025

Top sights

- A Seekirchl is a small Gothic church at the edge of the village, linked to a local legend.
- B Pfarrkirche St. Oswald is the parish church in the centre, known for its Gothic ceiling.
- C Wildsee is a lake just outside the village with a forest swimming area.
- D Seefelder Spitze is a summit reached by cable car, with views over the plateau.
- E Seefelder Joch is a mountain with a chairlift and a gentle ridge walk.
- F Erlspitzgruppe is a rugged group of peaks above the plateau.
- G Burg Schlossberg is a former castle site above the village.
- H Olympia-Hallenbad and I Wildsee-Waldbad are the main places to swim.



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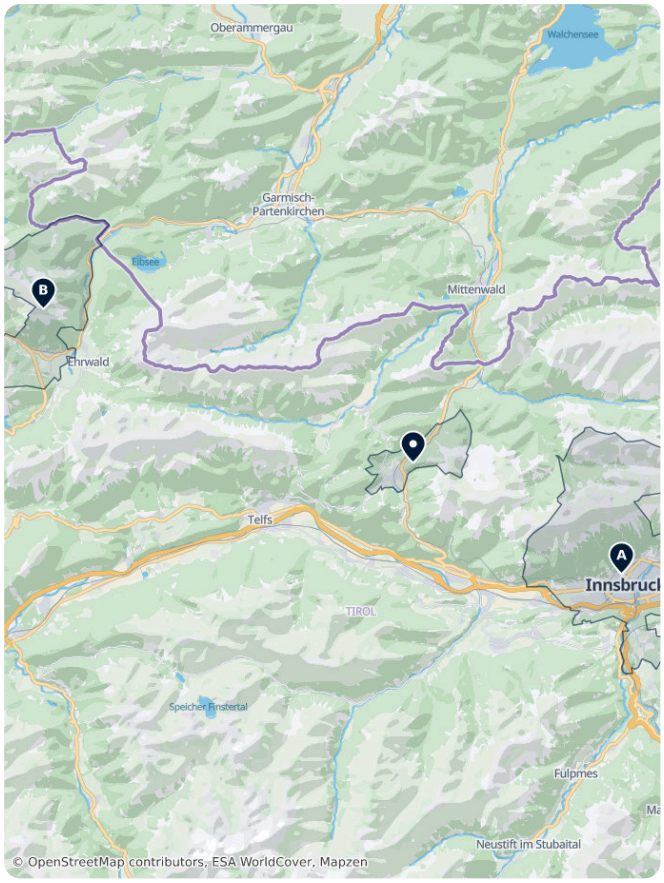
What to experience

- Ski the cross-country trails.
- Walk or cycle around the lake.
- Take the cable car to a summit.
- Relax in a spa hotel.
- Visit Innsbruck on a day trip.

Day trips

- A Innsbruck is about 30 minutes away by train or car.
- B Lermoos lies below the Zugspitze, about 40 minutes away by car.
- The Zugspitze, Germany's highest peak, can be reached from Ehrwald or Garmisch.
- Mittenwald, a Bavarian village known for violin making, is about 20 minutes away by car.



Where to explore

- Innsbruck and Lermoos are the nearest preferred destinations.

Getting there

- By air: Innsbruck Airport is about 30 minutes away. Munich is about 2 hours.
- By train: Seefeld is on the Mittenwald railway from Innsbruck. The journey takes about 40 minutes. Check times on ÖBB.
- By car: The B177 road runs from the Inn Valley to the plateau.

Getting around

The village is flat and compact, so walking and cycling are easy. Local buses link the surrounding villages. Ski buses serve the lifts in winter.

Getting around on foot & by bike

WALKABILITY

High

The village is compact and flat, with a pedestrian centre.

CYCLING INFRASTRUCTURE

High

Mountain bike and road routes cross the plateau, and the village is mostly flat.

Driving

The village centre is mostly pedestrian, so park at the edge. Winter tyres or chains are required in snow. Motorways in Austria need a vignette. The road from Innsbruck climbs a hill.

Food & drink

Tyrolean food is hearty. Try *Tiroler Gröstl*, a pan of potatoes and meat, and *Kaiserschmarrn*, a shredded pancake. Mountain huts offer simple lunches and cakes. Local cheeses and cured meats are common.

What to eat & drink

DINNER

Wiener Schnitzel
A thin, breaded and pan-fried veal cutlet, traditionally served with potato salad or parsley potatoes and a wedge of lemon.

Tafelspitz
Boiled beef in broth, served with roast potatoes and a sauce of apples and horseradish — a favourite of Emperor Franz Joseph.

