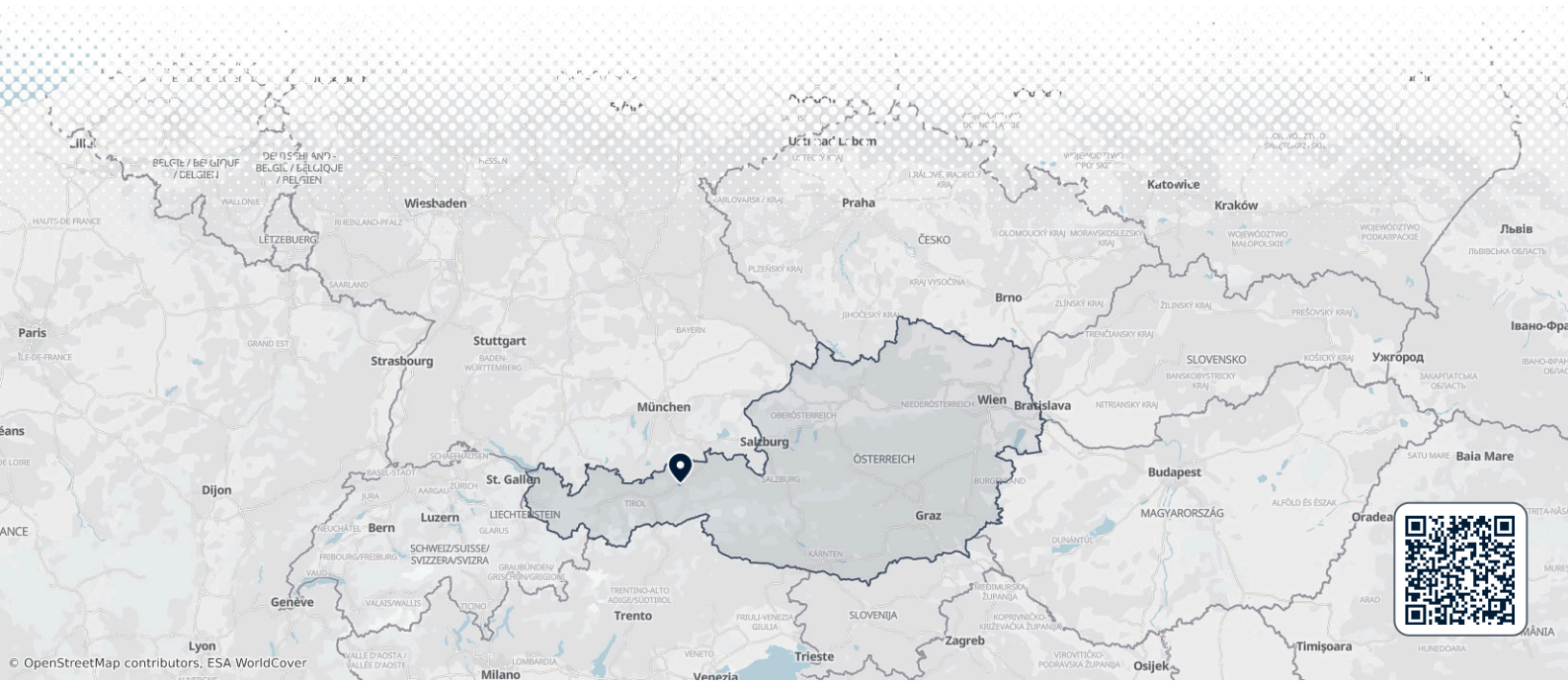


Strass im Zillertal

Tyrol · Austria

TRAVEL GUIDE

Tripomatic



Overview

Strass im Zillertal is a village at the mouth of the Zillertal, where the valley meets the Inn. It is a quiet place with castle ruins and a hilltop church above it.

Most travellers pass through on the way to Mayrhofen. Those who stop find easy walks, cycling and a calm base close to Innsbruck.

When to visit

May to October is best for walking and cycling. The ruins and church are open air and pleasant in spring and autumn. Winter brings snow to the hills above, and the Zillertal ski areas are further south.

MONTH	CONDITIONS	DAY °C avg / max	NIGHT °C avg / min	
January	Poor Poor for hiking	4° / 10° Feels like 1°	-4° / -13°	13 rainy days · Dry air · Calm winds
February	Poor Poor for hiking	6° / 14° Feels like 3°	-3° / -13°	12 rainy days · Dry air · Calm winds
March	Fair Fair for cycling	10° / 18°	1° / -8°	15 rainy days · Dry air · Calm winds
April	Good Good for cycling	15° / 23°	4° / -2°	14 rainy days · Dry air · Calm winds
May	Good Good for sightseeing	20° / 27°	9° / 4°	20 rainy days · Dry air · Calm winds
June	Good Good for sightseeing	24° / 31°	13° / 8°	21 rainy days · Calm winds
July	Good Good for sightseeing	25° / 32°	15° / 10°	22 rainy days · Calm winds
August	Good Good for sightseeing	25° / 32°	15° / 10°	19 rainy days · Calm winds
September	Good Good for sightseeing	21° / 28°	11° / 5°	15 rainy days · Dry air · Calm winds
October	Good Good for cycling	17° / 24°	7° / 1°	13 rainy days · Dry air · Calm winds
November	Fair Fair for cycling	10° / 18°	2° / -6°	13 rainy days · Dry air · Calm winds
December	Poor Poor for hiking	5° / 11° Feels like 2°	-2° / -12°	13 rainy days · Dry air · Calm winds

Climate data: NASA POWER (MERRA-2) · 1996–2025

Top sights

- A Ruine Rottenburg are the remains of a medieval castle on a hill above the valley.
- B Wallfahrtskirche Maria Brettfall is a pilgrimage church on a hill with a view of the Inn valley.
- C Larchkopf is a hill for a short hike.
- The village church in the centre is a baroque building.



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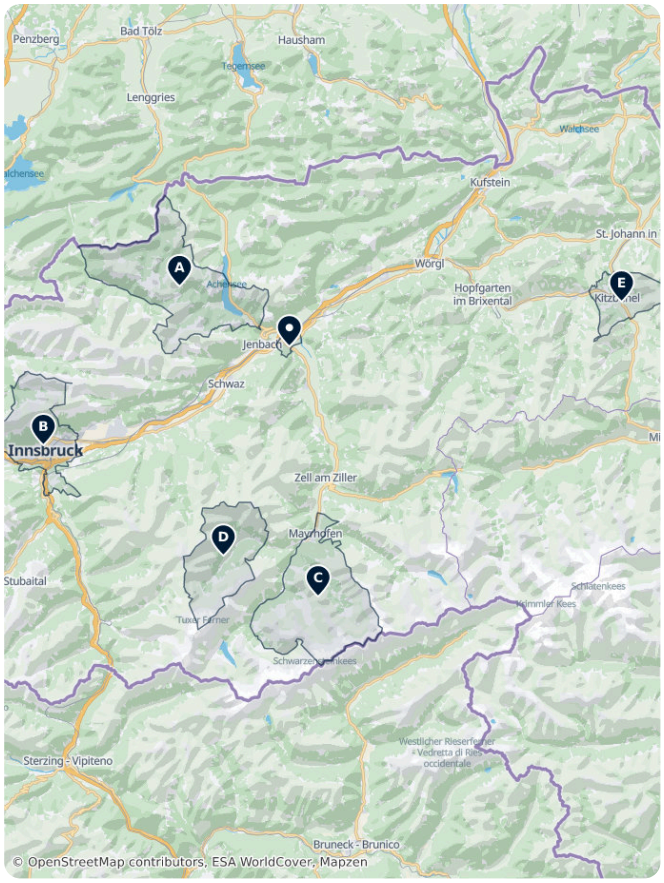
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What to experience

- Walk up to the church.
- Visit the castle ruins.
- Cycle the Inn path.
- Take the Zillertalbahn.
- Hike a local hill.

Day trips

- A Eben am Achensee is about 20 minutes away by car.
- B Innsbruck is about 35 minutes away by car.
- C Mayrhofen is about 30 minutes away by car or by the Zillertal train.
- D Tux is about 40 minutes away by car.
- E Kitzbühel is about 50 minutes away by car.