Viennese Goulash · Wiener Saftgulasch
A rich beef stew slow-cooked with onions and paprika, typically served with a bread dumpling or bread roll.

SNACKS & STREET FOOD

Käsekrainer
A grilled pork sausage studded with melty cheese, a classic order at Vienna's ubiquitous Würstelstand (sausage stands).

Sausage Stand Snack · Würstel vom Würstelstand
Grilled or boiled sausages (Bratwurst, Frankfurter, Bosna) served with mustard, bread and a pickle from street kiosks.

SWEETS & DESSERTS

Apfelstrudel
Thin pastry rolled around spiced apples, raisins and breadcrumbs, usually served warm with vanilla sauce or cream.

Sachertorte
A dense chocolate cake with a thin layer of apricot jam under a dark chocolate glaze, famously served with unsweetened whipped cream.

Kaiserschmarrn
A fluffy shredded pancake caramelised with sugar and dusted with icing sugar, served with plum or apple compote.

Marillenknödel
Apricot dumplings wrapped in potato or quark dough, rolled in buttery breadcrumbs — a Wachau and Viennese summer specialty.

DRINKS

Viennese Melange · Wiener Melange
The signature Viennese coffee: espresso topped with steamed milk and milk foam, the centrepiece of coffeehouse culture.

Grüner Veltliner
Austria's flagship crisp, peppery white wine, widely poured in Vienna's Heuriger (wine taverns).

Sturm
A cloudy, lightly alcoholic partially-fermented grape must, available only for a few weeks in autumn.

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Safety & health

Seefeld is very safe. Mountain paths need care in changing weather. Tap water is clean and safe to drink. The emergency number is 112. The mountain rescue number is 140.

History

Seefeld grew around a pilgrimage church built after a 15th-century legend of a miracle. It became a tourist village in the 19th century as walkers and skiers arrived. The Olympic events of 1964 and 1976 brought new sports facilities and made the village a major cross-country centre.

Country facts

Quick practical facts for Austria at a glance:

CURRENCY
EUR €

EMERGENCY
112

ELECTRICITY

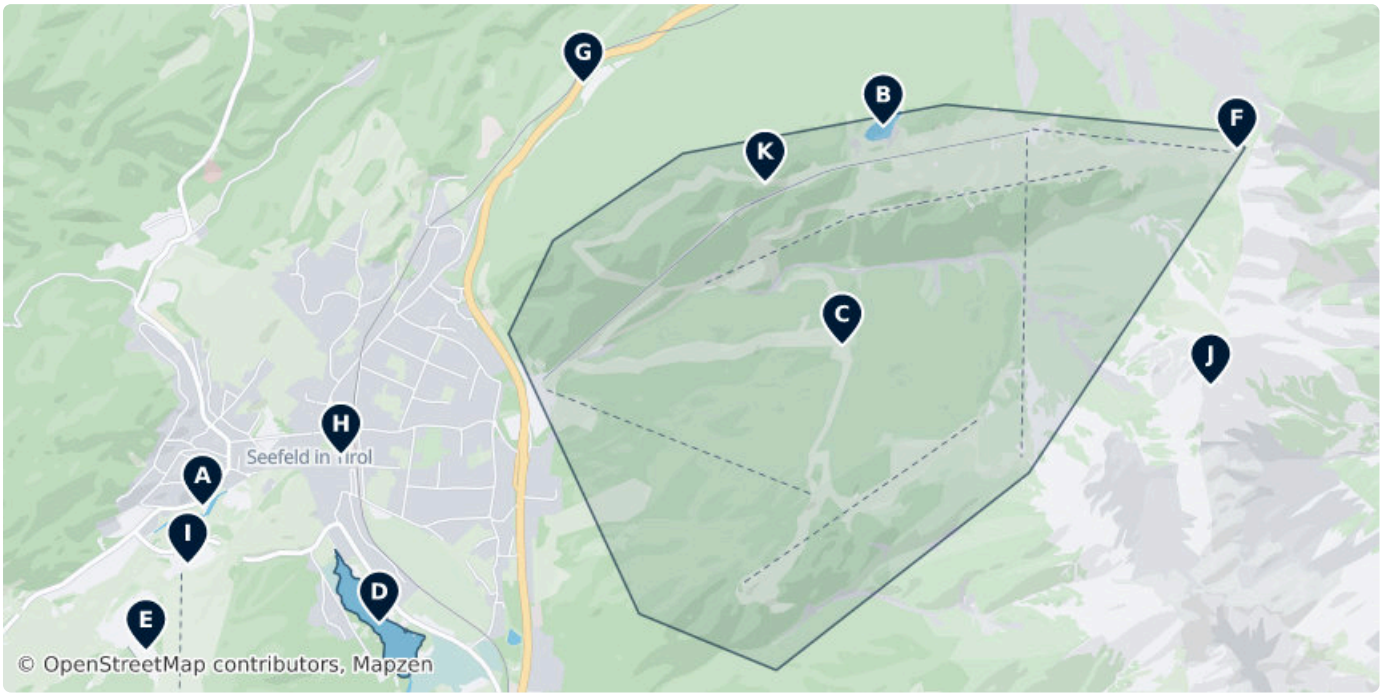
Type C / Type F
230 V · 50 Hz

LANGUAGES
German

TAP WATER
Safe to drink

Seefeld in Tirol Essentials

Seefeld in Tirol is defined by its Olympic legacy and high-altitude landscapes. The town features the 17th-century Baroque Seekirchl and the Toni-Seelos-Olympiaschanze, a ski jump used in the 1964 and 1976 Winter Games. Natural landmarks include the Wildsee lake and the Kaltwassersee reservoir on the Rosshütte mountain. Visitors can explore the 13th-century ruins of Schlossberg Castle or take the cable car to Seefelder Joch for views of the Karwendel range. The Erlspitze Group provides a dramatic limestone backdrop to this Tyrolean plateau.

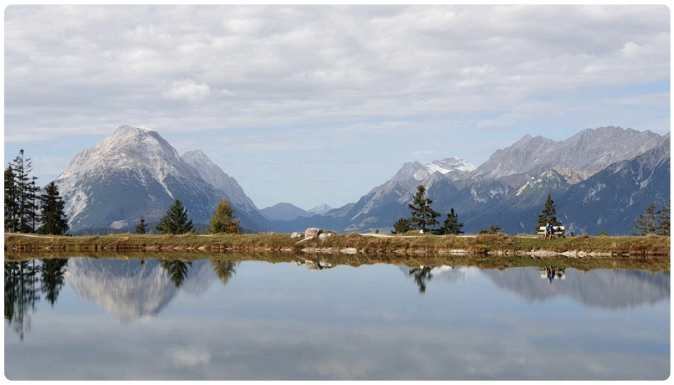




A Church of the Holy Cross

This Baroque church is claimed to have a miraculous crucifix. Come here and enjoy its peaceful atmosphere.

640 Möserer Straße, Seefeld in Tirol 6100, Austria (47.32702, 11.18062)



B Kaltwassersee

Artificial reservoir at 1,577 meters on the Rosshütte mountain, known for reflecting the Karwendel peaks.

(Unnamed Road), 6100, Austria (47.34176, 11.21953)

C Seefeld - Rosshütte

Mountain sports hub accessible by funicular and cable cars, offering ski slopes and summer hiking trails.

Maxhüttenweg, 6100, Austria (47.33326, 11.21718)

seefeld.com/ski/

D Wildsee

The Wildsee, occasionally also called the Seefelder See, is a lake near the Austrian resort of Seefeld in Tirol at the foot of the...

(Unnamed Road), 6100, Austria (47.32251, 11.19071)



E Toni-Seelos-Olympiaschanze

Toni-Seelos-Olympiaschanze is a ski jumping hill in Seefeld outside of Innsbruck, Austria.

6100, Austria (47.32142, 11.17738)

F Seefelder Joch

Summit reaching 2,060 meters, accessible via the Rosshütte cable car, providing views of the Karwendel and Wetterstein ranges.

(47.34085, 11.23975)



G Schlossberg Castle

Schlossberg Castle is a ruined toll castle in the municipality of Seefeld in Tirol in the district of Innsbruck Land in the Austrian state...

837 Am Schloßberg, 6100, Austria (47.34340, 11.20238)

H Casino Seefeld

Gambling venue designed in a traditional Tyrolean style, offering classic table games and slot machines.

(47.32901, 11.18852)

Mo–Su 14:00–03:00

casinos.at/de/seefeld, +43 5212 23 40

I Gschwandtkopf Lifts

Favorite ski resort which is ideal for beginners as it features many blue pistes and is less crowded than other resorts.

Gschwandtkopf 702, 6100 Seefeld In Tirol, Austria (47.32477, 11.17976)

skigebiet-seefeld.at/winter/, +43 521 22 490

J Erlspitze Group

The Erlspitze Group, also called the Seefeld Group, is the southwesternmost side range of the Austrian part of the Karwendel mountains in...

6170, Austria (47.33171, 11.23825)



K Hocheggalm

Alpine hut and restaurant on the Rosshütte slopes serving regional Tyrolean cuisine.

(Unnamed Road), 6100, Austria (47.33956, 11.21278)

seefeld.com/a-hocheggalm, +435212241647

DATA SOURCES

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