Where to explore

- Mayrhofen and Eben am Achensee are the nearest preferred destinations.
- Innsbruck is the nearest city.

Getting there

- By air: Innsbruck Airport is about 35 minutes away by car. Munich is about 1 hour 45 minutes.
- By train: Take the main line to Jenbach, then the narrow-gauge Zillertalbahn. Check main line times on ÖBB.
- By car: Leave the A12 Inn valley motorway at Wiesing or Zillertal.

Getting around

The village is small and walkable. The Zillertalbahn and local buses connect nearby places. A car helps for the hills.

Getting around on foot & by bike

WALKABILITY

Moderate

The village is small, and the main sights sit on hills above it.

CYCLING INFRASTRUCTURE

High

The Inn cycle path and Zillertal valley route are flat and well marked.

Driving

A car helps for the hills. The A12 and the Zillertal road are busy on summer and winter weekends. Winter tyres or chains are required in snow. Motorways in Austria need a vignette.

Food & drink

Tyrolean food includes *Tiroler Gröstl*, fried potatoes with meat and egg, *Kaspressknödel*, cheese dumplings in broth, and *Kaiserschmarrn*, a sweet shredded pancake. Mountain huts serve simple, hearty meals.

What to eat & drink

DINNER

Wiener Schnitzel
A thin, breaded and pan-fried veal cutlet, traditionally served with potato salad or parsley potatoes and a wedge of lemon.

Tafelspitz
Boiled beef in broth, served with roast potatoes and a sauce of apples and horseradish — a favourite of Emperor Franz Joseph.

Viennese Goulash · Wiener Saftgulasch
A rich beef stew slow-cooked with onions and paprika, typically served with a bread dumpling or bread roll.

SNACKS & STREET FOOD

Käsekrainer
A grilled pork sausage studded with melty cheese, a classic order at Vienna's ubiquitous Würstelstand (sausage stands).

Sausage Stand Snack · Würstel vom Würstelstand
Grilled or boiled sausages (Bratwurst, Frankfurter, Bosna) served with mustard, bread and a pickle from street kiosks.

SWEETS & DESSERTS

Apfelstrudel
Thin pastry rolled around spiced apples, raisins and breadcrumbs, usually served warm with vanilla sauce or cream.

Sachertorte
A dense chocolate cake with a thin layer of apricot jam under a dark chocolate glaze, famously served with unsweetened whipped cream.

Kaiserschmarrn
A fluffy shredded pancake caramelised with sugar and dusted with icing sugar, served with plum or apple compote.

Marillenknödel
Apricot dumplings wrapped in potato or quark dough, rolled in buttery breadcrumbs — a Wachau and Viennese summer specialty.

DRINKS

Viennese Melange · Wiener Melange
The signature Viennese coffee: espresso topped with steamed milk and milk foam, the centrepiece of coffeehouse culture.

Grüner Veltliner
Austria's flagship crisp, peppery white wine, widely poured in Vienna's Heuriger (wine taverns).

Sturm
A cloudy, lightly alcoholic partially-fermented grape must, available only for a few weeks in autumn.

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Safety & health

Strass is very safe. Tap water is clean and safe to drink. The emergency number is 112. The mountain rescue number is 140.

History

Strass lies where the Zillertal meets the Inn, an old crossing and trading place. The nearby castle and the pilgrimage church mark the long history of the valley mouth. Today the village is a small local centre on the way to the Zillertal.

Country facts

Quick practical facts for Austria at a glance:

CURRENCY
EUR €

EMERGENCY
112

ELECTRICITY

Type C / Type F
230 V · 50 Hz

LANGUAGES
German

TAP WATER
Safe to drink

Top sights





A Ruine Rottenburg

(Unnamed Road), 6220, Austria
(47.38398, 11.79786)



B Wallfahrtskirche Maria Brettfall

(Unnamed Road), 6261, Austria
(47.39344, 11.81771)

C Larchkopf

(Unnamed Road), 6261, Austria (47.37831, 11.81677)

DATA SOURCES

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IMAGE CREDITS

- Ruine Rottenburg — "Notburga Kapelle" by Ottogert, cc-by-sa-3.0-at
- Wallfahrtskirche Maria Brettfall — "Maria Brettfall" by Haneburger, pd

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